

Zen Zen Garden Home Inc

You are invited to visit an imaginary world and share the experiences and struggles of the unwilling victims being placed there. First book by this author, the story has been in my head for many years, I am glad to finally be able to share it, watch out for sequels as my empty head soon started to fill up again.

Full of colorful, striking photographs and insightful commentary this Zen gardening book is an essential guide to the most serene of Japanese traditional arts. The Japanese Zen garden is a triumph of simplicity, a space in which balance is emphasized to create a place of stillness and sanctuary. Zen in Your Garden offers readers a comprehensive and practical guide to creating a sacred space for meditation and contemplation. Learn how your garden can stimulate your senses to either energize or soothe you and discover what type of garden you need, as well as how to convert your existing garden to one designed on Zen principles. Boxed features, illustrated with detailed drawings, show you how to build specific features such as gravel and rock landscapes. Zen in Your Garden includes beautiful photographs of outstanding gardens from around the world to help you consider the various styles you might wish to work on—rock and gravel; water gardens; shade, moss, and woodland; courtyards; and nature and wildlife gardens. Planting is explored in detail so that you may choose a landscape that has something for all seasons and creates a pleasing form and balance. This book beautifully illustrates and clearly details the many

elements of gardening from a Zen perspective and offers you both the creative inspiration and the practical guidance to develop your own. Zen gardening topics include: A modern interpretation Water gardens Nature and wildlife gardens Planting guidelines Zen in a small place

I Never Promised You a Rose Garden is the inspiring life story and words of hope from a Palestinian Christian pastor. Pastor Samih Ismir shares his riveting life story from being raised in a war-torn area in the Middle East to leaving his homeland at the age of 18 to further his education. He ultimately became a Lutheran Pastor. This book contains a compilation of Pastor Sam's most compelling sermons along with his most impactful sermon, "I Never Promised You a Rose Garden'.

Paper Moon is round, old and ... sleepy. Against a prismatic palette of intriguing textures, *Paper Moon* slips away to dream his own dreams. Children and adults alike will enjoy the soothing visuals and musical verse of this charming bedtime story.

The essential elements of a dry Japanese garden are few: rocks, gravel, moss. Simultaneously a sensual matrix, a symbolic form, and a memory theater, these gardens exhibit beautiful miniaturization and precise craftsmanship. But their apparent minimalism belies a true complexity. In *Zen Landscapes*, Allen S. Weiss takes readers on an exciting journey through these exquisite sites, explaining how Japanese gardens must be approached according to the play of scale, surroundings, and seasons, as well as in relation to other arts—revealing them as living landscapes rather than

abstract designs. Weiss shows that these gardens are inspired by the Zen aesthetics of the tea ceremony, manifested in poetry, painting, calligraphy, architecture, cuisine, and ceramics. Japanese art favors suggestion and allusion, valuing the threshold between the distinct and the inchoate, between figuration and abstraction, and he argues that ceramics play a crucial role here, relating as much to the site-specificity of landscape as to the ritualized codes of the tea ceremony and the everyday gestures of the culinary table. With more than one hundred stunning color photographs, *Zen Landscapes* is the first in-depth study in the West to examine the correspondences between gardens and ceramics. A fascinating look at landscape art and its relation to the customs and craftsmanship of the Japanese arts, it will appeal to readers interested in landscape design and Japan's art and culture.

The illustrated *Zen Rock Gardening Book*, an introduction to the art, and a creative guide to cultivation; and the *Zen Garden*, including a 10 1/4" x 6" wood tray, white sand, a wooden rake, and five rocks.

The daughter of a Chinese mother and a Japanese father, Gail Tsukiyama's *The Samurai's Garden* uses the Japanese invasion of China during the late 1930s as a somber backdrop for this extraordinary story. A 20-year-old Chinese painter named Stephen is sent to his family's summer home in a Japanese coastal village to recover from a bout with tuberculosis. Here he is cared for by Matsu, a reticent housekeeper and a master gardener. Over the course of a remarkable year, Stephen learns Matsu's secret and gains not only

physical strength, but also profound spiritual insight. Matsu is a samurai of the soul, a man devoted to doing good and finding beauty in a cruel and arbitrary world, and Stephen is a noble student, learning to appreciate Matsu's generous and nurturing way of life and to love Matsu's soulmate, gentle Sachi, a woman afflicted with leprosy.

Did you just get reamed out by your boss? Did Bob in accounting eat your sandwich out of the fridge again? Don't take your stress out on your coworkers--take it out on this mini punching bag! Desktop Boxing is the perfect desk accessory for inconspicuous yet effective stress relief, and everyone from 9-to-5ers to boxing fans will enjoy this fun distraction. The kit includes a mini desktop punching bag with suction cup base, two tiny boxing gloves for your pointer fingers, and a 32-page book with basic finger boxing moves and boxing trivia.

"The New Zen Garden" enlivens a tradition dating back 1500 years and introduces the contemplative Japanese space in all its varied forms. Author Joseph Cali guides you through the basics of theory, design, and construction, blending age-old techniques with modern innovation. Beginning with a brief history of the spiritual and cultural aspects of the Japanese garden, Cali reveals the underpinnings of the gardener's art. In simple and straightforward terms, Cali presents a broad range of modern stone and sand gardens, provides a detailed outline of the history of Japanese gardens, and shows how principles of Japanese garden design could be applied to Western-style housing. With a focus on small and medium home gardens, the author introduces a

visually explicit process in which anyone can conceive their own home garden, whether for a single-family residence or the balcony of an apartment. "The New Zen Garden" is a provocative eye-opener for both the serious Japanese garden enthusiast and the weekend gardener. Dozens of carefully conceived line drawings by the author—as well as additional instruction by top professionals—further illuminate the finer points of garden making and steer the reader step-by-step through some specific building techniques, including the making of textured clay walls, traditional stone walkways, and stone settings. This book is an excellent start to an appreciation of the theory and craft of Japanese garden design and will supply you with an abundance of ideas to transform your backyard, patio, terrace, courtyard, or other expanse into a space steeped in a quiet joy that you will cherish for years to come. Joseph Cali, a native New Yorker with a background in painting and fine art, has spent half his life in Japan pursuing art, design and writing on the topic of Japanese culture. Cali has lived and worked in Japan as an interior designer, graphic designer, copywriter, and illustrator, and his work has been featured in numerous publications. Inspired by a friend's balcony garden in Japan, the author, an avid if amateur gardener, returns to America and begins to build his own Japanese-style garden despite his inexperience and conflicts with Zen principles.

"Reflections on finding peace, beauty, and fulfillment in everyday life, illustrated by the author's experiences with tending her new home's venerable but neglected

Japanese garden. Author is a Zen Buddhist priest and meditation teacher"--

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This is a story of Robert Bagley's biography - his: family, faith, entrepreneurship, corporate sales experience, and then diving into being a full time reseller on Amazon and back to corporate America (due to "Lessons Learned") - putting his Amazon business back to part time. This is not a "how-to" book for how to sell on Amazon and Ebay, just sharing my story and a few best practices I learned along the way. Please don't purchase this book if you want a step-by-step tutorial on how to be a re-seller on Amazon and Ebay. As a young professional, Robert Bagley climbed and overcame many corporate mountains eventually earning a high six-figure income with several Fortune 500 companies. Still, something was missing from his vocational career and he knew that he needed to add a small business to his lifestyle. This would bring a change that not only involved a lot of personal risks, but a good amount of faith as well. And, not just faith in himself. And so he embarked on what

would prove to be the most incredible game-changing season of his life. You'll be inspired, motivated, challenged, and moved-to-action by Robert's life-story and how selling on Amazon and eBay pulled his career toward a whole new path of becoming an eCommerce entrepreneur.

"A farmer and entrepreneur, Chase is a man of many abilities. Now he is being asked to use those abilities, and his own particular skills with a sword and bow, to assist an alien planet. This means trading a valuable resource that the planet harbours to convince the Inter-galactic Federation to repair its failing sun" -- Back cover. Cincinnati Magazine taps into the DNA of the city, exploring shopping, dining, living, and culture and giving readers a ringside seat on the issues shaping the region. In an alternative 17th Century Northern Germany, Trudi von Hippe buys more than she bargained for at the Hagen Carnival: a new pair of eyes. Thirty years later, Karl Yangler must arrange and conduct a decadent birthday party for Trudi, whom he has met before. But they are both in danger from the designs of her brother and questionable help from those who may be friends or enemies or both.

Fear is a natural human emotion that has two faces. A good one because it prepares the body to escape or face danger. And a bad one when this emotion is maintained continuously. This is an informal book about human fears, phobias, and addictions.

Gain some new ideas along with the principles and history of Japanese stone gardening with this useful and beautiful garden design book. Japanese Stone Gardens

provides a comprehensive introduction to the powerful mystique and dynamism of the Japanese stone garden—from their earliest use as props in animistic rituals, to their appropriation by Zen monks and priests to create settings conducive to contemplation and finally to their contemporary uses and meaning. With insightful text and abundant imagery, this book reveals the hidden order of stone gardens and in the process heightens the enthusiast's appreciation of them. The Japanese stone garden is an art form recognized around the globe. These meditative gardens provide tranquil settings, where visitors can shed the burdens and stresses of modern existence, satisfy an age-old yearning for solitude and repose, and experience the restorative power of art and nature. For this reason, the value of the Japanese stone garden today is arguably even greater than when many of them were created. Fifteen gardens are featured in this book: some well known, such as the famous temple gardens of Kyoto, others less so, among them gardens spread through the south of Honshu Island and the southern islands of Shikoku and Kyushu and in faraway Okinawa.

Shunmyo Masuno, Japan's leading garden designer, is at once Japan's most highly acclaimed landscape architect and an 18th-generation Zen Buddhist priest, presiding over daily ceremonies at the Kenkoji Temple in Yokohama. He is celebrated for his unique ability to blend strikingly contemporary elements with the traditional design vernacular. He has worked in ultramodern urban hotels and in some of Japan's most famous classic gardens. In each project, his work as a

designer of landscape architecture is inseparable from his Buddhist practice. Each becomes a Zen garden, "a special spiritual place where the mind dwells." This beautiful book, illustrated with more than 400 drawings and color photographs, is the first complete retrospective of Masuno's work to be published in English. It presents 37 major gardens around the world in a wide variety of types and settings: traditional and contemporary, urban and rural, public spaces and private residences, and including temple, office, hotel and campus venues.

Masuno achieved fame for his work in Japan, but he is becoming increasingly known internationally, and in 2011 completed his first commission in the United States which is shown here. Zen Gardens, divided into three chapters, covers: "Traditional Zen Gardens," "Contemporary Zen Gardens" and "Zen Gardens outside Japan." Illustrated with photographs and architectural plans or sketches, each Zen garden design is described and analyzed by author Mira Locher, herself an architect and a scholar well versed in Japanese culture.

Celebrating the accomplishments of a major, world-class designer, Zen Gardens also serves as something of a master class in Japanese garden design and appreciation: how to perceive a Japanese garden, how to understand one, even how to make one yourself. Like one of Masuno's gardens, the book can be a place for contemplation and mindful repose.

Reflects the increasing interest in Eastern philosophies on the creation of natural balance in the garden;

Provides detailed practical examples showing how to imbue your garden with the elements of harmony and

peace; Gardens inspired by Zen are the ideal antidote to today's busy lifestyle - an oasis of calm and tranquillity - and require very little maintenance; Zen gardens are for contemplation, reflecting the beauty of nature and the aesthetic sense of the gardener. Originally created in Japanese monasteries around the twelfth century, their beauty comes from their simplicity and the precise arrangement of rocks, gravel, water and plants. Using as few or as many plants as required, Zen gardens also provide an eco-friendly alternative to the old-fashioned lawn, often requiring little or no water. For those with a limited area, Zen gardens create the illusion of space and freedom. Zen Gardening simplifies the principles of this art and reveals the meaning of the different elements, putting every aspect of creating a Zen garden at the hands of today's gardeners. Zen gardening need not mean ripping up your garden and starting from scratch. Nor need it involve replacing your lawn with Zen meets cats -- and kitty litter -- in this calming Zen garden kit that includes everything you need to reach ultimate enlightenment. For any cat lover looking for peace and mindfulness, this kit includes: 3-inch "Litter box" tray Two 3/4-inch cats Bag of sand 5 decorative rocks 2-1/2-inch wooden rake 32-page book on the Zen of litter box gardening

The classic essay on the "karesansui" garden by French art historian Berthier has now been translated by Graham Parkes, giving English-speaking readers a concise, thorough, and beautifully illustrated history of Zen rock gardens. 37 halftones.

This Japan travel guide presents a journey into the true

heart of the Kyoto experience—one which brings you deep into the world of Kyoto's ancient Zen Buddhist culture. This is the first comprehensive guide to Kyoto's most important Zen garden and temple sites. Kyoto's Zen heritage represents one of mankind's greatest achievements—recognized by the large number which have been declared UNESCO World Heritage Sites. Millions of visitors travel to Kyoto yearly in search of their secrets, and here for the first time is a comprehensive overview of every major site. Over 50 Japanese temples and gardens—including all World Heritage Sites—are captured in sensitive photos by acclaimed Kyoto-based photographer John Einarsen. A detailed introduction to each temple by local expert John Dougill includes information about special opportunities for visitors to the temples—such as early morning meditation sessions, temple food offerings and special green tea sets provided to enhance the contemplative experience—along with other "insider" information that no other guide provides. The foreword by Takafumi Kawakami, the deputy head priest of the respected Shunkoin Temple in Kyoto, serves to place the book in the context of eastern and western Buddhist thought and practice. His widely viewed TED Talk "How mindfulness can help you to live in the present" has been viewed by over 100,000 people.

It's 1937, the eve of World War II. At twenty-six years old, Rezső Lehrer leaves Munkacs, a small charming city located deep within a remote corner of the Carpathian mountains and travels alone to the United States. War breaks out and Eastern European borders are sealed.

Rezsi's family is trapped in Czechoslovakia and the packages she sends home are returned unopened. When the war ends, Rezsi discovers her parents, two brothers and scores of relatives perished in the Holocaust. *Gypsy Music Street* is the story of one woman's endless sorrow and guilt she suffers at the loss of her family, the family she left behind "to die alone." Yet she still yearns to return to her town, "the little Paris of the East," to see it just one more time. But after the war, countries borders are redrawn and Mukacevo is no longer located in Czechoslovakia. It becomes completely closed off within the iron grip of the Soviet Union and the political climate is one of Cold War. Mukacevo is off limits for travel. As the years pass, Rezsi reminisces, sharing her longing and grief about the past with her daughter Bobbie. And when she dies an old woman, her dream unfulfilled, Bobbie is driven by her own loss and grief to make this journey home for her mother, and for herself. Adventures in Budapest, Ukraine and Israel make *Gypsy Music Street* an enthralling memoir of love and loss. Yet, it is also a story of the overwhelming joy a daughter experiences when she travels back in time and discovers her own torn roots.

Obtaining satisfactory results in the art of bonsai is much less arduous than one might think: It is enough to learn some basic rules that explain how to behave in different situations, arm yourself with patience and passion and start. In this manual: ? The steps necessary to obtain a bonsai of good value. ? You will find advice on how to search for the suitable plant, indications on the various styles of bonsai, up to the description of the real care

that our miniature tree needs, such as pruning, binding, repotting, etc. ? A large section is dedicated to the description of the characteristics of the most common plants, so as to offer a quick and safe reference in each phase of the work. ? All are clearly and completely described ? Ready to get started? Click "Buy Now" ?

Zen GardensThe Complete Works of Shunmyo Masuno, Japan's Leading Garden DesignerTuttle Publishing

Otto Klein is a young man living in Singen, Germany at the start of World War II. His life-long ambition is to be a train engineer. After passing his examinations for the Railroad Institute, Otto is accepted into the school. His father, the chief of the Singen fire department, believes that Otto will follow in his footsteps and become a fireman. Otto chooses instead to follow his dream of becoming an engineer and in the process, ignites the anger of his father. Just before leaving Singen he meets Drina, a gypsy whose prophecy of marriage and children shakes him to his very core. After leaving Singen, Otto embarks on a career of improbable travels and dangerous missions that carry him closer and closer to the fulfillment of Drina's prophecy. Engine 81 is a story of family bonds ripped apart by pride and anger and the redemption of those bonds in the face of near certain death.

Can you imagine the sound of hooves telling you to stop working, come out and play? Coloring is a form of imaginative play. You use your imagination to conjure worlds and then you use your skills and creativity to transfer those worlds into sheets of paper. It's fun brain game that you can do without leaving your home or

office. Do some coloring today!

This mini Himalayan mood lamp is made from real salt and rotates through a rainbow of colors! While standard Himalayan salt lamps glow orange (or pink), this 2-1/4-inch mood lamp rotates through a full spectrum of colors, each associated with a different mood or emotion to create feelings of tranquility and peace in any working or living space. Also included is a 2-inch white base with lightbulb and a 32-page book with everything you need to know about your mood lamp and the meanings behind each color.

Zen Buddhist priest Shunmyo Masuno understands that today's busy world leaves little time or space for self-reflection, but that a garden—even in the most urban of spaces—can provide some respite. In his words, "The garden is a special spiritual place where the mind dwells." With this in mind, Masuno has designed scores of spectacular Japanese gardens and landscapes with the aim of helping people achieve a balanced life in the 21st century. This book explores Masuno's design process and ideas, which are integral to his daily Zen training and teachings. It features 16 unique gardens and contemplative landscapes completed in six countries over as many years—all thoughtfully described and documented in full-color photos and drawings. Readers will also find insights on Masuno's philosophy of garden design and a conversation between the designer and famed architect Terunobu Fujimori. *Zen Garden Design* provides an in-depth examination of Masuno's gardens and landscapes—not just as beautiful spaces, but as places for meditation and contemplation.

The Tall House is a children's picture book about a house that reached the sky.

“Public Gardens Management: A Global Perspective” provides essential information about public gardens and what is involved in designing, managing, and maintaining one. Although suitable as a textbook, its audience will include anyone with direct or peripheral responsibility for administration or supervision of a complex organization that requires scientific knowledge as well as public relations and business acumen. It may also prove useful for homeowners, for there is no fundamental difference between growing plants in a public garden or a home garden, a fact reflected in the extensive reference citations. The topic is multidisciplinary and as old as the beginning of human civilization when the concept of mental and physical restoration was realized by early man while he/she was in a natural but well-ordered garden environment. Thus began the art of garden making. Many volumes have been written on every applicable subject discussed in this and similar publications. Indeed the voluminous literature on history, design, horticulture, and numerous related subjects is nothing short of overwhelming. Accordingly, anyone involved in management of public gardens, whether as a director or area supervisor, and irrespective of the type and size of such facility, would have to have familiarity with various aspects of garden organization and administration. However, despite the enormous number and diversity of such publications there are very few books that deal with the multiplicity of the topics in such a manner as to be practical in approach and cover most

relevant and unified issues in a single book. These volumes provide the essential background information on plants, animals, management, maintenance, fundraising and finances, as well as history, art, design, education, and conservation. They also cover a host of interrelated subjects and responsible organization of such activities as creating a children's garden, horticultural therapy, conservatories, zoological gardens, and parks, hence, administration of multidimensional public gardens. Nearly 500 full color plates representing illustrations from gardens in more than 30 countries are provided to assist and guide students and other interested individuals with history and the fundamental issues of public garden management. The 15 chapters begin with the need for public gardens, types of public gardens, historical backgrounds, as well as design diversity. Numerous quotations are included from many garden lovers, landscape architects, philosophers, and others. The author's primary aim in writing this book was based on the confidence that a relevant reference, between the encyclopedic nature of some and the specific subject matter of others, could be used to provide fundamental information for management of public as well as private gardens. The boundary between botanical and zoological gardens and parks is no longer as distinct as it once was. In part it is because a garden is not a garden without plants and in part it has become apparent that for all practical intents and purposes all animals need plants for their survival. Visitors of zoological gardens expect to see more than just animals; zoos are landscaped grounds. Moreover, most communities find it financially

difficult to simultaneously operate a botanical garden or an arboretum as well as a zoological garden and city parks. A number of public gardens are currently referred to as “botanical and zoological garden.” Population density and the public’s desires and expectations, as well as financial requirements, are among the reasons for some major city parks, such as Golden Gate in San Francisco, Central Park in New York City, and Lincoln Park in Chicago which integrate botanical or zoological divisions as well as museums and recreational facilities. While this book attempts to provide basic principles involved in public garden management, it does not claim to be a substitute for broader familiarity

Brad Mee—the interior designer seen on HGTV and The Christopher Lowell Show, and subject of a profile in USA Today—takes his design smarts outdoors. Using dozens of beautiful color photographs as examples, Mee reveals how to fashion a personalized garden haven that’s vibrant, unique, and serves its purpose, whether that be entertaining or relaxation.

Herbs are some of the most versatile plants in the world. They grow in the worst type of soil, are drought tolerant and require very little maintenance. Use them to flavor all kinds of foods, make skin and hair care products of your own, enhance your vegetable garden, cure common ailments, clean your home and make it smell wonderful. It sounds almost too good to be true, but this book will give you the inside story on how to use these wonderful plants and save money along with keeping harmful chemicals away from your home, children, pets and yourself. About the Expert Deborah C. Harding watched

and helped her Mom and Dad in an extensive garden and learned all about using herbs from her Grandmother. She and her late husband grew over 250 varieties of herbs, vegetables and flowers in their tiny city lot and proved that gardening with herbs can be addicting, but it is a good addiction. She supplied the neighborhood with herbs for cooking, curing, scenting, cleaning and more. She currently resides in NE Ohio and has become a teacher to her two grown daughters, a grandson and anyone else who wants to learn about herbs. HowExpert publishes quick 'how to' guides on all topics from A to Z by everyday experts.

A full-color introduction to the serene world of Kyoto's Zen gardens. Each garden's location, visiting hours and admission policies are noted.

This carry-along version of our enormously popular Zen Gardening Kit provides a touch of tranquility on the go. Packaged with a 32page introduction to the aesthetic enlightenment of Zen gardening, it includes a tray, fine sand, decorative rocks, and miniature wooden rake. Providing key information on how to work with research data, Introduction to Data Technologies presents ideas and techniques for performing critical, behind-the-scenes tasks that take up so much time and effort yet typically receive little attention in formal education. With a focus on computational tools, the book shows readers how to improve their awareness of what tasks can be achieved and describes the correct approach to perform these tasks. Practical examples demonstrate the most important points The author first discusses how to write computer code using HTML as a concrete example. He

then covers a variety of data storage topics, including different file formats, XML, and the structure and design issues of relational databases. After illustrating how to extract data from a relational database using SQL, the book presents tools and techniques for searching, sorting, tabulating, and manipulating data. It also introduces some very basic programming concepts as well as the R language for statistical computing. Each of these topics has supporting chapters that offer reference material on HTML, CSS, XML, DTD, SQL, R, and regular expressions. One-stop shop of introductory computing information Written by a member of the R Development Core Team, this resource shows readers how to apply data technologies to tasks within a research setting. Collecting material otherwise scattered across many books and the web, it explores how to publish information via the web, how to access information stored in different formats, and how to write small programs to automate simple, repetitive tasks.

Lily Gayle and the gang set out to find a killer after local baker Luxen Natolovich is found dead hours before the grand opening weekend at the new Bed and Breakfast in town, Midnight Dragonfly. As Lily Gayle deciphers the clues around Luxen's death she uncovers a conspiracy of lies and half-truths that could very well be tied to a refugee camp in Mississippi during World War II. The deeper Lily Gayle digs the deeper the conspiracy runs and the closer she comes to being the killers next victim. A 2017 Official Selection in mystery by New Apple Awards. This cozy mystery, *Cherry Cake and a Cadaver*, from Susan Boles is a new addition to the great southern

cozy mystery tradition of Tonya Kappes, Miranda James and Larissa Reinhart.

The austere, enigmatic rock gardens of Kyoto, Japan's ancient capital, have never ceased to fascinate garden lovers. Weather--beaten rocks set in an expanse of white sand raked into geometric patterns challenge the idea of a garden as a space chiefly dedicated to the cultivation and appreciation of plants. How did the taste for this kind of garden arise? What do the stones represent? Why aren't there more flowers? This book sets out to answer questions such as these. It explores the Zen characteristics of these gardens, and discusses the impact Zen Buddhism has had on the Japanese way of looking at the natural world. This book also shows how key traditional concepts, such as that of using the confined space of a garden to create a landscape in miniature, were reinterpreted in Zen temple gardens. It explores how they make use of traditional imagery, such as those of mountain and sea, and how they reflect that acute sensitivity to the passage of time and the changing of the seasons which characterizes so many other Japanese garden styles. Yoko Kawaguchi's thoughtful and learned book illustrated with commissioned photography by Alex Ramsay, this book covers important examples of Japanese Zen temple gardens from the fourteenth century through to the twentieth century. It appeals to readers who are interested in gardens, garden design and garden history, as well as in Zen Buddhism and Zen aesthetics. It also serves as a useful reference book for travellers planning a trip to Japan to visit the country's temples.

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