

What Is Your Discover The One Amazing Thing You Were Born To Do Steve Olsher

A Daily Source of Prophetic Inspiration Open this book and find the prophetic answers you're seeking, or simply an added dose of inspiration for your day. The written version of a magic 8 ball. Have an urgent question? A pressing need? A probing thought? Focus intently on it, flip the pages of this book, and stop the page with your finger. Read the words before you—the results are surprising and satisfactory! Words from the greats. Author Cerridwen Greenleaf, a writing instructor and medieval scholar, has collected quotes from some of the most renowned thinkers, philosophers, poets, and writers of all time. Find excerpts from a number of poets, from William Shakespeare to Emily Dickinson, Rumi to J.R.R. Tolkien. Crystal ball gazing can be intriguing, but nothing is as clear as the written word! Invite peace into your day. Taking a moment to pause and reflect on inspiring words can have a significant impact on your day. This oracle in book form offers you a chance to meditate and forecast your future, and it opens the door for peace to flood in. As the author of a number of books on mysticism, Greenleaf employs the ancient arts of divination and clairromancy in this book to provide guidance, encourage spirituality, and inspire meditation. With this book, she provides readers with an opportunity to cast a simple spell: one of peace, revelation, and mindfulness. Open The Magic Oracle Book and it will reveal... • A prophetic tool and a source of inspiration for every day • Answers for questions that encourage further contemplation and self-discovery • A mindful companion, made up of words from great poets and writers, for your journey into a deeper spirituality If other mysticism and mindfulness books have intrigued you, such as The Only Astrology Book You'll Ever Need, The Golden Book of Fortune-Telling, and The Practical Witch's Spellbook, then Cerridwen Greenleaf's The Magic Oracle Book should be next on your list!

Inside every human life is a rich deposit of purpose, and each person must discover that purpose and endeavour to fulfil it. In the pursuit of ones purpose, the individual will find meaning and relevance in life, as the journey to fulfilment of that purpose gives one a sense of direction, focus, and achievement. This book shares knowledge, insights, and experiences to help the you begin the process of discovering your talents, gifting, and callings that contribute to your lifes purpose, and once youre aware of your true purpose, this book will enrich your journey with deeper insights and strategies. The book is for all individuals of all walks of life and all ages who are passionate about finding purpose and true fulfilment. Why does one child straighten up with only a stern glance from Mom, while another may require her parents to take away privileges or give her a time out? According to Dr. Greg Cynaumon, it's because each child has a personal Discipline Quotient--a disciplinary "temperament" that makes some methods work better than others. Including individual self-tests to help parents identify the D.Q. of each of their children, this book promises not only to stop rebellion before

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it starts, but to bring families closer together.

Intuition and spiritual growth are inherently linked, according to professional psychic and therapist Sherrie Dillard. This groundbreaking guide offers a personalized approach to spiritual development, introducing four different psychic types and revealing how to develop the unique talents of each. Designed for both beginning intuitives and advanced psychics, this book presents a simple, step-by-step plan: Take the insightful quiz to learn whether you are a physical, mental, emotional, or spiritual intuitive Discover more about each type's nature, personality, strengths, and potential challenges Develop your psychic abilities with the meditations and exercises designed for your specific intuitive style Throughout the book, Dillard shares remarkable stories from her professional practice to illustrate the incredible power of intuition and its connection to the spirit world, inner wisdom, and your higher self.

A personal guide for becoming an authentic leader Whether you are just starting your leadership journey or leading a large organization, The Discover Your True North Fieldbook will help you find your leadership purpose, that internal Compass that provides direction and keeps you oriented—your True North. Through a series of reflective exercises, this Fieldbook helps you become a better leader by learning to be a more authentic one. This Fieldbook both personalizes and unlocks the central lessons of its companion book, Discover Your True North by Bill George. It shares the most powerful insights that coauthors Nick Craig, Bill George, and Scott Snook have learned from helping more than 10,000 leaders discover and live up to their fullest potential. Each chapter contains potent exercises that help you mine your life story for deep insights and important patterns. As you work your way through these reflections, you will gain a clearer sense of who you are and why you lead—the essence of an authentic leader. We offer an identity-based approach to leader development. Rather than telling you how to lead, the Fieldbook guides you through an intimate process of personal discovery. By understanding your life story and sharpening your personal narrative, you will discover the unique leader you were meant to be. On the way, you will work through the same lessons taught to MBA students at Harvard Business School, as well as senior executives in many Fortune 100 companies. The Discover Your True North Fieldbook will help you: Become more self-aware and self-accepting Locate that sweet spot at the intersection of your passions and strengths Identify and lead from your core values when it matters most Build a robust support team to guide you through difficult times Discover your leadership purpose, the essence of who you are, your True North Stay grounded by integrating all aspects of your life Grow as a global leader Help others become authentic leaders To help you actually live your True North, this Fieldbook concludes by offering a rigorous, step-by-step process that generates a customized, behaviorally anchored Personal Leadership Development Plan. This plan not only summarizes and integrates everything you've learned completing this Fieldbook, but does so in a way that supports immediate action and impact.

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Welcome to your journey toward authentic leadership. Welcome to your True North. Visit www.DiscoverYourTrueNorth.org to learn more.

What is optimal health? As one of the nation's foremost physicians in nutritional intervention, Dr. Wayne Scott Andersen has devoted his career to creating optimal health through a comprehensive approach that addresses and breaks through logistical and psychological barriers. Widely and affectionately known for his work in the field of health coaching as "Dr. A," in Discover Your Optimal Health, he provides an integrative approach that begins with developing (and maintaining) healthy habits each day. This crucial approach makes health the centerpiece of your life instead of something you do when you discover you have an illness or imbalance. Dr. A reveals how a little attention and discipline now can avoid health crises down the road. No matter what your current health status, you can be as healthy as possible. The habits you develop now make the difference between surviving and thriving, life or death. The steps toward reaching and maintaining your optimal health include: Integrating the Habits of Health into Your Life Discovering the Habits of Healthy Weight Loss Using the Habits of Healthy Eating Understanding the Habits of Healthy Motion Practicing the Habits of Healthy Sleep Employing the Habits of a Healthy Mind

How many of us turn away from the mirror, or from a snapshot of us, thinking, "That's not me." The truth is, we're right. Due to the human brain's neurological processes the one face our human mind is incapable of seeing is our own. And yet, it's important that we do see ourselves as we truly are. Now as never before in history, our need to explore the pivotal issue of how we see ourselves and understand what we look like has become very important. This is the reason that we're witnessing the explosion of the phenomenal trend called the "selfie." Fascinated by the common response, "I'm not photogenic" to photos of themselves—even by clients internationally renowned for their beauty—photographer Pina Di Cola discovered a breakthrough in self-image: the theory of the Photo-Image. Pairing her thirty years of experience as a celebrity photographer with in-depth research in the fields of neurology, psychology, and sociology, she discovered how essential truly seeing ourselves is to living a full life.

Aims to reveal why we are at it: discovering our ancestors; discovering where they lived; discovering what they did and why they did it. This work offers 52 ideas that get you started on your road to self discovery, with techniques, tricks and secrets from the genealogists.

As you grow up from birth up to a teenager, is it important to discover your talents before you become an adult. A lot of talents are wasted for years undiscovered, only to discover them at a later hour. This is very sad. Most youth nowadays don't bother about their talents, they don't make an effort to discover their God-given talents. It is very sad to come to this world without fulfilling your calling from God. God has deposited in everyone, specific talents, your talent is not the same thing with mine. You are the only one that can discover your talents, your parents

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cannot discover it for you. The purpose of this book is to help you discover your talents as fast as possible. You will discover, all you need to do to discover your talents. This book is a no-nonsense kind of book that waste your valuable time with unnecessary details, it is straight to the point.

Dr. Margaret Rogers Van Coops has once again produced an amazing and informative book that takes the reader right into the heart of a mother and her baby. Amazing information will astound you, yet confirm to you why you want to be or are a mother already. Every child is joined to a mother before birth through the power of their individual Soul Structures and their earthly personalities. Now in your time The Hero, Star, Indigo, Crystal and Liquid Crystal Children are being born. Discover who your child truly is and what their character and destiny is likely to be as well as your own nature and reasons for the ways you share yourself as a mother. Dr Margaret Rogers Van Coops, Ph.D., DCH, (IM) shares with you how to bring up your baby avoiding negative influence from birth to adulthood, as well as to integrate your own lifestyle with that of your child.

Ask: The Counterintuitive Online Formula to Discover Exactly What Your Customers Want to Buy... Create a Mass of Raving Fans... and Take Any Business to the Next Level by Ryan Levesque | Key Takeaways, Analysis & Review Preview: Ask, by Ryan Levesque, details the Ask Formula, including the Survey Funnel Formula, that teaches businesses the best way to connect with current and potential customers by cleverly asking them what they want and creating products and marketing to suit those needs. These formulas are repeatable and may provide predictable outcomes, but it is also dynamic, flexible, and evolves with its implementation for each type of business and market...

PLEASE NOTE: This is key takeaways and analysis of the book and NOT the original book. Inside this Instaread of Ask: Overview of the book | Important People | Key Takeaways | Analysis of Key Takeaways

Have you ever felt you possessed a 'sixth sense' or intuition which you've found difficult to explain? Despite man's extraordinary advances throughout history, do you still feel something is missing: a deeper, more spiritual meaning to life?

Discover Your Psychic Self addresses these issues and much more by taking you into the realms of greater awareness; it shows you step by step how to uncover your own true potential, using both meditative and physical exercises. Most importantly, this book has been written in a simple, factual style, making this complex subject both easily accessible and fascinating.

The average person will dream over 150,000 dreams in a lifetime--each one a complex web of imagery and deeper meaning. The Complete Dream Book uses the interpretation of 28,000 actual dreams from contemporary dreamers, just like you, to help you access the substance and meaning of your own dreams.

Discover: --Who's who in your dreams --Which dreams recur during certain life stages --The true meaning behind your nightmares --Why you have certain dreams again and again --How to tell if a dream is worth interpreting--and if you've done it correctly --The phenomenon of precognitive dreams The Complete

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Dream Book is the only dream interpretation book based on concrete data about real people's dreams and how the real events in their lives relate to their nighttime visions.

DISCOVER YOUR COURSE FOR LIFE When we were kids, we all had exciting dreams of what our lives would be like when we were "grown up". Later in life, we wonder whether any of our dreams will ever come true. Are you living the profound and fulfilling life you always dreamed of? What if you could? What if you could enjoy every aspect of your life, because you have discovered your "calling", your mission and your purpose with absolute clarity? We don't just stumble into our dream lives; we must take an active part in pursuing a strategy to fulfill our purpose for life. Engaging in this interactive workbook you will: Get to know yourself at your core, and grow to love who you are Find motivation to take steps to meet your dreams Embrace a daily lifestyle that keeps you moving forward in your course for life It's time to make the discovery and get on course. Your life is worth it! Using time-tested steps and focused scriptural texts, this book will partner with you, leading you into the most profound discovery of your life. Why do so many people struggle through life, while others run straight to success? Why do some let setbacks stop them, while others power through? It's clear that people who succeed know what they want, have a detailed plan to get there, and set goals they believe in. "Discover Your Treasure" lays out the steps for you to craft your own map to success. This book combines personal stories, lessons learned on the job, and motivational quotes with clarity, with a down-to-earth approach to getting you the results that will impact you most. You'll discover key concepts to help you overcome fear, stay inspired, set up winning systems for your life, and more---with humor sprinkled throughout. No matter what your personal or professional goals, there will be setbacks. But by pressing forward, adjusting your process, and never giving up, you're sure to discover your treasure.

For four decades, The Gallup Organization has been gathering information and offering data-driven advice-conducting millions of interviews, compiling thousands of statistics, and building a wealth of facts about what really makes people successful (and happy) in their fields. Now Gallup uses its expertise to offer a unique, interactive StrengthsFinder.com Profile that will identify your top five talents-and help you start getting the most from them in your sales career. The product of a twenty-five-year, multimillion-dollar effort, the StrengthsFinder program interviews you and offers an in-depth, individualized analysis of your predominant strengths and personality traits. Using this book, you can then find out how to put your strengths to work in the real world, how others with similar talents have succeeded or failed, and why you may need to make essential changes in your career. Debunking the most-repeated myths about sales-from the myth that anyone can sell to the myth that a good salesperson can sell anything-Discover Your Sales Strengths shows you: * How to understand your top talents in sales-and focus on the ones that will help you most effectively plan

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your career * How to use your strengths to have an impact on other people-and gain a competitive advantage * How to find the right field, the right company, and the right boss for your talents * Why different approaches to the same sale can both succeed. (There is no one right way to sell!) A book that only The Gallup Organization could create, Discover Your Sales Strengths offers you a powerful new knowledge of who you are, what you're good at, and how you work best. And in today's world of sales, that is the most powerful tool of all.

How much do you really know about Owls? MAKE YOUR KID SMART SERIES is for you! Here's a book about Owls. Every page is packed with awesome facts and colorful pictures! It's a perfect gift for any curious kid who loves animals, birds and the world of nature. Let me guide you on a journey through the Owls world you'll never forget.

This book presents practical and proven methods to transform you and take your career to the next level. Following the instructions in this book will allow you to discover yourself and boost your career. Every chapter is based on real-life experiences. Read each chapter at least twice and answer all the questions sincerely. These special sets of questions have been designed for victims of bad career choices. This book has already helped a number of youth progress in their career. They have built their own identity. This book caters to the youth of my country—India, a country of various religions, festivals, languages, and the most hard-working youth of the world. The book has been specially written for career-conscious youth, who want to take their career to the next level but have no direction. This book is a gift for college students and professionals aged 20 to 30 years also appeal to entrepreneurs, managers, teachers, and business leaders. Chiefly, it is a graduation gift that would prove most useful for the youth of every village, every city, and every country. The book will help youth discover their potential and unleash it. Students without a purpose or those that have lost their purpose can rediscover themselves and carve a path for themselves. The majority of youth are living without a purpose. Most of them do not accomplish anything in life. This is the most practical and proven book. Each chapter is impactful and has transformed and given breakthroughs to helpless and hopeless youth.

It is an age-old belief that when we grow up, we will wake up one morning, and voila! we will know our life purpose. Yet, we are all grown up, working like a dog, tired to the bone, and still no life purpose in sight! The truth is our life purpose is actually our dharma - taking the right action as it presents itself. In this book, you will find the Secrets to knowing exactly what to do with your life. Designed especially for you, the modern dharma seeker, Discover Your Dharma provides a uniquely practical and innovative process to guide you through your journey of discovery. Begin it now!

Here is a storehouse of practical help for believers who dare to look honestly at themselves -- and to do what it takes to attain the deepest desire of every sincere Catholic: union with God Himself. Dom Hubert van Zeller wrote these pages to help modern souls who are striving for holiness to spot dangerous distractions and stay on the path to true knowledge of themselves . . . and of God.

A divine pathway recoups the neglected youths suffering from broken hearts, the victimized parents, and all those who are vulnerable to abuse despite their age. Ironically, without judging, everybody is biblically guiltless. Regrettably, conspiracy and disorderly pressure from community is tarnishing lives of the young generation. Some children are victims of decisions made by parents and it has affected their lives though with some it is by own choice and peer pressure from bully friends. The devil is also gravely flirting with teenagers corrupting their mindset through social media especially internet. Teenage pregnancy, drugs, magazines and bullying the innocent is the devils work because teenagers of today are the witnesses of coming of Christ. Knife and gun gangs are roaming the world streets at an unprecedented rate

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and fear of muggers is tormenting and crippling the society 24/7. Some single parents blame their status because of the behaviour of their children. Some couples are also failing to control their teenage children. As a result, the Victorian times of high opinion of elders is now regarded as a thing of the ancient. Parents are neglecting their children because of parenting ineffectiveness and at times out of fear. Presumably, lacking of common ground with teenage children is a grey area impediment. As a parent, I urge all parents by the love of Christ to amalgamate and save the young generation from the spineless world for today is their tomorrow. Truthfully, only the incorruptible Spirit of God can regenerate the bruised inner being of the deprived teenagers that is if their passion is Christ-like. The same Spirit moulds parents to be real models to youths. Every day is a learning curve. No one is perfect and learning does not end. Parents should not blame themselves or the children for bad behaviour though there is always a cause. They should leave no stone unturned and find the root cause first.

Are you ready to discover your WHAT—that is, the 1 amazing thing you were born to do? Would you like to powerfully impact both those who share this lifetime with you and those of lifetimes to come? In *What Is Your WHAT?* author Steve Olsher reveals his proven process that has helped thousands answer YES to these life-changing questions and cultivate a life of purpose, conviction, and contribution by identifying and creating a plan of action for bringing the 1 thing they were born to do to fruition. It is a timely, step-by-step guide that will guide you towards making both a fortune and a difference sharing your unique gift with the world. Features inspiring stories of trial, tribulation, and triumph, as well as examples of 17 public figures, such as Guy Kawasaki, Chris Brogan, and Jack Canfield who have made the critical shift from pursuing commodity-driven opportunities to honoring their singular blueprint Author Steve Olsher is a 25+ year entrepreneur, creator/founder of The Reinvention Workshop, and award-winning author of *Internet Prophets: The World's Leading Experts Reveal How to Profit Online* Steve's singular approach to realizing permanent, positive change blends proprietary methods with ancient wisdom and revolutionary lessons from modern thought leaders. Leverage this proven system to discover your WHAT and realize ultimate achievement in business and life. Offers a comprehensive guide to Human Design, a practice that goes beyond horoscopes to render a unique personality reading for each person, with the aim of empowering him or her to make the correct decisions, choose the best professions and create relationships with ease and success. Original.

A primer to the mysterious, often surprising world of astrology, this book explains in a light, informative style everything one needs to know in order to understand a personal astrological chart. Illustrations throughout.

In his life-changing book, *DISCOVER YOUR PURPOSE*, the creator of the Rhys Method® Life Purpose Profiles shows readers how Energy Medicine can help them lead healthier, happier lives. Making choices that are aligned with our unique life purpose can lead to an extraordinary life. Rhys Thomas developed the Rhys Method® Life Purpose Profiles as a system of self-discovery. According to Thomas, there are five types of people in the world: thinkers, feelers, team players, achievers, and leaders. When we discover our life purpose and align our decisions with our deepest self, life is fulfilling, productive, and full of joy. Unlike other personality profile evaluations that can be narrow and restrictive, the five Life Purpose Profiles draw on Energy Medicine to liberate us to be our true selves. When we lose touch with our passion in life, we are not living our unique Life Purpose Profile. This program is the first truly holistic approach to seeing your whole self—mind, body, and soul.

By Lt. Col. Bob Weinstein, Stephen Covey, Ken Blanchard and Brian Tracy, among others. *Discover Your Inner Strength* is the tool that can help you to dig deep inside and unleash your inner strength. Each interview in this anthology will give you valuable

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resources and knowledge about how to find your inner strength.

Have you ever felt there was more than one you? That sometimes you are one type of person, sometimes another? Do you ever find yourself saying 'yes' when you meant to say 'no'? Deciding to do one thing, then actually doing another? Well-known psychologist and writer John Rowan shows how each of us is made up of a number of 'subpersonalities'. If we wish to be in charge of our inner world we had better find out who they are and what they do. Lively and entertaining, with questionnaires and simple exercises, Discover Your Subpersonalities will enable you to get to know the people inside you!

Discover the Genius in Your Child is a must for every parent, teacher and academician. Written in a simple and lucid language the book can be easily completed in just 90 MINUTES. The Indian growth story is the inspiration for the making of this book. This book is based on the premise that every child has some hidden potential in him which needs to be explored. The book is meant for every parent who wants to explore this hidden potential in his child. The book provides lot of new and innovative tips and techniques which would help the parent in bringing out the genius in the child. A very inspiring book which will hold you till the last page. Contents of the book: Preface 1. Do you know a genius? 2. Geniuses are not born – they take birth within 3. G of a Genius – Goal-Oriented 4. E of a Genius – Education 5. N of a Genius – Nonpareil 6. I of a Genius – Industrious 7. U of a Genius – Undeterred 8. S of a Genius – Social 9. Genius stays grounded, always

This retitled and repackaged edition of The Reason For My Hope explores how God's grace and love can strengthen, rebuild, and restore. Stanley guides readers to eternal, unshakable hope based on a personal relationship with Jesus Christ that can empower believers to rise victoriously from the most desperate situations. Even when you are suffering, God is in control, perfectly present, able, and at work. To the hurting and the troubled He imparts His righteousness, His perspective, His wisdom, and His faith. Above any difficulty, God is working for your ultimate good and eternal future. He is the source to which you can go when you desire to Discover Your Destiny.

Many books on persuasive speaking only teach you how to speak persuasively, but they don't teach you how to also think persuasively. Debaters tend to excel when they are put on the spot, because they know how to think fast, speak well, and win audiences. Think, Speak, Win: Discover the Art of Debate" provides a first-of-its-kind comprehensive introduction to the basics of debating for young students as well as interested adults, in a light-hearted and interesting style. This book breaks down the skills of debating into simple, memorable, and easy-to-follow chapters, and even covers the basics of coaching a school team and judging a debate competition. The skills of debating can help you achieve greater success at work and school, and this book guides you through a memorable 6-step process to apply "Debate-Thinking" to situations such as interviews, essay writing, impromptu speeches, presentations, and even leadership and management. You will never be at a loss for words again!

Red Hot New "Secret Ways Of How Letting GO Empowers Your Life: Discover The Seat Of The Soul & Live Longer! Happy Mind, Slim & Healthy Body. Start Your Longer Life Today! - 2 In 1 Box Set" Release!!! Gain more time out of your day and your life and discover the intriguing new way of practicing Yoga and meditation for more happiness, insight, healthy and productivity that even works for you if you only have 5

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minutes per day and are a very busy person. Inside this amazing and exciting new book compilation of 2 books you will be discovering how to empower and enrich your body and mind and become a more productive and more successful YOU! Book 1: Daily Meditation Ritual Book 2: Turbaned Gurus, Sing-Song Matras & Body Contortions - Volume 1 You will love discovering some new aspects of Yoga & Meditation and the connection of Meditation & Yoga that you might not have considered yet. If you love Yoga and/or Meditation you will love this compilation to broaden and deepen your Yoga and Meditation perspective. Forget the old concept because there is no need to waist your time and every reason to do Yoga and Meditation the new and 5 minute quick way so that you will gain more time out of your day and your life! Learn the new way of Yoga and meditation today if your dream is escaping a boring lifestyle, empowering yourself, or just living more for yourself with less stress and 100% happiness, this book compilation will give you some amazing insights into the wonderful world of Yoga and Meditation and how both connect. Inside this Yoga & Meditation lifestyle compilation you'll discover: * 5 Minute Per Day Yoga Routine * The Yoga-Meditation Connection * The Basic Yoga Sutras For Beginners * Yoga Poses For Busy People * The Body Mind Connection * Awesome Yoga Ways For Beginners * Meditation Techniques For Happiness, Health & Inner Wealth much more...

Discover Your Treasure20 Keys to SuccessBQB Publishing

Dr. Dana Schroeder personally battled extreme obesity for over twenty years until she elected to have life-transforming weight loss surgery in 2001. Since then, she has seen the surgery transform many more lives as well. Still, why are some so unhappy with their results? Dr. Schroeder relies on both her experiences as a Bariatric Nurse Practitioner, Life and Success coach as well as a Bariatric Surgery Graduate to provide a roadmap that invites others to look deep within and explore the core issues and limiting beliefs that prevent us from attaining the weight, health, and life we all deserve. In a comprehensive guide that addresses the root causes of the disease of obesity and how to overcome them, Dr. Schroeder shares heartwarming stories of actual clients and others as well as her own story; the nine keys to understanding personal desires, wants, needs, creating a plan, and taking action steps; discovery tools and tips; and wisdom coaching questions that will guide anyone to permanently release excess weight, stop living life on the sidelines, and ultimately realize complete personal fulfillment. Discover Your Hungers offers practical advice, personal stories, and proven tools that will help those challenged with weight issues to release the pounds, reconnect to their dreams, and revive their energy to pursue their ideal life. Wisdom questions for the purpose of self-discovery and self-coaching uses the 9 keys as a guide.

This is a must-have book to study, learn and revise using various innovative techniques, including mind mapping. Teaching is often delivered in a way that best suits the learning style of those teaching rather than the recipient. This book provides a first step to understanding your own unique and most effective learning strategies. It includes illustrations on how to use and PowerPoint training tools. Easy to understand, comprehensive and rigorously tested. Includes: how to discover how you learn best; the importance of mind mapping - a powerful learning tool; and How to boost memory. The author introduces a range of strategies to achieve the goal of becoming a more effective learner, for example steps: select strategies and tips that appeal to you; try out

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each one, ideally a few times; evaluate their effectiveness (see whether they work); practise the ones that work; and savour your success! Part one of the book deals with understanding that each person is unique and it is important therefore to understand that learner styles will differ, but all are valid. It provides methods to examine and understand personal and emotional strengths and then apply that to identifying study skill strengths. There are activities that identify learning preferences and how to maximise on this discovery. Clearly understanding yourself is the first step to working out the very best way to work. How to use the mind-mapping tool to good effect is explored in detail with many examples and clear illustrations. The second part of the book explores how to apply this new found knowledge and challenges the reader to really examine their attitude to themselves and to learning; how to use this knowledge in a positive way to improve and really enjoy the learning experience. Activities for motivation, attention, creating a suitable learning environment, avoiding distraction and removing stress. This unique book focuses exclusively on learners and their learning. It includes a range of activities especially designed to empower the learner with knowledge about the variety of ways in which people learn, taking the reader on a positive and rewarding journey of self-discovery.

This eight-week workbook companion to Divorce-Proof Your Marriage is a small-group resource that helps couples meet each other's needs, heal hurts, guard their marriages, and renew their love. Includes a marriage covenant.

A Soul Ray is a frequency of choice before a given lifetime, a vibration of energy and color in which to explore emotional, mental and physical attributes of soul awareness. Improve your relationships, health, career and your personal connection to the Divine discovering your personal soul ray frequency. This is but one window into the dimensional aspect of the soul, yet its brilliance is bright, colorful, full of story and insight. Explore the personality profiles of the twelve distinct, unique, yet intertwined rays, illuminating family and friends' multiple complexities and specialties. Peruse the temperaments and emotional resumes of the specific soul rays, offering relationship and career guidance. Study the individual physical traits, strengths and weaknesses and health of each child, comparing diet, food, exercise and supplements. Understand the guilds and value of global influences. Perceiving and understanding the importance of your special 'Soul Ray' is a unique window into the greater cosmic perspective of your Divine self and soul/sole direction. This intriguing intuitive materials is guaranteed to open your consciousness to greater possibilities.

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