

## What Horses Teach Us 2017 Engagement Calendar

What does it take to be a leader for your horse? How do you build confidence and trust? How can you develop balance and athleticism for your equine partner? These questions are answered in detail throughout this book with dozens of training formulas and strategies for success.

In this fascinating best seller, Cherry Hill explores the way horses think and how it affects their behavior. Explaining why certain smells and sounds appeal to your horse's sensibility and what sets off his sudden movements, Hill stresses how recognizing the thought processes behind your horse's actions can help you communicate effectively and develop a trusting relationship based on mutual respect.

"Horses are a lot like people," says renowned horseman Mark Rashid. "When there are gaps in understanding, confusion, and thus frustration, worry, and even anger are sure to follow." Horses often grow up with these "gaps" in their training and education. When this happens, it can be difficult for the horse to be a willing partner to a human, and he may need to be "restarted"—that is, given a second chance to learn what is expected of him and how he can find a place where he is confident and comfortable both beside a handler and beneath a rider. In order to restart a horse successfully, we need to know how to retrace the steps the horse's education has taken and find the path missed the first time around. In this book, the first of the expansive

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library of books penned by Rashid to include full-color photographs, readers are guided through practical steps for restarting horses, using Rashid's simple yet impactful concepts derived from years of study of martial arts. We walk along with him as he proceeds with the quiet sorting of experience that provides the insight we need to give any horse the new beginning he deserves. Explores the bond between horses and people, including trusting instincts, addressing emotions, and releasing negativity, in an account that describes the author's relationship with an abused horse.

From one of our most respected shamanic teachers, *Calling Us Home* aims to help the ordinary person, caught up in the anxiety of modern life, find balance and peace of mind. How to hold on to happiness. How to develop strategies for dealing with fear, guilt, stress and feelings of inadequacy. How to manage irrational annoyance and stop it ruling your life. Full of anecdotes from the author's Danish childhood to studying with Native American Indians and exploring wild places – the book teaches many things, from learning shamanic meditation to identifying which species of animal is your natural spirit guide. This is a book to be savoured and loved, read and re-read, annotated and quoted from. Down to earth, warm, witty and wise – it is a bible for our times.

A “superb” account of the enduring connection between humans and horses—“Full of the sort of details that get edited out of more traditional histories” (The Economist). Fifty-six million years ago, the earliest equid walked the earth—and beginning with the first-known horse-keepers

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of the Copper Age, the horse has played an integral part in human history. It has sustained us as a source of food, an industrial and agricultural machine, a comrade in arms, a symbol of wealth, power, and the wild.

Combining fascinating anthropological detail and incisive personal anecdote, equestrian expert Susanna Forrest draws from an immense range of archival documents as well as literature and art to illustrate how our evolution has coincided with that of horses. In paintings and poems (such as Byron's famous "Mazeppa"), in theater and classical music (including works by Liszt and Tchaikovsky), representations of the horse have changed over centuries, portraying the crucial impact that we've had on each other. Forrest combines this history with her own experience in the field, and travels the world to offer a comprehensive look at the horse in our lives today: from Mongolia where she observes the endangered takhi, to a show-horse performance at the Palace of Versailles; from a polo club in Beijing to Arlington, Virginia, where veterans with PTSD are rehabilitated through interaction with horses. "For the horse-addicted, a book can get no better than this . . . original, cerebral and from the heart." —The Times (London)

Fourteen years ago I bought Missy. She was incredible, had a bad attitude and she hated me. I immediately decided, buying Missy was the stupidest thing I'd ever done, until she talked to me. Missy first talked when she really wanted something, tried to get it herself and failed. In frustration, she turned to me and asked me to get it for her. When she asked, she said it clearly, in complete

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sentences. She was surprised that I understood and got it for her. I was amazed that she asked so clearly. I've paid attention ever since. Now, Missy talks all the time. Once I got more horses, I realized, they all talk. If we don't notice, horses give up and don't try to talk to us anymore. We can learn how horses think, processes information and talk. I reject the term, "Breaking Horses". I don't want broken horses, so I don't break them. I want spirited, intelligent, engaged horses. Breaking horses makes them anxious and reactive. Its archaic thinking, like controlling a wife was in the 50's. This book explains.... How I talk to horses. How anyone can, if you learn how horses think and speak. How to earn your respected position in their herd, as their Leader. How to fix incorrect or ill behavior, by telling them, "Wrong answer. Find a better answer." How to show your horse what you want, have them trust you, become brave, and try. How to become confident and share that confidence with your horse, without arrogance. How to interpret what your horse is saying, by what your horse is showing you. How to help an abused horse overcome PTSD, learn to trust and feel safe with you. How to turn a reactive brain off, turn their thinking brain on, so they can respond and not react. How to read your horse's ears, because ears say as much as their eyes say. How to approach a horse, who sees you with one eye, ask them for two eyes, and why it matters. How a horse's brain is different than a human's and what that means while you work with them. ....  
....."May your Horse 'want to' be with you"  
Wild Rituals explores how embracing the rituals of the

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animal kingdom can make us more connected to ourselves, nature, and others. Behavioral ecologist and world-renowned elephant scientist Caitlin O'Connell dives into the rituals of elephants, apes, zebras, rhinos, lions, whales, flamingos, and many more. This fascinating read helps us better understand how we are similar to wild animals, and encourages us to find healing, self-awareness, community, and self-reinvention. • Filled with fascinating stories on 10 different animal rituals • Features original full-color photos, from the Caribbean to the African savannah • Demonstrates the profound way we are similar to the wild creatures who captivate us Wild Rituals journeys into the desert, tundra, and rainforest to reveal the importance of rituals and how they can help us find a simpler, more meaningful way of living. In a culture of technology where we find ourselves living at a greater distance from nature and each other, this remarkable book taps into the unspoken languages of creatures around the world. • Caitlin O'Connell is on the faculty at Harvard Medical School and an award-winning author who spent more than 30 years studying animals in the wild. • Makes a great gift for anyone curious about nature, animals, and how humans compare to and interact with both • Add it to the shelf with books like *Beyond Words: What Animals Think and Feel* by Carl Safina; *Are We Smart Enough to Know How Smart Animals Are?* by Frans de Waal; *The Inner Life of Animals: Love, Grief, and Compassion—Surprising Observations of a Hidden World* by Peter Wohlleben; and *The Soul of an Octopus: A Surprising Exploration*

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into the Wonder of Consciousness by Sy Montgomery. “Far more than a book about how to care for a horse, though it stands out as one of the best on the subject . . . beautiful” (Susan Richards, author of Chosen by a Horse). This unique guide to horsemanship incorporates Eastern philosophy to describe how horses understand and respond to the flow of vital energy around them, and how they use this energy, called chi, to communicate with their herd, express dominance, and sense predators. Written by the award-winning author of *The Scalpel and the Soul*, and including forewords by Monty Roberts and Dr. Robert Miller, *Zen Mind, Zen Horse* shares safe, simple techniques to make you more receptive to your animal’s chi, so you can develop a calm and effective training style that will not only help your horse follow commands, but strengthen the spiritual bond between horse and rider.

This original and insightful book explores how horses can be considered as social actors within shared interspecies networks. It examines what we know about how horses understand us and how we perceive them, as well as the implications of actively recognising other animals as actors within shared social lives. This book explores how interspecies relationships work, using a variety of examples to demonstrate how horses and people build social lives. Considering horses as social actors presents new possibilities for improving the quality of animal lives, the human condition and human-horse relations.

Written by internationally renowned equine-assisted mental health professionals, this edited collection

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teaches counselors how to design and implement equine-assisted mental health interventions for different populations and various challenges. Supported by ethical considerations and theoretical frameworks, chapters cover common issues including depression, anxiety, grief, ADHD, autism, eating disorders, substance abuse, self-esteem, social skills and communication, couples and family work, and professional development. Each chapter provides practical tips for implementing treatment strategies, case studies with transcript analyses, and sample session notes. This book will appeal to both the expert equine-assisted mental health counselor and the seasoned counselor who is open to partnering with an equine practitioner to help their clients in new and innovative ways.

Written by one of the original Horse Whisperers *Horses Don't Lie* is the definitive guide to training horses and every horse trainer will welcome this method. After years of using his method to train horses Chris came to see that it could also be applied to human behaviour. As Chris points out: "A horse knows what you know." The characteristics necessary for building good relationships with horses can be used to deepen our relationships with other people and to enrich our daily lives. Horses can teach us how to communicate with empathy and patience, not only with them but with each other. Humans, like dogs, are natural predators while horses are prey that evolved to band together in packs for protection. This results in two differing types of consciousness and for a human to think like prey teaches many things. It teaches the trust and honesty

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essential in building relationships, and not only in a relationship with a horse; while the sensitivity and awareness that characterises a horse's perception of the world are qualities we could all use in our own lives.

"Always think like a horse and not like a dog." The real magic of horse whispering is what horses reveal to us about ourselves when we strive to understand their behaviour. *Horses Don't Lie* will teach you about the connections we can make in our lives when we learn from horses.

Hardworking, swift, loyal and capable of great heroism, horses have been our constant companions for thousands of years. Using stunning illustrations, *The Horse Book* pairs famous historical figures with their faithful mounts including: Alexander the Great's beloved steed at whose death he dedicated the city of Alexandria Bucephala; the cruel Roman emperor Caligula who made his horse a consul; the brave horses in the First World War; and horses of famous figures from El Cid to Napoleon. This is the perfect gift for the horse lover - a guide to the role of horses in history and the people who rode them.

A rational exploration of the ethical and welfare issues in all areas of equine use. This book addresses controversial and emotive issues surrounding these iconic creatures, providing a reliable source of information to support informed debate. It will enable all those with an interest in horses and the uses they are put to gain an awareness of the problems and abuses that occur. The book draws on the expertise of a range of acknowledged leaders in equine health and welfare.

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The first part of the book explores general issues of the horse's needs and nature. The second part contains chapters each covering a specific human use of horses and the abuses that arise as a result. This book is part of the UFAW/Wiley-Blackwell Animal Welfare Book Series. This major series of books produced in collaboration between UFAW (The Universities Federation for Animal Welfare), and Wiley-Blackwell provides an authoritative source of information on worldwide developments, current thinking and best practice in the field of animal welfare science and technology. For details of all of the titles in the series see [www.wiley.com/go/ufaw](http://www.wiley.com/go/ufaw).

All kinds of horses and the things they do

*Equine-Assisted Counseling and Psychotherapy* offers a comprehensive guide to the practice of working with equines in a psychotherapeutic setting. Chapters provide a research-informed approach to integrating the contributions of horses and other equines into mental health services. With a focus on equine welfare, the book uses a relational approach to explore a broad range of topics, including documentation and treatment planning, work with clients across the lifespan and with diverse needs, complexities related to horses in the therapeutic relationship, as well as ethical, legal, and best-practice considerations. Mental health and equine professionals will come away from the book with a strong understanding of both the theoretical and practical aspects of equine-assisted counseling.

A champion trainer and true horse whisperer, Dr. Lew Sterrett has used patience and a firm but gentle hand to earn the trust of more than 3,500 horses.

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2016 Foreword INDIES Gold Award Winner 2016 Gold Nautilus Book Award Winner 2017 Silver Independent Publisher Book Award Winner 2017 Silver IBPA Benjamin Franklin Award Winner Award-winning author and celebrated neurosurgeon Allan J. Hamilton combines his understanding of the human brain with nearly 30 years' experience training horses to offer wisdom on such universal themes as leadership, motivation, ambition, and humility. The results are showcased in more than 100 thoughtful essays that treat working with horses as a metaphor for personal, professional, and spiritual growth. Whether you're searching for greater spiritual depth or simply want to better understand your four-legged partner, this wise and important collection has something for you.

Harlequin® Presents brings you a collection of four new titles! This Presents box set includes: SICILIAN'S BABY OF SHAME Billionaires & One-Night Heirs by Carol Marinelli When chambermaid Sophie encounters Bastiano Conti, his raw sexuality tempts her untouched body! Bastiano's conscience flickers when he discovers that after that unforgettable indiscretion, Sophie was left destitute and pregnant. He must claim his child...by seducing Sophie into wearing his ring! SALAZAR'S ONE-NIGHT HEIR The Secret Billionaires by Jennifer Hayward Alejandro Salazar takes the opportunity to expose the Hargrove family—by working in their stables! Alejandro mustn't be distracted by Hargrove heiress Cecily's innocent passion. But when their bliss results in pregnancy Alejandro will restore his family's honor...with a diamond ring! THE SECRET KEPT FROM THE GREEK Secret Heirs of Billionaires by Susan Stephens Damon Gavros and Lizzie Montgomery's searing desire sweeps her back to their exquisite night eleven years ago! But Lizzie's hiding something, and Damon's determination to discover it is relentless. Until he finds out Lizzie's secret is his daughter!

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CLAIMING HIS CONVENIENT FIANCÉE by Natalie Anderson When Catriona breaks into her old family mansion to retrieve an heirloom, she doesn't expect to get caught by Alejandro Martinez! Kitty's recklessness ignites Alejandro's animal urges. So when Kitty is mistaken for his fiancée he'll take full advantage—and unleash their hunger! Be sure to collect Harlequin® Presents' July 2017 Box Set 1 of 2! Join HarlequinMyRewards.com to earn FREE books and more. Earn points for all your Harlequin purchases from wherever you shop.

This one-volume encyclopedia examines jobs and occupations from around the world that are unique and out-of-the-ordinary, from bike fishermen in the Netherlands to professional wedding guests in South Korea to elephant dressers in India. It's not surprising that the first question we are asked by strangers often has to do with what we do for a living. It's another way of asking, "Who are you, and what are you about?" But what happens when the answer to that question is "I am a gondolier" or "I am an Instagram influencer?" This book tries to answer that question, focusing on approximately 100 unusual occupations around the world. Arranged alphabetically, entries define the jobs and detail their historical, social, and cultural significance. Entries also examine where the job is located, how it came to be, how people get into the position, and what the economic and future outlook is for that job. While the entries focus on contemporary jobs, the encyclopedia also includes sidebars, which highlight unique jobs from history, to give the reader a sense of how unusual (and often terrible!) some jobs once were. High school and undergraduate students will find this book useful in looking at cultures around the world. Helps readers to better understand cultural values of other countries and make cross-cultural comparisons Helps readers to identify similar and related jobs across cultures with listings of

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jobs by category Illuminates the text through sidebars highlighting interesting facts and anecdotal observations Illustrates hard-to-imagine jobs through photos Is written in an engaging, accessible tone for high school students, but is also useful for undergraduates and general readers

A New York Times Bestseller and New York Times Book Review Editors' Choice A Best Book of 2015, The Wall Street Journal "Love is the driver for Wendy Williams's new book, *The Horse* . . . [an] affectionate, thoroughgoing, good-hearted book." —Jaimy Gordon, The New York Times Book Review "Charming and deeply interesting . . . Ms. Williams does a marvelous job." —Pat Shipman, The Wall Street Journal

The book horse-lovers have been waiting for Horses have a story to tell, one of resilience, sociability, and intelligence, and of partnership with human beings. In *The Horse*, the journalist and equestrienne Wendy Williams brings that story brilliantly to life. Williams chronicles the 56-million-year journey of horses as she visits with experts around the world, exploring what our biological affinities and differences can tell us about the bond between horses and humans, and what our longtime companion might think and feel. Indeed, recent scientific breakthroughs regarding the social and cognitive capacities of the horse and its ability to adapt to changing ecosystems indicate that this animal is a major evolutionary triumph. Williams charts the course that leads to our modern Equus—from the protohorse to the Dutch Warmbloods, Thoroughbreds, and cow ponies of the twenty-first century. She observes magnificent ancient cave art in France and Spain that signals a deep respect and admiration for horses well before they were domesticated; visits the mountains of Wyoming with experts in equine behavior to understand the dynamics of free-roaming mustangs; witnesses the fluid gracefulness of the famous Lipizzans of Vienna; contemplates what life is like for the sure-footed, mustachioed

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Garrano horses who thrive on the rugged terrain of Galicia; meets a family devoted to rehabilitating abandoned mustangs on their New Hampshire farm; celebrates the Takhi horses of Mongolia; and more. She blends profound scientific insights with remarkable stories to create a unique biography of the horse as a sentient being with a fascinating past and a finely nuanced mind. *The Horse* is a revealing account of the animal who has been at our side through the ages, befriending us and traveling with us over the mountains and across the plains. Enriched by Williams's own experience with horses, *The Horse* is a masterful work of narrative nonfiction that pays tribute to this treasure of the natural world.

Pet, show-ring competitor, pasture companion, driving partner, patient therapy horse—the Miniature Horse does it all. But whether you dream of winning ribbons or just hanging out, it is vital to have a solid understanding of safe handling and proper stabling; grooming needs and feeding requirements; general care and management essentials; special health and wellness concerns; and basic training how-tos. In these pages experienced Miniature Horse breeder Kendra Gale of Circle J Miniature Horses provides the most complete Miniature Horse resource available. You not only learn the ins and outs of making a Miniature Horse a part of your life, you gain invaluable professional insight when it comes to buying and breeding, registering and showing, training and handling, and so much more.

"From his first time riding at age ten, William Shatner has felt a deep love for horses. Whether riding them, communicating with them, or simply appreciating their beauty, he has been enthralled by horses ever since he was a child. And for decades, he has sought to bring that joy to others--children, veterans, and those with disabilities, among others--through his annual Hollywood Charity Horse Show. In this book, Shatner speaks from the heart about the ... effect horses

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have had on his life, and on the lives of others. Drawing not just from his own decades of experience but also from a wealth of classic horse stories, this book captures the unique connection between humans and horses"--

Do you wish your horseback riding lessons could come with a user manual? Do you feel that you could serve your horses better as a rider if you only know how and what to do? Would you like to be the rider that all horses dream of? "Horse Listening: The Book" focuses specifically on riding as a means of improving the horse. Based on the popular blog, HorseListening.com, the exercises and ideas are purposely handpicked to help you develop your path to becoming an effective rider, not only for your own benefit, but also for your horse's long-term well being. Special "In the Ring" sections give specific suggestions to try while riding. By following these simple, useful exercises, you will be able to develop a better understanding about: - the rider's aids - the use of the seat - the half-halt - accurate turns and circles - transitions - hind end engagement - rein lameness

Harlequin® Superromance brings you a collection of four new novels, available now! Experience powerful relationships that deliver a strong emotional punch and a guaranteed happily ever after. This

Superromance box set includes: THE SEAL'S RETURN Home to Covenant Falls By Patricia Potter The town's new doctor, Lisa Redding, is gorgeous, and her younger brother needs a mentor...but they don't fit into Jubal Pierce's plan. Adjusting to his new life after a terrifying ordeal, the former navy SEAL refuses to stay in Covenant Falls long. So it's just as well that a healer and a warrior don't mix... A

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**PERFECT STRATEGY** The New Jersey Ice Cats By Anna Sugden If there's one thing former New Jersey Ice Cats captain Scotty Matthews knows, it's hockey. Unfortunately, he's not proving successful at life after hockey in retirement, losing his wife and his job as media commentator. If there's one thing Sapphire Houlihan knows, it's that she never wants to be tied down to anyone or anything ever again. Unfortunately for her, Scotty is a wonderful one-weekend distraction...who wants way more than one weekend.

**SHE'S FAR FROM HOLLYWOOD** By Jo McNally She's a Hollywood divorcée hiding out on a farm in the South after a celebrity-stalker breaks into her home and burns all her clothes. The ex-army farmer with PTSD next door has very little respect for Hollywood. But always up to a challenge, Bree sets out to prove to "Plowboy" that you can never judge a celebrity on the lam by her cover!

**BREAKING EMILY'S RULES** Heroes of Fortune Valley By Heatherly Bell Humiliated after an engagement gone wrong, risk-averse Emily Parker pursues a pilot's license to recover her self-esteem. Airman Stone Mcallister must save his father's aviation school before rejoining the military, but after Emily jets into his life, his career and his heart are soon on the line. Look for 4 compelling new stories every month from Harlequin® Superromance! Join [HarlequinMyRewards.com](http://HarlequinMyRewards.com) to earn FREE books and more. Earn points for all your Harlequin purchases

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from wherever you shop.

Horse lovers will be delighted with this stunning collection of 31 detailed illustrations of these magnificent animals. Each detailed picture features a different breed, including palomino, Rocky Mountain, mustang, trotter, and more, all posed against beautiful backgrounds of natural scenery. Pages are perforated and printed on one side only for easy removal and display. Specially designed for experienced colorists, Great Horses and other Creative Haven® adult coloring books offer an escape to a world of inspiration and artistic fulfillment. Each title is also an effective and fun-filled way to relax and reduce stress.

With an astounding eighteen medals in eight international championships and team gold medals at the Olympic Games in 1976 and 1984, Jack Le Goff created the standard by which modern-day equestrian teams are measured. But Le Goff's techniques could be unforgiving—tough, brutal, and abrasive—earning him critics as well as converts. In this, his autobiography, Le Goff tells the whole story, from impoverished beginnings in Morocco, to the tragic death of his father, to his successes as a competitive equestrian. Readers will enjoy a behind-the-scenes look at the inner workings of high-level international equestrian sport, as well as an entire section devoted to Le Goff's much admired and extremely successful training philosophy.

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“A book that offers hope.” —The New York Times Book Review “A wondrous tapestry.” —Carl Safina, author of *Beyond Words: What Animals Think and Feel* Audubon Medal winner Richard Louv’s landmark book *Last Child in the Woods* inspired an international movement to connect children and nature. Now he redefines the future of human-animal coexistence. In *Our Wild Calling*, Louv interviews researchers, theologians, wildlife experts, indigenous healers, psychologists, and others to show how people are connecting with animals in ancient and new ways, and how this serves as an antidote to the growing epidemic of human loneliness; how dogs can teach children ethical behavior; how animal-assisted therapy may yet transform the mental health field; and what role the human-animal relationship plays in our spiritual health. He reports on wildlife relocation and on how the growing populations of wild species in urban areas are blurring the lines between domestic and wild animals. *Our Wild Calling* makes the case for protecting, promoting, and creating a sustainable and shared habitat for all creatures—not out of fear, but out of love. Includes a new interview with the author, discussion questions, and a resource guide. A photographic guide to horse breeds from around the world, this fun and colourful book will appeal to young horse lovers everywhere. Find out fascinating facts about each breed and the characteristics which

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make them desirable, be it the sleek coat of the Mustang or the strong legs of the Shire. With easy to follow facts on each page and a glossary of tricky terms at the back, this is an essential and accessible guide.

THE SUNDAY TIMES HISTORY BOOK OF THE YEAR 2017 'A beautiful and thoughtful exploration of the role of the horse in creating our world' James Rebanks 'Scintillating, exhilarating ... you have never read a book like it ... a new way of considering history' Observer The relationship between horses and humans is an ancient, profound and complex one. For millennia horses provided the strength and speed that humans lacked. How we travelled, farmed and fought was dictated by the needs of this extraordinary animal. And then, suddenly, in the 20th century the links were broken and the millions of horses that shared our existence almost vanished, eking out a marginal existence on race-tracks and pony clubs. Farewell to the Horse is an engaging, brilliantly written and moving discussion of what horses once meant to us. Cities, farmland, entire industries were once shaped as much by the needs of horses as humans. The intervention of horses was fundamental in countless historical events. They were sculpted, painted, cherished, admired; they were thrashed, abused and exposed to terrible danger. From the Roman Empire to the Napoleonic Empire every world-conqueror needed to be shown

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on a horse. Tolstoy once reckoned that he had cumulatively spent some nine years of his life on horseback. Ulrich Raulff's book, a bestseller in Germany, is a superb monument to the endlessly various creature who has so often shared and shaped our fate.

The story in this book is not about how one man against all odds took his family halfway around the world from Siberia to America. This is about how God reveals his wisdom, power, and knowledge in our present, everyday lives!

Riding the Horse's Mind: The Psychology and Leadership of the Horse is written for western and English recreational riders of all skill levels: novice, intermediate, and advanced. This book provides a ground breaking explanation as to why recreational riders continue to have small and large problems and frustrations in gaining and maintaining the trust and respect of their horses. Frustrations build and confidence erodes. This book takes a unique look at the comparison between the horse and human species as to their instincts, motivations, and needs. The results clearly explain why humans' communication, interaction, and relationship with a horse frequently is ineffective. This easy-to-read yet researched book provides the missing piece. A WORKBOOK is included to guide the reader in reaching their goals of safety, respect, and fun with their equine partner. Riding instructors benefit with a

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new tool to help their riding students become more effective.

In this fascinating book, dancer, choreographer, and visual artist Paula Josa-Jones combines her two greatest passions--movement and horses--in order to help us develop somatic awareness: Consciousness of breath, integrated and coherent motion, and development of movements and touch into sensitive channels of communication. Through stories and exercises, Josa-Jones demonstrates how connecting with the horse can develop this awareness. The body and mind of the horse and the human, she writes, are connected at the deepest levels--anatomically, energetically, psychically, spiritually, and emotionally. And because horses are authentic beings--their inside feelings and intentions match the outside expression and behavior--our interactions with them can help us become more aware of our inner emotional landscape and its relationship to what we are expressing outwardly. Horses offer us the opportunity to become more trustworthy and more comfortable in our own skin. By listening inwardly, feeling the connections between our mind states and our expression, we become more attuned to the currents passing among us, more able to blend, empathize, and act with balance, sensitivity, and kindness.

What Horses Teach Us Hope . . . From the Heart of Horses  
How Horses Teach Us About Presence, Strength, and Awareness  
Skyhorse Publishing Inc.

Harlequin® Special Edition brings you three new titles for one great price, available now! These are heartwarming, romantic stories about life, love and family. This Special Edition box set includes: THE RANCHER'S CHRISTMAS SONG The Cowboys of Cold Creek by RaeAnne Thayne Music teacher Ella Baker doesn't have time to corral rancher Beckett McKinley's two wild boys. But when they ask her to teach

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them a song for their father, she manages to wrangle some riding lessons out of the deal. Still, Ella and Beckett come from two different worlds, and it might take a Christmas miracle to finally bring them together. **A COWBOY FAMILY CHRISTMAS** Rocking Chair Rodeo by Judy Duarte When Drew Madison, a handsome rodeo promoter, meets the temporary cook at the Rocking Chair Ranch, the avowed bachelor falls for the lovely Lainie Montoya. But things get complicated when he learns she's the mystery woman who broke up his sister's marriage! **HIS BY CHRISTMAS** The Bachelors of Blackwater Lake by Teresa Southwick Calhoun Hart was planning on filling his forced vacation with adventure and extreme sports until he broke his leg. Now he's stuck on a beautiful tropical island working with Justine Walker to get some business done on the sly—and is suddenly falling for the calm, collected woman with dreams of her own.

From their earliest evolution to the invention of the “horseless carriage,” this picture book captures how—for much of human history—horses powered the world! For thousands of years, horses and humans lived, worked, and played together, side by side. From the time they were first domesticated to the invention of the wheel, saddle, bit, and bridle; horses brought far-flung lands closer together at the speed of a gallop. Trade, agriculture, transportation, and more were expanded in new ways—all made possible by the power of the horse. In dazzling spreads packed with maps, sidebars, and other hidden gems, explore the special connection between horses and humans. Discover how horses evolved and track their migration as they come to live on six continents. See the everyday jobs done by horses for centuries. And consider the profound changes that came about when gasoline-powered engines arrived on the scene. An encyclopedic look at this magnificent animal, *Horse Power* offers a unique view of world history from the ancient past to today.

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Romance—the Western way! Harlequin Western Romance brings you a collection of four new heartwarming contemporary romances of everyday women finding love. Available now! This box set includes: **THE TEXAS VALENTINE TWINS** Texas Legacies: The Lockharts • by Cathy Gillen Thacker Estranged lovers Wyatt Lockhart and Adelaide Smyth have a onenight stand resulting in twin babies. While figuring out how to coparent they discover they are already married! **HER COWBOY LAWMAN** Cowboys in Uniform • by Pamela Britton Sheriff Brennan Connelly, champion former bull rider, reluctantly agrees to help Lauren Danners's son learn to ride bulls. But his attraction to the much younger single mom is a distraction he doesn't need! **THE COWBOY'S VALENTINE BRIDE** Hope, Montana • by Patricia Johns An IED sent Brody Mason home from Afghanistan, but he's determined to go back. There's nothing for him in Hope, Montana...except maybe Kaitlyn Harpe, the nurse who's helping him to walk again, ride again and maybe even love again. **A COWBOY IN HER ARMS** by Mary Leo Callie Grant is stunned—the daughter of her ex and former best friend is in her kindergarten class! Widower Joel Darwood thinks what might be best for him and his child is Callie, if only he can convince her he's changed...

Suggests ways in which we may work towards mutually beneficial living and working arrangements for humans and horses. This book aims to challenge many and even to outrage a few, and also to encourage the same type of examination for other animal species.

'Populism' is one of the most frequently used terms in today's political discussions. From Turkey to the United States of America, the effect of populist politicians is felt more than ever today. Indeed, it is an extremely common occurrence to come across a political commentator defining a politician as a populist in newspapers or TV shows. This

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volume brings together scholars from various disciplines and invites its readers to consider the role played by both conventional and new media in the rise of this political movement. Its focus is not limited to the USA nor the UK, but investigates populism in countries such as Turkey and Spain. It will appeal to readers interested in classical populism and polarization studies, as well as those interested in post-truth studies.

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