

Walk To Dine Program Guidelines

Whether you want to hike through jaw-dropping landscapes of Yosemite, see rare wildlife and natural wonders in Yellowstone, or go river-rafting in the Grand Canyon, the local Fodor's travel experts in [Destination] are here to help! Fodor's National Parks of the West is packed with maps, carefully curated recommendations, and everything else you need to simplify your trip-planning process and make the most of your time. This new edition has been fully-redesigned with an easy-to-read layout, fresh information, and beautiful color photos. Fodor's National Parks of the West travel guide includes:

- AN ILLUSTRATED ULTIMATE EXPERIENCES GUIDE to the top things to see and do
- MULTIPLE ITINERARIES to effectively organize your days and maximize your time
- MORE THAN 70 DETAILED MAPS to help you navigate confidently
- COLOR PHOTOS throughout to spark your wanderlust!
- HONEST RECOMMENDATIONS FROM LOCALS on the best sights, restaurants, hotels, activities, side-trips, and more
- PHOTO-FILLED "BEST OF" FEATURES on "Ultimate Experiences," "Best Campgrounds," "Best Lodges," and more
- TRIP-PLANNING TOOLS AND PRACTICAL TIPS including when to go, getting around, beating the crowds, and saving time and money
- HISTORICAL AND CULTURAL INSIGHTS providing rich context on the local people, art, architecture, geography and more
- SPECIAL FEATURES on "Exploring the Colorado River," "What to Watch and Read Before You Visit," and "Yellowstone's Geothermal

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Wonders” LOCAL WRITERS to help you find the under-the-radar gems UP-TO-DATE COVERAGE ON: Grand Canyon, Yellowstone, Badlands, Sequoia, Rocky Mountains, Glacier, Zion, Yosemite, Grand Tetons, Olympic, and more national parks Planning on visiting Arizona, Colorado, Yellowstone, Yosemite, and Sequoia/Kings Canyon, or even the Great Smoky Mountains? Check out Fodor’s Arizona and the Grand Canyon, Fodor’s Colorado, Compass Yellowstone National Park, Compass Yosemite and Sequoia/Kings Canyon National Parks. *Important note for digital editions: The digital edition of this guide does not contain all the images or text included in the physical edition. ABOUT FODOR’S AUTHORS: Each Fodor’s Travel Guide is researched and written by local experts. Fodor’s has been offering expert advice for all tastes and budgets for over 80 years. For more travel inspiration, you can sign up for our travel newsletter at [fodors.com/newsletter/signup](https://www.fodors.com/newsletter/signup), or follow us @FodorsTravel on Facebook, Instagram, and Twitter. We invite you to join our friendly community of travel experts at [fodors.com/community](https://www.fodors.com/community) to ask any other questions and share your experience with us! The Top 10 Ways The Unofficial Guide® to Maui Can Help You Have the Perfect Trip: Candid, critical, and objective information covering Maui, Molokai, and Lanai All major hotels and resorts rated and ranked for quality and value—plus, proven strategies for getting the best rates and tips for B & B and condo stays Detailed reviews and ratings for 30 diverse restaurants, with a culinary guide to Hawaii’s regional dishes The inside story on the top attractions, including Haleakala National Park and other natural

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wonders, ancient temples and historic homes, museums and art galleries, even a winery A complete guide to exploring the awe-inspiring islands of Maui County, from winding cliffside drives to strolls along the beach Advice for families on how to have a Maui vacation that keeps everyone thrilled The best places to shop for haute couture and kitsch alike, especially local art, aloha shirts, and Hawaiian music Where to get wet: the best beaches for tanning, surfing, snorkeling, and scuba diving All the details on Maui's world-famous golf courses The complete rundown on Maui nightlife, from bonfire luaus to bars and clubs Get the unbiased truth on hundreds of hotels, restaurants, attractions, and more in The Unofficial Guide® to Maui—the resource that helps you save money, save time, and make your trip the best it can be.

(Updated 8/15/2021!) Walt Disney World is more than its four amazing theme parks and two water parks. It goes far beyond the hundreds of restaurants and themed hotels. Learn valuable, time-saving secrets that show you how to travel like a VIP in this comprehensive tour guide, written by Orlando locals and Disney insiders. Here is just a portion of what we share: * Temporary changes for Covid-19; * Over 50 freebies you can take advantage of around Disney World; * Special activities outside of the parks; * Complete instructions on using FastPass+ so that you don't waste time in hot lines; * How to get extra hours in the parks; * How to save money on food; * The best hotel value for your size of family; * Where to dine with your favorite characters; * How to get the most of your character meet-and-greet experience; * Romance in the parks; * What

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you will find inside Florida's newest "town," Disney Springs, Walt Disney World's downtown shopping center with food and entertainment; * Information on behind-the-scene tours and special events; * How to avoid crowds; * What months and days to visit; and * What to wear to ensure your comfort during any season

Sehlinger's team of anonymous inspectors checks out every inch of the Disney parks, and is honest and objective in its evaluations of each ride, show, hotel, and restaurant. Includes area maps. Original.

Pelican's luxury-travel expert Steven B. Stern completely updates this guide each year to provide the most current and accurate descriptions of nearly 300 cruise ships. These listings include not only Alaskan, Mediterranean, and Caribbean cruises but also offbeat destinations like European barge trips and more. Every new edition also contains actual shipboard menus, activity schedules, price categories, and hints on how to best enjoy an eight-hour stay in port.

For more than twenty years, the Insiders' Guide® series has been the essential source for in-depth travel and relocation information—from true insiders whose personal, practical perspective gives you everything you need to know. Boasting a cosmopolitan city and family vacation hot spots, as well as outlet shopping and a national park, the Maine Coast has it all. This authoritative guide takes you along the Pine Tree State's magnificent coastline, from its beautiful sandy beaches and resort communities to its rocky cliffs and tiny fishing villages. Inside you'll find:

- Countless details on how to live

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and thrive in the area, from the best shopping to the lowdown on real estate • Not-to-be-missed attractions, including the fantastic Marginal Way footpath between Perkins Cove and Ogunquit; the Portland Museum of Art; the outlets at Kittery and Freeport; and Portland Head Light • Comprehensive listings of restaurants, accommodations, and annual events • Sections dedicated to children and retirement

The essential source for in-depth travel and relocation information to Napa and Sonoma Counties. Written by a local (and true insider), *Insiders' Guide to California's Wine Country* offers personal guidance to two major wine regions and their environs. Fully revised and updated, this guide contains five maps of the wine country.

An Instructor's Guide to Teaching Military Students is a resource for online and on-ground educators in private and public learning institutions around the world.

Bob Greene's bestselling *Get With the Program!* showed hundreds of thousands of people how to make a habit of healthy living and fitness. Now, in *The Get With the Program! Guide to Good Eating*, Greene presents a blueprint for a lifetime of healthful eating, with detailed, easy-to-follow guidelines and 85 delicious recipes. Greene knows that you're not going to stick to an eating plan if you're bored or feeling deprived, so he's developed a program based on balance, moderation, flexibility, and variety. After you make the commitment to *Get With the Program!*, you'll discover the keys to boosting your metabolism. Next you'll take the four

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steps to healthy eating, making one change at a time: eating a nutritious breakfast, setting an eating cut-off time, redistributing your calories, and making healthful food choices. Greene shows you how to determine the perfect way to eat for your unique needs, how to stock a healthy kitchen, how to dine out enjoyably, and how to “cheat” without guilt. Finally, there are eighty-five easy-to-prepare recipes that are as full of flavor as they are good for you. Try a Peaches and “Cream” Fresh Fruit Smoothie or some Buttermilk Blueberry Pancakes for breakfast. Salmon Burgers or Tomatoes Stuffed with Couscous, Cucumber, and Mint make a satisfying lunch, and how about Spinach Penne with Spicy Roasted Pepper Sauce or Baked Lemon Herb Halibut for dinner? Hungry for more? Satisfying soups, tasty side dishes (including luscious Mashed Potatoes), and tempting desserts, like airy Pavlova with Raspberry Sauce or Chocolate Almond Angel Food Cake, make healthful eating a pleasure. The Get With the Program! Guide to Good Eating is an effective and enjoyable approach to good health, good eating, and weight loss that you can trust.

Hotels, attractions, and restaurants in all price categories are listed with evaluations based on reader surveys and critiques—compiled by unbiased inspectors of Orlando's most famed attraction.

Updates the classic guide to business etiquette with information on sexual

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harassment, diversity and plurality, ethics, and the special problems of female executives

The Unofficial Guide to Walt Disney World with Kids is packed with useful tips, great advice, excellent discussion, and practical travel knowledge gleaned from years of Walt Disney World travel experience. It is one of the few guidebooks to Disney World that specifically addresses the needs of kids with, in some cases, research and input from kids. Authors Liliane Opsomer, Bob Sehlinger, and Len Testa will help you prepare for your vacation with ease. Compiled and written by a team of experienced researchers whose work has been cited by such diverse sources as USA Today and Operations Research Forum, The Unofficial Guide to Walt Disney World with Kids digs deeper and offers more specific information than any other guidebook. This is the only guide that explains how to make every minute and every dollar of your vacation count. With advice that is direct, prescriptive, and detailed, it takes the guesswork out of your family vacation. Step-by-step detailed plans allow you to visit Disney World with your children with absolute confidence and peace of mind.

National Geographic's ultimate resource for traveling with your furry friend features hundreds of dog-friendly places to pamper your pooch, from doggie daycare to canine couture. Special features include walks you can take with your

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dog, insider tips from local pet parents on how to best enjoy their area with a pup, and sidebars detailing unique opportunities for coddled canines, such as winery hikes in California wine country. New York Times bestselling author and pet parent Kelly E. Carter, and her beloved longhaired Chihuahua, Lucy, give you the inside scoop on pet-friendly hotels and restaurants, beaches, parks, and dog runs, plus the lowdown on events for four-legged visitors and dog-friendly attractions. A detailed introduction discussed everything you need to know when taking your pooch on vacation, including the lay of the land for road tripping and flying cross-country. From Sanibel Island, FL, to Whistler, BC, from Montreal QC, and Nantucket, MA to San Francisco, CA, *The Dog Lover's Guide to Travel* showcases 75 of the best pet-friendly vacation destinations across the U.S. and Canada.

This valuable guide assists you in selecting the ship best suited to your taste, advises you on how to prepare for your cruise, and explains what to expect once you are onboard. Stern discusses every major port of call worldwide, listing details on attractions, beaches, hotels, restaurants, shopping, sports, and other recreation. He also includes guidelines on how to make the most of an eight-hour stay in port.

It's not where you eat, it's what you eat! From Bob Greene, the bestselling author

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of Get With the Program!, comes a handy portable guide to dining out. With healthy choices from more than 75 fast food and family restaurants, including Applebee's, The Olive Garden, Kentucky Fried Chicken, McDonald's, Burger King, Domino's Pizza, Subway, Dairy Queen, and Taco Bell, now you can feel confident about staying on the Program when dining out with friends or family. There are no confusing nutritional charts or graphs -- just simple, honest advice for those of us who enjoy dining out. Each restaurant listing offers Bob's Top Picks for healthy and delicious options, as well as a list of menu items that are not on the Program. With tips on portion control, beverage choices, and balancing fat, carbohydrates, and protein, this is an indispensable book for anyone who dines out once a year or once a week. Whether you're on the Program or just getting started, you will turn to The Get With the Program! Guide to Fast Food and Family Restaurants to make smart choices when dining out.

Your Travel Destination. Your Home. Your Home-To-Be. Jacksonville A fast-growing Southern city. Historical landmarks aplenty. Family-style fare and fine cuisine. A robust business scene. World-class resorts. Sandy beaches galore. • A personal, practical perspective for travelers and residents alike • Comprehensive listings of attractions, restaurants, and accommodations • How to live & thrive in the area—from recreation to relocation • Countless details on

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shopping, arts & entertainment, and children's activities

Discusses the attractions, accommodations, and restaurants at Walt Disney World from the point of view of families with children.

The latest scientific research shows that the most straightforward way to lose weight--controlling calories--is consistently the most successful. The 400 Calorie Fix Dining Guide makes it easy: Take control wherever you go with this dining companion. Chock-full of easy and insightful tips, this guide keeps you on track while you browse your options at a restaurant, buffet, bar, or other fun locale. In The 400 Calorie Fix Dining Guide, you'll find:

- Best 400 Calorie Meals at the diner, movies, ballpark, and more
- At-a-glance portion guides using the 400 Calorie Lens
- Mix-and-match foods to build your own 400-calorie meals

No matter where you go, there's a 400 Calorie Fix to slim and satisfy you!

Behavior analysis, a rapidly growing profession, began with the use and application of conditioning and learning techniques to modify the behavior of children or adults presenting severe management problems, often because of developmental disabilities. Now behavior analysts work in a variety of settings, from clinics and schools to workplaces. Especially since their practice often involves aversive stimuli or punishment, they confront many special ethical challenges. Recently, the Behavior Analysis Certification Board codified a set of

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ten fundamental ethical guidelines to be followed by all behavior analysts and understood by all students and trainees seeking certification. This book shows readers how to follow the BACB guidelines in action. The authors first describe core ethical principles and then explain each guideline in detail, in easily comprehensible, everyday language. The text is richly illuminated by more than a hundred vivid case scenarios about which the authors pose, and later answer questions for readers. Useful appendices include the BACB Guidelines, an index to them, practice scenarios, and suggested further reading. Practitioners, instructors, supervisors, students, and trainees alike will welcome this invaluable new aid to professional development.

The insider's food guide to New York City—from trusted New York food expert and TV/radio host Michael Colameco New York is the food capital of the United States, with an incredibly rich and diverse dining scene that boasts everything from four-star French restaurants, casual neighborhood bistros, and ethnic restaurants from every corner of the world to corner bakeries, pastry shops, and much more. Now Mike Colameco, the host of PBS's popular Colameco's Food Show and WOR-Radio's "Food Talk", helps you make sense of this dizzying array of choices. He draws on his experience as a chef and New York resident to offer in-depth reviews of his favorite eating options, from high-end restaurants to

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cheap takeout counters and beyond. His work has given him unprecedented access to the city's chefs and kitchens, allowing him to tell you things others can't. He offers inside information about different establishments, giving a detailed and sometimes irreverent sense of the food and the people behind them. Goes beyond ratings-centered guides to offer detailed, opinionated reviews by an experienced chef and longtime New Yorker Recommends restaurants, bakers, butchers, chocolatiers, cheese stores, fishmongers, pastry shops, wine merchants, and more Entries include basic facts, contact information, and a thoughtful, personal review Includes choices in every price range and neighborhood, from Tribeca to Harlem Whether you're visiting for a weekend or have lived in New York for years, this guide is your #1 go-to source for the best food the city has to offer.

Six major islands. One indispensable guide. A friend has gone before you and tells it like it is in the conversational guide to Hawaii. Veteran travel writer and photographer Kim Grant cuts through the tourist brochure clutter to help you maximize your precious time and money. Utterly reliable and comprehensive, she gives completely updated listings of resorts, condos, vacation cottages, and campgrounds, and hundreds of dining recommendations, from plate lunches and local grinds to seared ahi and Kona lobster at haute eateries. But Grant steers

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you where other guides don't. As a part-time resident, she guides you to waterfalls and volcanoes; takes you snorkeling and golfing; finds authentic luaus; illuminates the nuances of hula; and unearths fine contemporary craftsmen and Hawaiiana collectibles. She also includes musts for first-time visitors, ideas for repeat visitors, building blocks for perfect days, and much more. Other guide features include:

- Suggested itineraries for varying lengths of stays and purposeful getaways
- Sidebars on the Hawaiian language and Hawaii regional cuisine
- Calendar guides to annual events and celebrations
- An alphabetical "What's Where" guide for trip planning
- Handy icons point out best values, "must dos," family-friendly activities, and rainy-day activities

Explorer's Guide Hawaii: reliable insider's recommendations for the best of the best lodging, dining, and activities, complete with specialized itineraries, "must-see" lists and helpful advice for first-time visitors.

Our eBook will help you plan and navigate your way around the family vacation capital of the world - Walt Disney World. The book offers numerous tips and information so you will not be stressed when going on your magical vacation. This guide walks readers through an easy, safe, and inexpensive way to fitness, discussing the importance of stretching, what clothing to wear, and where to walk safely, and offers walking programs that readers can co-ordinate their lives

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around, or fit into their busy schedule.

The Unofficial Guide to Walt Disney World with Kids is JAM-PACKED with useful tips, great advice, excellent discussion, and practical travel knowledge gleaned from years of Walt Disney World travel experience. In this guidebook the authors Bob Sehlinger and Liliane Opsomer specifically address the needs of kids, with--in some cases--research and input from kids. Len Testa leads an experienced team of researchers whose work has been cited by such diverse sources as USA Today and Operations Research Forum, The Unofficial Guide to Walt Disney World with Kids digs deeper and offers more specific information than any other guidebook. This is the only guide that explains how to make every minute and every dollar of your vacation count. With advice that is direct, prescriptive, and detailed, it takes the guesswork out of your family vacation. Step-by-step detailed plans allow you to visit Walt Disney World with your children with absolute confidence and peace of mind.

A comprehensive guide to the disease includes up-to-date information and answers questions for sufferers and their families.

College students discuss what colleges are really like, including grades, sports, social life, alcohol policies, gender relations, admissions, and classes.

Please note this is part of a larger work, Your Guide to the National Parks, which

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is also available in paperback and electronic versions. The full version includes suggested trips, best of the best lists, and a few other introductory sections. All of the media (photos and maps) for these electronic books must be downloaded/viewed on the web. This e-book covers Rocky Mountain, Great Sand Dunes, Black Canyon of the Gunnison, Mesa Verde, Arches, Canyonlands, Capitol Reef, Bryce Canyon, Zion, Grand Canyon, and Great Basin National Parks.

Mystery Reader's Walking Guide: New York takes you on a tour of the Manhattan that mystery writers have made famous. See New York through the eyes of more than 50 mystery writers and their characters, from S.S. Van Dine's Philo Vance to Emma Lathen's John Putnam Thatcher, and many others.

This is the book with which to gain a full and thorough understanding of the wonderful world of cruising. Repeat cruisers and novices alike will gain from the volume of features--menus, daily schedules, photos, as well as details on every cruise ship and port of call throughout the world. This should be the encyclopedia for any cruise aficionado. -World of Cruising People who've never cruised before or those who have, but find themselves faced with a confusing onslaught of new ships--need to know a great deal, and this book goes a long way in providing it.

-Chicago Tribune Stern's Guide to The Cruise Vacation is one of the most

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comprehensive authorities and a must have for both the novice and the seasoned cruiser. -Porthole Magazine Steven B. Stern is the ultimate authority on luxury travel, especially cruise vacations. Whether readers are sailing the Caribbean, the Mediterranean, the South Seas, Alaska, Southeast Asia, or the waterways of Europe, this is the most comprehensive guide available, with details on all aspects of cruise-ship travel. Updated annually, this edition lists descriptive information for all major cruise ships, including each vessel's history, vital statistics, appearance, itineraries, price range, and sport, dining, and medical facilities. Stern evaluates every detail by bestowing overall Star Awards as well as ratings in eleven specific categories. More than two hundred photographs of ships, decks, and interiors are included, along with actual shipboard menus and daily activity programs for each featured cruise line.

Dining in Japan is both an art and an adventure— an experience that is made memorable by the variety of unique dishes, their gourmet quality, and the style in which they are served! With Dining Guide to Japan, you will have an extensive list of Japanese restaurants and exquisite food dishes. Dining Guide to Japan acts as a perfect Japan travel guide which includes: Dining and Transportation Maps Japanese Dining Vocabulary and Pronunciation Additional Food Vocabulary Detailed Descriptions of Japanese Cuisine Japan is literally a diner's

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paradise, with restaurants featuring the world's leading cuisine, from Chinese, French, German, Greek, Indian, Italian, Korean and Russian to Vietnamese. Japan's traditional food is world famous for its health and longevity enhancing properties and is not all rice and raw fish. In fact, Japanese cuisine is both varied in ingredients and cooking styles, and most foreign visitors quickly develop a taste for such things as miso soup, nori, oyako-don, ramen, shabu-shabu, soba, sukiyaki, tofu, tonkatsu, udon, unagi, yaki-tori... and yes, even fugu, the deadly globefish!

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The Unofficial Guide to Walt Disney World with Kids 2016 Unofficial Guides

Birnbaum's Walt Disney World Dining Guide is a complete diner's guide to what's where in the World. What do they serve? How good is it? How much will it cost? It's all here. Our personally rated taste-tested temptations include: who serves the best PB&J, where to sup with Snow White, and why turkey legs are the most popular snack food in the World. Our updated 2012 edition includes tips on how to stretch the tightest budget and get the most out of the Disney Dining Plan--and updates on eateries currently participating in the Disney Dining Plan.

Focused specifically on the APRN role in implementing evidence-based practice in the clinical environment The fourth edition of this award-winning text—written specifically for Advanced Practice Registered Nurses (APRN) and students devoted to scholarly investigation—describes essential ways to implement Evidence-Based Practice (EBP) and quality improvement skills

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into practical application. Step-by-step instructions walk the reader through the process of finding relevant evidence, appraising it, translating it into practice to improve patient care and outcomes, and disseminating it. This text delivers expert guidance on designing questionnaires and data-collection forms, and on analyzing qualitative and quantitative data. The authors also offer guidelines for evaluating research articles and a variety of EBP activities and protocols demonstrating how to integrate EBP into multiple clinical settings relevant to all APRN practice domains. New to the Fourth Edition: New chapter on Continuous Quality Improvement (CQI) includes information on models, processes, and tools New chapter filled with examples of APRN-led initiatives showcasing improved processes and health outcomes resulting from EBP and quality improvement (QI) projects Expanded literature reviews including integrative and other types of literature reviews beyond systematic review Increased focus on Doctor of Nursing (DNP) competencies and QI Key Features: Helpful in achieving hospital Magnet® status Integrates EBP concepts related to patient care Examples highlight application of evidence into practice Describes strategies for establishing and sustaining an organizational evidence-based practice Discusses issues of costs and ethics from EBP perspective Purchase includes digital access for use on most mobile devices or computers

An indispensable read when visiting Walt Disney World with kids The Unofficial Guide to Walt Disney World with Kids 2018 is JAM-PACKED with useful tips, great advice, excellent discussion, and practical travel knowledge gleaned from years of Walt Disney World travel experience. In this guidebook, authors Bob Sehlinger and Liliame Opsomer specifically address the needs of kids, with—in some cases—research and input from kids. Len Testa leads an experienced team of researchers whose work has been cited by such diverse sources as USA

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Today and Operations Research Forum. The Unofficial Guide to Walt Disney World with Kids digs deeper and offers more specific information than any other guidebook. This is the only guide that explains how to make every minute and every dollar of your vacation count. With advice that is direct, prescriptive, and detailed, it takes the guesswork out of your family vacation. Step-by-step detailed plans allow you to visit Walt Disney World with your children with absolute confidence and peace of mind.

If you purchase The Unofficial Guide to Walt Disney World in ebook format, receive free monthly updates via your device so you'll be in the know about important changes, making your vacation planning better than ever! March-April 2015 Updates Available! Your Kindle update includes important changes to the Magic Kingdom and Epcot monorail schedules through July 2015; ticket prices, dates, and times for the Magic Kingdom's Night of Joy celebration in September; and updates to Fastpass+ locations for the Magic Kingdom's parades. Compiled and written by a team of experienced researchers whose work has been cited by such diverse sources as USA Today and Operations Research Forum, The Unofficial Guide to Walt Disney World digs deeper and offers more than any other guide.

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