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Consciousness Stairway To Enlightenment David
R Hawkins

Transcending The Levels Of Consciousness Stairway To Enlightenment David R Hawkins

This is the seventh book in a progressive series based on the revelations of consciousness research. It describes in detail how to discern not only truth from falsehood but also the illusion of appearance from the actual core of reality. The text explains how to differentiate perception from essence, and thereby enables the reader to resolve the ambiguities and classical riddles that have challenged mankind for centuries and baffled the best minds in history. While modern technologies have provided a phethora of new toys and conveniences, the basic problems of daily existence remain. This book provides the tools to survive and regain fundamental autonomy and inner harmony while living with the complexities of the modern world. Some of the most difficult people to deal with are those who fail to take responsibility for their lives and who wreak havoc in their relationships. Author and relationship doctor David Hawkins offers help for those caught unavoidably in the craziness of a disordered person's life. With clear explanations, examples, and real life solutions, Hawkins shows readers how to develop healthy life skill tools and boundaries when, why, and how to confront a person who drives them crazy how disordered people think, act, and see the world Anyone trapped in another person's cycle of disorder will discover ways to change their own response,

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perspective, and communication, and ultimately will find the hope of peace in the chaos.

This is the second volume of a trilogy that began with *Power vs. Force* and will be completed in the year 2002 by the publication of the third volume entitled *I: Reality and Subjectivity*. *The Eye of the I* (which calibrates at 950) is more advanced than *Power vs. Force* (which calibrates at 850) and brilliantly reveals the very core of the spiritual process critical to the state of Enlightenment. The intrinsic power of the information provided in this startling classic is sufficient of itself to elevate the consciousness of the reader. This likelihood has been anticipated and provided for by preparatory recontextualizations. Included are verbatim dialogues with advanced students, instructions, and explanations that illuminate the spiritual teachings. *The Eye of the I* is a brilliant work that dissolves the barriers between the known and the unknown, between science and spirituality, and between the Newtonian linear paradigm of the ego and the nonlinear reality of Enlightenment. With the resolution of the self, the Self shines forth and reveals one's true identity.

Imagine—what if you had access to a simple yes-or-no answer to any question you wished to ask? A demonstrably true answer. Any question . . . think about it.— from the Foreword We think we live by forces we control, but in fact we are governed by power from unrevealed sources, power over which we have no control.— from the author's Preface The universe holds its breath as we choose, instant by instant, which pathway to follow; for the universe, the very essence of

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life itself, is highly conscious. Every act, thought, and choice adds to a permanent mosaic; our decisions ripple through the universe of consciousness to affect the lives of all.— from Power vs. Force "[A] beautiful gift of writing . . . [You] spread joy, love, and compassion through what you write. The fruit of these three is peace, as you know . . ."— Mother Teresa ". . . particularly timely . . . a significant contribution to understanding and dealing with the problems we face today."— Lee Iacocca "I especially appreciate [the] research and presentation on the attractor patterns of business . . ."— Sam Walton "Overwhelming! A masterpiece! A lifetime work!"— Sheldon Deal, President, International College of Applied Kinesiology

"What happened to the passion we started with? Why aren't we as close as we used to be?" PROBLEM: If you are a woman who is unfulfilled in your marriage...if you feel unheard or overburdened...if you quietly live in a state of slow-burn resentment... PROBLEM: If you are a man unhappy that your partner seems so unhappy with you...if you feel bewildered, unappreciated, or betrayed... This book offers a solution Bestselling author and nationally renowned therapist Terrence Real unearths the causes of communication blocks between men and women in this groundbreaking work. Relationships are in trouble; the demand for intimacy today must be met with new skills, and Real -- drawing on his pioneering work on male depression -- gives both men and women those skills, empowering women and connecting men, radically reversing the attitudes and emotional stumbling blocks of the patriarchal culture in which we were raised. Filled

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with powerful stories of the couples Real treats, no other relationship book is as straight talking or compelling in its innovative approach to healing wounds and reconnecting partners with a new strength and understanding.

A bold reimagining of Maslow's famous hierarchy of needs--and new insights for realizing your full potential and living your most creative, fulfilled, and connected life. When psychologist Scott Barry Kaufman first discovered Maslow's unfinished theory of transcendence, sprinkled throughout a cache of unpublished journals, lectures, and essays, he felt a deep resonance with his own work and life. In this groundbreaking book, Kaufman picks up where Maslow left off, unraveling the mysteries of his unfinished theory, and integrating these ideas with the latest research on attachment, connection, creativity, love, purpose and other building blocks of a life well lived. Kaufman's new hierarchy of needs provides a roadmap for finding purpose and fulfillment--not by striving for money, success, or happiness, but by becoming the best version of ourselves, or what Maslow called self-actualization. While self-actualization is often thought of as a purely individual pursuit, Maslow believed that the full realization of potential requires a merging between self and the world. We don't have to choose either self-development or self-sacrifice, but at the highest level of human potential we show a deep integration of both. Transcend reveals this level of human potential that connects us not only to our highest creative potential, but also to one another. With never-before-published insights and new research findings, along with exercises and opportunities to gain insight into

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your own unique personality, this empowering book is a manual for self-analysis and nurturing a deeper connection not only with our highest potential but also with the rest of humanity.

Explores the ego's expressions and inherent limitations and gives detailed explanations and instructions on how to transcend them. It expands the understanding of the levels of consciousness as presented in the widely-acclaimed Map of Consciousness. The book focuses on the individual, and studies the experiential subjective blocks to the advancement of awareness, at each level of consciousness. This leads to progressive spiritual awareness and on to higher levels of consciousness, providing specific steps for transcending each level, preparatory to advanced states such as Enlightenment itself. By analyzing the various obstacles and levels to be transcended, certain principles that support spiritual evolution are self-revealing. This book is therefore a practical manual rather than a comprehensive analysis. Letting Go describes a simple and effective means by which to let go of the obstacles to Enlightenment and become free of negativity. During the many decades of the author's clinical psychiatric practice, the primary aim was to seek the most effective ways to relieve human suffering in all of its many forms. The inner mechanism of surrender was found to be of great practical benefit and is described in this book. Dr Hawkins's previous books focused on advanced states of awareness and Enlightenment. Over the years, thousands of students had asked for a practical technique by which to remove the inner blocks to happiness, love, joy, success, health

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and, ultimately, Enlightenment. This book provides a mechanism for letting go of those blocks. The mechanism of surrender that Dr Hawkins describes can be done in the midst of everyday life. The book is equally useful for all dimensions of human life: physical health, creativity, financial success, emotional healing, vocational fulfillment, relationships, sexuality and spiritual growth. It is an invaluable resource for all professionals who work in the areas of mental health, psychology, medicine, self-help, addiction recovery and spiritual development.

Discusses research findings, clinical procedures, and theoretical bases for the application of orthomolecular principles to cases of schizophrenia, alcoholism, and drug addiction where perceptual dysfunction and chemical-nutritive brain imbalances are indicated.

Bibliogs

“When we have the courage to speak our truth, no matter how difficult that may be, we tap into the infinite power that lies within us.” — Miranda Kerr The former Victoria Secret model and entrepreneur shares inspiring affirmations for becoming a healthier, happier, and more confident you. Following the overwhelming response to her first book, *Treasure Yourself*, Miranda Kerr continues to explore similar themes of self-love and positivity in this moving follow-up. Miranda is a mother, a world-famous model, and the co-founder of her own skincare company, but the road to success has not always been easy. She understands how challenging it can be for women to feel empowered in all areas of life—but she also knows that it's possible to achieve just that. In *Empower Yourself*, Miranda explains how using positive affirmations has allowed her facilitate meaningful

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changes in her own life and in the lives of others. Touching on wellness, relationships, happiness, and so much more, she shares over 250 personal affirmations that can help you feel more empowered than ever before.

In *Treasure Yourself*, international supermodel Miranda Kerr offers her own view on how her generation and those following can achieve greater health and happiness. Miranda believes that one of the most powerful tools to facilitate change is positive affirmation and she has collected over 100 affirmations from some of the world's most inspirational authors including Louise L. Hay, Wayne W. Dyer, Deepak Chopra and many more.

Reveals a breakthrough in documenting a new era of human knowledge. Only in the last decade has a science of Truth emerged that, for the first time in human history, enables the discernment of truth from falsehood. Presented are discoveries of an enormous amount of crucial and significant information of great importance to mankind. Truth and Reality, Dr. Hawkins states, have no secrets, and everything that exists now or in the past- even a thought- is identifiable and calibratable from the omnipresent field of Consciousness itself.

To truly heal is to "make whole" on all levels, in contrast to "treating" which is limited and short-sighted, as Hawkins has emphasized in his best-selling series of books on human consciousness. These holistic lectures were first presented to a variety of recovery organizations and clinicians from diverse backgrounds. The emphasis is on recovery in its fullest sense - mental, physical, psychological and spiritual. Hawkins draws from a diverse clinical background of over 50 years as a leader in the field.--

What blocks spiritual progress? And how do we transcend these blocks? The spiritual teachings of David R. Hawkins on the nature of consciousness, spirit, and ego are known

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worldwide by students seeking to realize spiritual Truth. As a mystic, Dr. Hawkins has infused the truths found in the precepts of Western religion with the core of Eastern philosophy, bridging the familiar, physical world to the nonlinear, spiritual domain. This collection of passages, carefully selected from Dr. Hawkins's extensive writings, offers readers a new contemplation for each day. Any one of these passages, fully understood, can elevate one's level of consciousness.

David R. Hawkins details how anyone may resolve the most crucial of all human dilemmas: how to instantly determine the truth or falsehood of any statement or supposed fact. Dr. Hawkins, who worked as a "healing psychiatrist" during his long and distinguished career, uses theoretical concepts from particle physics, nonlinear dynamics, and chaos theory to support his study of human behavior. This is a fascinating work that will intrigue readers from all walks of life!

What is consciousness? Much as the ocean is an enormous compendium of individual raindrops, human consciousness is made up of billions of individual minds...Purchase this in-depth summary to learn more.

An accessible exploration of best-selling author's most famous work, *The Map of Consciousness*, that helps readers experience healing and transcendence. We are all born with a level of consciousness, an energetic frequency within the vast field of consciousness. And with *The Map of Consciousness*, we can truly understand the total spectrum of human consciousness. Using a unique muscle-testing method, Dr. David R. Hawkins conducted more than 250,000 calibrations during 20 years of research to define a range of values, attitudes, and emotions that correspond to levels of consciousness. This range of values-along with a logarithmic scale of 1 to 1,000-became the *Map of Consciousness*, which Dr. Hawkins first wrote about in his best-selling book, *Power*

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vs. Force. With the Map, Dr. David R. Hawkins laid out the entire spectrum of consciousness, from the lower levels of Shame, Guilt, Apathy, Fear, Anger, and Pride; to Courage, Acceptance, and Reason; all the way up to the more expanded levels of Love, Ecstasy, Peace, and Enlightenment. These "higher" energy fields are a carrier wave of immense life energy. An essential primer on the late Dr. David R. Hawkins's teachings on human consciousness and their associated energy fields, *The Map of Consciousness Explained* offers readers an introduction and deeper understanding of the Map, with visual charts and practical applications to help them heal, recover, and evolve to higher levels of consciousness and energy. This book is a light unto the path of any individual who wants to become more effective in any area of life.

This book by dream expert Leon Nacson is more than just a dream dictionary or a thesaurus. It is a definitive dream decoder. Finally, you can simply and effortlessly discover the true meaning behind the symbols in your dreams. Unlike traditional dream dictionaries, this book presents the meanings behind modern-day symbols such as mobile phones, boom boxes, and DVD players. For example, spiders are becoming more common in dreams because we spend more time on the World Wide Web these days. Traditional dictionaries might simply describe spiders as symbols of danger and entrapment. Ultimately, this book will become the benchmark for accurate dream interpretation.

A simple yet comprehensive guide to the types of psychologies and therapies available from Eastern and Western sources. Each chapter includes a specific exercise designed to help the reader understand the nature and practice of the specific therapies. Wilber presents an easy-to-use map of human consciousness against which the various therapies are introduced and explained. This edition includes

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a new preface.

To make the journey into the Now we will need to leave our analytical mind and its false created self, the ego, behind. From the very first page of Eckhart Tolle's extraordinary book, we move rapidly into a significantly higher altitude where we breathe a lighter air. We become connected to the indestructible essence of our Being, "The eternal, ever present One Life beyond the myriad forms of life that are subject to birth and death." Although the journey is challenging, Eckhart Tolle uses simple language and an easy question and answer format to guide us. A word of mouth phenomenon since its first publication, *The Power of Now* is one of those rare books with the power to create an experience in readers, one that can radically change their lives for the better.

Explores the ego's expressions and inherent limitations and gives detailed explanations and instructions on how to transcend them. It expands the understanding of the levels of consciousness as presented in the widely-acclaimed *Map of Consciousness*. The book focuses on the individual, and studies the experiential subjective blocks to the advancement of awareness, at each level of consciousness. This leads to progressive spiritual awareness and on to higher levels of consciousness, providing specific steps for transcending each level, preparatory to advanced states such as Enlightenment itself. By analyzing the various obstacles and levels to be transcended, certain principles that support spiritual evolution are self-revealing. This book is therefore a practical manual rather than a comprehensive analysis.

Are humans unwitting partners in evolution with psychedelic plants? *Darwin's Pharmacy* shows they are by weaving the evolutionary theory of sexual selection and the study of rhetoric together with the science and literature of psychedelic drugs. Long suppressed as components of the human tool kit,

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psychedelic plants can be usefully modeled as eloquence adjuncts that intensify a crucial component of sexual selection in humans: discourse. Psychedelic plants seduce us to interact with them, building an ongoing interdependence: rhetoric as evolutionary mechanism. In doing so, they engage our awareness of the noosphere, or thinking stratum of the earth. The realization that the human organism is part of an interconnected ecosystem is an apprehension of immanence that could ultimately benefit the planet and its inhabitants. To explore the rhetoric of the psychedelic experience and its significance to evolution, Doyle takes his readers on an epic journey through the writings of William Burroughs and Kary Mullis, the work of ethnobotanists and anthropologists, and anonymous trip reports. The results offer surprising insights into evolutionary theory, the war on drugs, the internet, and the nature of human consciousness itself. Watch the book trailer: <https://www.youtube.com/watch?v=xof-t2cAob4>

Presents a groundbreaking investigation into the origins of morality at the core of religion and politics, offering scholarly insight into the motivations behind cultural clashes that are polarizing America.

The goal of an "integral psychology" is to honor and embrace every legitimate aspect of human consciousness under one roof. This book presents one of the first truly integrative models of consciousness, psychology, and therapy. Drawing on hundreds of sources—Eastern and Western, ancient and modern—Wilber creates a psychological model that includes waves of development, streams of development, states of consciousness, and the self, and follows the course of each from subconscious to self-conscious to superconscious. Included in the book are charts correlating over a hundred psychological and spiritual schools from around the world, including Kabbalah, Vedanta, Plotinus, Teresa of Ávila, Aurobindo, Theosophy, and modern theorists such as Jean

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Piaget, Erik Erikson, Jane Loevinger, Lawrence Kohlberg, Carol Gilligan, Erich Neumann, and Jean Gebser. Integral Psychology is Wilber's most ambitious psychological system to date and is already being called a landmark study in human development.

"Françoise Bourzat has written an authoritative book on guided psychedelic therapy with important lessons for anyone thinking of either guiding or being guided." —Michael Pollan via Twitter A comprehensive guide to the safe and ethical application of expanded states of consciousness for therapists, healing practitioners, and sincere explorers Psychedelic medicines also known as entheogens are entering the mainstream. And it's no wonder: despite having access to the latest wellness trends and advances in technology, we're no healthier, happier, or more meaningfully connected. Psilocybin mushrooms, ayahuasca, and LSD—as well as other time-tested techniques with the power to shift consciousness such as drumming, meditation, and vision quests—are now being recognized as potent catalysts for change and healing. But how do we ensure that we're approaching them effectively? Françoise Bourzat—a counselor and experienced guide with sanctioned training in the Mazatec and other indigenous traditions—and healer Kristina Hunter introduce a holistic model focusing on the threefold process of preparation, journey, and integration. Drawing from more than thirty years of experience, Bourzat's skillful and heartfelt approach presents the therapeutic application of expanded states, without divorcing them from their traditional contexts. Consciousness Medicine delivers a coherent map for navigating nonordinary states of consciousness, offering an invaluable contribution to the field of healing and transformation.

It is often assumed that there are two ways of interpreting the world: a rational scientific way, or an irrational religious way.

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Spiritual Science offers a third alternative: a spiritual view of reality that transcends both conventional science and religion, and answers many of the riddles that neither can explain. The standard model of science has had little success in explaining such areas as human consciousness, the connection between the mind and the body, altruism and ‘anomalous’ phenomena such as near-death experiences, psi phenomena (such as telepathy) and spiritual experiences. But from a ‘panspiritist’ point of view – which sees spirit or consciousness as a fundamental essence of reality – it is possible to make sense of all these things. Steve Taylor puts forward the evidence for a spiritual view of reality, drawing on the insights of philosophers, physicists, mystics, as well as spiritual traditions and indigenous cultures. He systematically shows how a ‘panspiritist’ view can explain many puzzling aspects of science and the world, including evolution and the origins of life, and a wide range of other phenomena such as quantum physics, the placebo effect, precognition and neuroplasticity. Spiritual Science offers a new vision of the world that is compatible with both modern science and ancient spiritual teachings. It provides a more accurate and holistic account of reality than conventional science or religion, integrating a wide range of phenomena that are excluded from both. After showing how the materialist worldview demeans the world and human life, Spiritual Science offers a brighter alternative – a vision of the world as sacred and interconnected, and of human life as meaningful and purposeful. Spiritual Science explains how the standard materialist model of reality developed, and turned into a belief system. This belief system can only function by denying (or explaining away) a whole range of phenomena that are part of human experience. It is possible to be scientific without adopting this belief system – in fact, it is much more rational to do so.

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Learn to let go of the illusions of the ego and discover the real you with this collection of inspiring quotes on the ego, mind, and spiritual enlightenment from human-consciousness expert Dr. David R. Hawkins. Are you willing to let go of seeing yourself as the ego believes you to be? Are you willing to go further, to know that the ego itself is an illusion? In this book, select teachings from Dr. David R. Hawkins's extensive body of work will guide you in the process of realization, surrender, and transformation. When we let go of the old ways of thinking, our attachments, and the false promises of the ego, we discover the truth that we are one with All. Features classic passages, including: • It is not really necessary to subdue the ego, but merely to stop identifying with it. • Every life experience, no matter how "tragic," contains a hidden lesson. When we discover and acknowledge the hidden gift that is there, a healing takes place. • Enlightenment is not a condition to be obtained; it is merely a certainty to be surrendered to, for the Self is already one's Reality. It is the Self that is attracting one to spiritual information. • To be enlightened merely means that consciousness has realized its most inner, innate quality as nonlinear subjectivity and its capacity for awareness. • The only energy that has more power than the strength of the collective ego is that of Spiritual Truth. "This book is small in size, but it can have a massive impact on your life. It will take you through the process of a total transformation of consciousness—if you choose to apply its teachings deeply within yourself." — From the Introduction by Fran Grace, Ph.D.

How does one traverse the spiritual landscape to move beyond suffering to experience the peace and love of God, to dissolve illusion and realize the state of enlightenment? In this collection of inspiring

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passages from David R. Hawkins's work, the reader is reminded of the illusory nature of the personal self (identification of the ego/mind) and the direct pathways to dissolve the ego/mind's trappings. This pocket edition is designed especially for today's spiritual student on the go, to inspire contemplation and reflection during a break at work, while hiking in the woods, during a quiet coffee-shop moment, on an airplane, with a partner—in whatever environment one finds oneself. *Dissolving the Ego, Realizing the Self* is a reliable companion on the aspirant's quest toward higher truth.

I: Reality and Subjectivity explains the very essence of consciousness as it evolved from its primordial appearance as life on earth, on up through evolution as the human ego, and hence, the transcendence of the ego as the spiritual Reality of Enlightenment and the Presence of Divinity. The uncommon clarity and lucidity with which the highly evolved subject matter is presented facilitates the reader's understanding and comprehension. The nature of consciousness is described in terms that recontextualize and simplify the spiritual process. The nonlinear reality of the enlightened sage is thereby made comprehensible to the reasoning mind.

"*The Varieties of Religious Experience* is certainly the most notable of all books in the field of the psychology of religion and probably destined to be the most influential [one] written on religion in the

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twentieth century," said Walter Houston Clark in Psychology Today. The book was an immediate bestseller upon its publication in June 1902.

Reflecting the pluralistic views of psychologist-turned-philosopher William James, it posits that individual religious experiences, rather than the tenets of organized religions, form the backbone of religious life. James's discussion of conversion, repentance, mysticism, and hope of reward and fears of punishment in the hereafter--as well as his observations on the religious experiences of such diverse thinkers as Voltaire, Whitman, Emerson, Luther, Tolstoy, and others--all support his thesis. "James's characteristic humor, his ability to put down the pretentious and to be unpretentious, and his willingness to take some risks in his choices of anecdotal data or provocative theories are all apparent in the book," noted Professor Martin E. Marty. "A reader will come away with more reasons to raise new questions than to feel that old ones have been resolved."

The now widely known Map of calibrated levels of Consciousness was presented in Power vs. Force in 1995 and has been translated into all the world's major languages. This was followed by The Eye of the I (2001), I: Reality and Subjectivity (2003), and Truth vs. Falsehood (2005), which explored the levels of Truth reflected throughout society.

Transcending the Levels of Consciousness returns

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to the exploration of the ego's expressions and inherent limitations and gives detailed explanations and instructions on how to transcend them. As with the reading of Dr. Hawkins' previous books, the reader's level of consciousness is advanced as a consequence of exposure to the information itself. This opens up avenues to the relief of suffering for oneself and others, which fulfills the purpose of the work and the intention to facilitate the reader's own Enlightenment.

The 10th anniversary edition of *A New Earth* with a new preface by Eckhart Tolle. With his bestselling spiritual guide *The Power of Now*, Eckhart Tolle inspired millions of readers to discover the freedom and joy of a life lived "in the now." In *A New Earth*, Tolle expands on these powerful ideas to show how transcending our ego-based state of consciousness is not only essential to personal happiness, but also the key to ending conflict and suffering throughout the world. Tolle describes how our attachment to the ego creates the dysfunction that leads to anger, jealousy, and unhappiness, and shows readers how to awaken to a new state of consciousness and follow the path to a truly fulfilling existence.

Illuminating, enlightening, and uplifting, *A New Earth* is a profoundly spiritual manifesto for a better way of life—and for building a better world.

In this accessible overview of current knowledge, an expert team of editors and authors describe

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experimental approaches to consciousness. These approaches are shedding light on some of the hitherto unknown aspects of the distinct states of human consciousness, including the waking state, different states of sleep and dreaming, meditation and more. The book presents the latest research studies by the contributing authors, whose specialities span neuroscience, neurology, biomedical engineering, clinical psychology and psychophysiology, psychosocial medicine and anthropology. Overall this anthology provides the reader with a clear picture of how different states of consciousness can be defined, experimentally measured and analysed. A future byproduct of this knowledge may be anticipated in the development of systematic corrective treatments for many disorders and pathological problems of consciousness. Ever since the publication of his first book, *The Spectrum of Consciousness*, written when he was twenty-three, Ken Wilber has been identified as the most comprehensive philosophical thinker of our times. This introductory sampler, designed to acquaint newcomers with his work, contains brief passages from his most popular books, ranging over a variety of topics, including levels of consciousness, mystical experience, meditation practice, death, the perennial philosophy, and Wilber's integral approach to reality, integrating matter, body, mind, soul, and spirit. Here is Wilber's writing at its most reader-

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friendly, discussing essential ideas of the world's great psychological, philosophical, and spiritual traditions in language that is lucid, engaging, and inspirational.

A provocative and balanced examination of our current social and political situation—by a cutting-edge philosopher of our times. The world is in turmoil. As populist waves roil in the UK, Europe, Turkey, Russia, Asia—and most visibly, the U.S., with the election of Donald Trump—nationalist and extremist political forces threaten the progress made over many decades. Democracies are reeling in the face of nihilism and narcissism. How did we get here? And how, with so much antagonism, cynicism, and discord, can we mend the ruptures in our societies? In this provocative work, philosopher Ken Wilber applies his Integral approach to explain how we arrived where we are and why there is cause for hope. He lays much of the blame on a failure at the progressive, leading edge of society. This leading edge is characterized by the desire to be as just and inclusive as possible, and to it we owe the thrust toward women's rights, the civil rights movement, the environmental movement, and the concern for oppression in all its forms. This is all evolutionarily healthy. But what is unhealthy is a creeping postmodernism that is elitist, “politically correct,” insistent on an egalitarianism that is itself paradoxically hierarchical, and that looks down on

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“deplorable.” Combine this with the techno-economic demise of many traditional ways of making a living, and you get an explosive mixture. As Wilber says, for some Trump voters: “Everywhere you are told that you are fully equal and deserve immediate and complete empowerment, yet everywhere you are denied the means to actually achieve it. You suffocate, you suffer, and you get very, very mad.” It is only when members of society’s leading edge can heal themselves that a new, Integral evolutionary force can emerge to move us beyond the social and political turmoil of our current time to offer genuine leadership toward greater wholeness.

A land at war, a failing king, a light in the forest ... Centuries ago, the powerful Alpine lords colonised the Great Forest. The native Silvan elves were accepting at first, but one elf's lust for power is threatening peace and driving a wedge between the two, immortal races. Leaders against followers, commanders against warriors. Fel'ann r is an orphan with a million questions and no answers - his Silvan mother died and no one speaks of his Alpine father. With the face of an Alpine and the heart of a Silvan, the boy steps into this conflicted world with nothing in his pocket but a dream: to be a Silvan captain in an army commanded by Alpines, an army desperately struggling to hold its borders. Fel'ann r's path as a novice warrior will teach him more than warfare. Embarking on a journey of self-discovery,

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he must learn to deal with his personal conflicts and with an emerging power he is yet to understand. From recruit to novice warrior and beyond, Fel'ann r is the Silvan that could change the balance of power and alter his world forever. "A brilliant and exciting work of fantasy. Enter the world of Bel'ar n and meet Fel'annar and his friends in this fast paced tale. I loved this one, and can't wait to see what happens next Great characters, strong plot, beautiful world building, and plenty of action This story pulls you in, and doesn't let up until it's over Easy to follow and entertaining from cover to cover, you don't want to miss it " Adventures Thru Wonderland "Captivating, intriguing and thrilling ... this was a one sit roller-coaster ride of adventure, courage and mystery for me. I loved it and would recommend it to everyone. The characters were well developed, strong and engaging with a thrilling plot and a hooking prose." readdayandnight.com

This is a book on Spectral Consciousness, Reality Creation, Levels of Energy and Emotion and your Relationship to Infinity. It is dedicated to the Spiritual Development of mankind. The premise of this book is that there are clearly definable, perceivable and achievable qualities or "levels" of energy and that each level corresponds with specific physical, mental and emotional realities.

This Book of Slides is a comprehensive "atlas" of the vast terrain covered by Dr. David R. Hawkins in his

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public lectures, 2002-2011. It contains the compendium of his lecture slides, along with a summary of his teaching at each lecture. Far from being a dry read, this book is filled with real life examples, humorous anecdotes, and personal experiences of "Doc" never before found in written form. Widely appreciated for his unusual capacity to illumine the Real in everyday terms, Dr. Hawkins lectured on such vital topics as The Nature of God, Nonduality, Self-Realization, Spirituality in the Modern World, Spiritual Community, Spiritual Teachers, The Way of Devotion, Qualities of the Spiritual Seeker, Love, Success, and Happiness. The classic work that redefined the sociology of knowledge and has inspired a generation of philosophers and thinkers In this seminal book, Peter L. Berger and Thomas Luckmann examine how knowledge forms and how it is preserved and altered within a society. Unlike earlier theorists and philosophers, Berger and Luckmann go beyond intellectual history and focus on commonsense, everyday knowledge—the proverbs, morals, values, and beliefs shared among ordinary people. When first published in 1966, this systematic, theoretical treatise introduced the term social construction, effectively creating a new thought and transforming Western philosophy.

Transcending the Levels of Consciousness
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Hay House, Inc

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The sixth book in a progressive series by Dr. David R. Hawkins, this work finalizes and further clarifies the true nature and core of the condition termed Enlightenment. It is primarily an instruction manual for the serious spiritual devotee and reveals information only known by those who have transcended the ego to reach Divine Realization. This is the inner route from the self to the Self, and the descriptions of the progressive states are devoted to the reader's own illumination. This work will appeal to those who themselves are dedicated to the spiritual Reality of Truth as the direct pathway to God.

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