

Kuesioner Sikap Ibu Nifas

Cervical cancer is the second most common cancer among women worldwide, with 80 per cent of deaths occurring in developing countries. It is an important area for cancer control programmes because of the burden of the disease and the potential for effective prevention via screening. This publication is based on a comprehensive consultation undertaken by WHO in 2001, involving leading experts in the field of cancer epidemiology, screening and treatment. It focuses on the current situation in low and middle income countries, discusses the efficacy of screening methods available, and assesses potential future developments.

Medizinische Anthropologie.

The classic guide of the post-Dr. Spock generation has been revised to include the latest information on virtually every aspect of infant and baby care. THE BABY BOOK is unrivaled in its scope and authority, and presents a practical, contemporary approach to parenting that reflects the way we live today. Focusing on the essential needs of babies--eating, sleeping, development, health, and comfort--it addresses the questions of greatest concern to parents. The Seares acknowledge that there is no one way to parent a baby, and they offer the basic guidance and inspiration you need to develop the parenting style that best suits you and your child. THE BABY BOOK is a rich and invaluable resource that will help you get the most out of parenting--for your child, for yourself, and for your entire family.

Penelitian adalah hal penting dalam berbagai bidang kehidupan manusia di bumi ini.

Perkembangan ilmu pengetahuan dan teknologi tidak terlepas dari aktivitas dunia penelitian, demikian juga di bidang pendidikan dan kesehatan. Perkembangan ataupun kemajuan di berbagai hal di kedua bidang tersebut sangat dipengaruhi oleh aktivitas atau keberhasilan penelitian di bidangnya masing-masing. Kehadiran buku ini adalah ingin menjawab semua permasalahan di atas, baik yang dihadapi oleh peneliti, terutama penelitipemula maupun kesulitan yang dihadapi oleh mahasiswa baik sarjana maupun pasca sarjana dalam membuat proposal penelitian bidang kesehatan (keperawatan, kebidanan, kesehatan masyarakat, dan lain-lain).

Despite recent declines in infant mortality, the rates of low birthweight deliveries in the United States continue to be high. Part I of this volume defines the significance of the problems, presents current data on risk factors and etiology, and reviews recent state and national trends in the incidence of low birthweight among various groups. Part II describes the preventive approaches found most desirable and considers their costs. Research needs are discussed throughout the volume.

The complete textbook on complementary therapies in maternity care, this book addresses how midwives and other birth professionals can use or advise on complementary therapies for pregnant, labouring and new mothers. Almost 90% of women may be using complementary therapies during pregnancy and birth, and increasingly midwives and doulas incorporate therapies into their care of women, so it is vital that they and other professionals in the maternity care field are aware of safe and appropriate use based on contemporary evidence. Therapies covered include acupuncture, herbal medicine, homeopathy, aromatherapy, reflexology, yoga, massage and hypnosis. This complete guide to complementary therapies in pregnancy and childbirth covers safety, effectiveness, evidence, benefits and risks, legal, ethical and professional issues based on accurate and up-to-date research.

Postpartum hemorrhage is a major cause of maternal mortality - especially in the developing world. Estimates vary but it can confidently be stated that well over 250,000 women die as a result of the condition every year. Many of these deaths could be prevented by better and more appropriate treatment, delivered within a time-critical framework. The objective of this book is to bring together within a single volume the most up to date information about the epidemiology, diagnosis and management of postpartum hemorrhage. Whilst much has been

published on the subject a truly comprehensive synthesis of this kind has never before been attempted. This volume sets out, therefore, to provide physicians with an overall clinical perspective that has hitherto been unavailable. The volume is essentially practical in orientation addressing specific issues that confront any obstetrician responsible for the management of postpartum hemorrhage. In particular it features new surgical techniques that have been shown to be markedly successful and straight forward to apply, and which have clear advantages over emergency hysterectomy in many instances. Other important issues that are reviewed in detail include causation, prevention, therapy for atonic and non-atonic conditions, and long term consequences. Written by an international team of specially invited experts, this book should meet a genuine need. In particular it is hoped it will contribute in a practical way to management of postpartum hemorrhage in developing countries where scarcity of resources may be compounded by a lack of clinically reliable information about the latest therapeutic advances.

How far would you go to resist a brutal regime? Young Starsin sees a friend murdered by a High Master of the Virnal dictatorship. He makes a first act of resistance, only to fear the consequences as he comes under the Virnals' suspicious eye. Meanwhile, a mysterious adventuress is tracking him for her own ends. How long can he survive? The ruthless Virnal Order rules over the Empire of Satine by fear, guile and an iron hand. Lethal poisons from a past cataclysm are leaking from the ground, causing sickness and death. Unseen insurgency seeks to overturn the established order. Starsin only ever wanted a simple life, pursuing his own selfish interests, maintaining a mistress and adding to his meager army pay by trading in ancient artifacts. But soon he is marked down as a trouble-maker and potential rebel. Implicated in sedition, and with both the Virnals and a mysterious adventuress named Lannaira Hajan taking an unhealthy interest in him, Starsin's mundane life is turned upside down. His own ambiguous past threatens an explosive revelation. Take a journey across a troubled land with Starsin, as he battles the Virnals, uncovers shocking secrets and finds that he is not the man he thought he was. Will he survive his quest?

Each year, almost 11 million children under five years of age die from largely preventable causes, whilst about half a million women die in pregnancy, childbirth or soon after. This year's report focuses on maternal, newborn and child health issues as an integral part of progress towards achieving the Millennium Development Goals targets and promoting poverty reduction. It identifies exclusion as a key feature of inequity as well as a barrier to progress, and sets out strategies required to ensure universal access to health care and social health insurance systems for every mother and child, through a continuum that extends from pregnancy through childbirth, the neonatal period and childhood.

The causes, development and outcomes of disorders are determined by the relationship of psychological, social and cultural factors with biochemistry and physiology. Biochemistry and physiology are not disconnected and different from the rest of our experiences and life events. This system is based on current studies that report that the brain and its cognitive processes show a fantastic synchronization. Written by the foremost experts on Affective Disorders worldwide, this book is characterized by its innovative, refreshing, and highly sensitive perspective on current knowledge of diagnostic, neurobiology, early life stress and treatment of Mood Disorders. The authors share a deep understanding of unique challenges and difficulties involved in Affective Disorders, and have achieved a balance among clinical, research and new treatment approaches to Affective Disorders. The chapters are written in a comprehensive, easily readable, and highly accessible style, stimulating

readers, clinicians and researchers.

Menyusun Kurikulum Pendidikan Tenaga KesehatanDeepublish

The best-selling general psychiatry text since 1972, Kaplan and Sadock's Synopsis of Psychiatry is now in its thoroughly updated Tenth Edition. This complete, concise overview of the entire field of psychiatry is a staple board review text for psychiatry residents and is popular with a broad range of students and practitioners in medicine, clinical psychology, social work, nursing, and occupational therapy. The book is DSM-IV-TR compatible and replete with case studies and tables, including ICD-10 diagnostic coding tables. You will also receive access to the complete, fully searchable online text, an online test bank of approximately 100 multiple-choice questions and full answers, and an online image bank at www.synopsisofpsychiatry.com.

The World Health Statistics series is WHO's annual compilation of health-related data for its 194 Member States and includes a summary of the progress made towards achieving the health-related Millennium Development Goals (MDGs) and associated targets. This year it also includes highlight summaries on the topics of noncommunicable diseases universal health coverage and civil registration coverage. The series is produced by the WHO Department of Health Statistics and Information Systems of the Innovation Information Evidence and Research Cluster. As in previous years World Health Statistics 201.

Designed to meet the needs of today's students, Lowdermilk's Maternity Nursing, 8th Edition - Revised Reprint addresses the fundamentals of maternity nursing with a concise, focused presentation of the care of women during the childbearing years. Integrating considerations for family, culture, and health promotion into the continuum of care, it also addresses community-based care to emphasize that nursing care takes place in many settings. Maternity Nursing focuses on childbearing issues and concerns, including care of the newborn, as well as wellness promotion and management of common women's health problems. Critical thinking exercises present case studies of real-life situations and corresponding critical thinking questions to help you develop your analytical skills. NEW! A helpful appendix identifies text content that reflects the QSEN competencies - patient-centered care, teamwork and collaboration, evidence-based practice, quality improvement, safety, and informatics - to assist you in developing competencies to provide safe and effective nursing care. NEW! Focus on the family recognizes the nurse's need to integrate the family in the care of the mother and newborn and the importance of the role of the mother to the wellbeing of the family. NEW! Content updates throughout, including information on the late preterm infant and associated concerns such as feeding; guidelines on prioritization and delegation where relevant; and centering pregnancy, a new model of health care that brings women together in groups for their care. NEW! Evidence-based practice content focuses your attention on how to use current research to improve patient outcomes. NEW! Improved readability helps you learn more efficiently with shorter, more focused content discussions. NEW! 21st Century Maternity Nursing: Culturally Competent, Community Focused chapter combines introductory material, culture, and community into one chapter to help you focus on key content and concepts. NEW! Streamlined content highlights the most essential, need-to-know information.

'I wish I had read this book sooner, I tell every new mum about it!' Millie Mackintosh Packed with tips, hints and reminders, case studies and at-a-glance charts to help you

track your baby's progress, The Sensational Baby Sleep Plan is a step-by-step, must-have manual to ensure sleep for you and your baby. *Newly updated in 2021* The Sensational Baby Sleep Plan gives parents: * Realistic, easy to follow advice and guidance * Sensible feeding plans that can be tailored to suit the individual * Simple explanations of how to interpret different cries * Useful tips to encourage belief and trust in their parental instincts * Solutions to common issues and problems, as well as in-depth explanations on how to cope with reflux and dietary related colic. * Happy babies that sleep through the night and have structured naps from around 2 months. Baby care consultant Alison Scott-Wright takes the stress and tension out of those early weeks and offers the ultimate plan that will ensure your baby sleeps soundly during the day, and for a full 12 hours during the night from around 8-10 weeks, without the need for night feeds! The Sensational Baby Sleep Plan is changing parents' lives: ***** 'This book is a Godsend . . . simple, supportive and easy to apply.' ***** 'Literally changes our lives . . . absolutely invaluable advice.' ***** 'This books now allows our little one to enjoy her sleep . . . She is a happy content smiley baby now and so are mummy and daddy!' Coming July 2021: The Sensational Toddler Sleep Plan

"The World Health Organisation had just published a generic assessment instrument to measure general health and disability levels: the WHO Disability Assessment Schedule, WHODAS 2.0. WHODAS 2.0 is based on the International Classification of Functioning, Disability and Health (ICF). It was developed and tested internationally and is applicable in different cultures both in general populations and in clinical settings. It can be used as a general measure across all diseases. This manual is aimed at public health professionals, doctor, other health professionals (for example rehabilitation professionals, physical therapists and occupational therapists), health policy planners, social scientists and others involved in studies on disability and health." -- Publisher.

Generalized Anxiety Disorder occurs in approximately 4% of the population and is characterized by excessive uncontrollable worry about everyday things. The constant worry can be extremely impairing if left untreated, even to the point of causing physical symptoms. Written by the developers of an empirically supported and effective cognitive-behavioral therapy program for treating GAD, this second edition therapist guide includes all the information and materials necessary to implement a successful treatment protocol. The therapeutic technique described in this book is research-based with a proven success rate when used in both individual and group formats, as well as with clients currently taking medication. Designed to be used in conjunction with its corresponding workbook, this therapist guide outlines a 10-session program comprised of four primary treatment modules including, cognitive restructuring, progressive muscle relaxation, worry exposures, and in vivo exposure exercises. New features to this edition include expanded chapters that provide detailed instructions for conducting each session, session outlines, and recommended homework assignments. This user-friendly guide is a dependable resource that no clinician can do without! TreatmentsThatWork™ represents the gold standard of behavioral healthcare interventions! · All programs have been rigorously tested in clinical trials and are backed by years of research · A prestigious scientific advisory board, led by series Editor-In-Chief David H. Barlow, reviews and

evaluates each intervention to ensure that it meets the highest standard of evidence so you can be confident that you are using the most effective treatment available to date · Our books are reliable and effective and make it easy for you to provide your clients with the best care available · Our corresponding workbooks contain psychoeducational information, forms and worksheets, and homework assignments to keep clients engaged and motivated · A companion website (www.oup.com/us/ttw) offers downloadable clinical tools and helpful resources · Continuing Education (CE) Credits are now available on select titles in collaboration with PsychoEducational Resources, Inc. (PER)

The objectives of this resource are: -How to outline your problem-solving/decision-making process -The five tools that help you recognize a problem -How to analyze the problem and its cause -Eight tips to improve a team's decision-making process Contents: -Problem solving and decision making -Process overview -Communication dynamics -Problem recognition -Problem labeling -Problem analysis -Optional solutions -Decision making -Implementation.

The essential health behavior text, updated with the latest theories, research, and issues Health Behavior: Theory, Research and Practice provides a thorough introduction to understanding and changing health behavior, core tenets of the public health role. Covering theory, applications, and research, this comprehensive book has become the gold standard of health behavior texts. This new fifth edition has been updated to reflect the most recent changes in the public health field with a focus on health behavior, including coverage of the intersection of health and community, culture, and communication, with detailed explanations of both established and emerging theories. Offering perspective applicable at the individual, interpersonal, group, and community levels, this essential guide provides the most complete coverage of the field to give public health students and practitioners an authoritative reference for both the theoretical and practical aspects of health behavior. A deep understanding of human behaviors is essential for effective public health and health care management. This guide provides the most complete, up-to-date information in the field, to give you a real-world understanding and the background knowledge to apply it successfully. Learn how e-health and social media factor into health communication Explore the link between culture and health, and the importance of community Get up to date on emerging theories of health behavior and their applications Examine the push toward evidence-based interventions, and global applications Written and edited by the leading health and social behavior theorists and researchers, Health Behavior: Theory, Research and Practice provides the information and real-world perspective that builds a solid understanding of how to analyze and improve health behaviors and health. This data booklet highlights estimates of the prevalence of individual contraceptive methods based on the World Contraceptive Use 2019 (which draws from 1,247 surveys for 195 countries or areas of the world) and additional tabulations obtained from microdata sets and survey reports. The estimates are

presented for female and male sterilisation, intrauterine device (IUD), implant, injectable, pill, male condom, withdrawal, rhythm and other methods combined. This report showcases the state of inequality in Indonesia, drawing from the latest available data across 11 health topics (53 health indicators), and eight dimensions of inequality. In addition to quantifying the magnitude of health inequality, the report provides background information for each health topic, and discusses priority areas for action and policy implications of the findings. Indicator profiles illustrate disaggregated data by all applicable dimensions of inequality, and electronic data visuals facilitate interactive exploration of the data. This report was prepared as part of a capacity-building process, which brought together a diverse network of stakeholders committed to strengthening health inequality monitoring in Indonesia. The report aims to raise awareness about health inequalities in Indonesia, and encourage action across sectors.

World Health Statistics 2015 contains WHO's annual compilation of health-related data for its 194 Member States and includes a summary of the progress made towards achieving the health-related Millennium Development Goals (MDGs) and associated targets. This year it also includes highlight summaries on the topics of reducing the gaps between the world's most-advantaged and least-advantaged countries and on current trends in official development assistance (ODA) for health. As in previous years World Health Statistics 2015 has been compiled using publications and databases produced and maintained by WHO technical programmes and regional offices. A number of demographic and socioeconomic statistics have also been derived from databases maintained by a range of other organizations.

"This volume offers a comprehensive review of all the current knowledge on maternal role attainment since Reva Rubin's seminal work. Drawing from research in nursing, maternal-child health, psychology, sociology, and social work, the book examines the psychological transition to motherhood from a contemporary, multidisciplinary perspective." "Special circumstances such as preterm birth and single parenthood are discussed, as well as the effects of maternal employment and maternal age (such as teens and older mothers). This volume should be of value for use in courses in maternity nursing, women's studies, community and social psychology, and social work, as well as for health professionals providing care for the woman during pregnancy and early motherhood."--BOOK JACKET.Title Summary field provided by Blackwell North America, Inc. All Rights Reserved

The second edition of this quick reference handbook for obstetricians and gynecologists and primary care physicians is designed to complement the parent textbook *Clinical Obstetrics: The Fetus & Mother* The third edition of *Clinical Obstetrics: The Fetus & Mother* is unique in that it gives in-depth attention to the two patients – fetus and mother, with special coverage of each patient. *Clinical Obstetrics* thoroughly reviews the biology, pathology, and clinical management of disorders affecting both the fetus and the mother. *Clinical Obstetrics: The Fetus*

& Mother - Handbook provides the practising physician with succinct, clinically focused information in an easily retrievable format that facilitates diagnosis, evaluation, and treatment. When you need fast answers to specific questions, you can turn with confidence to this streamlined, updated reference.

Case reports and clinical trials conducted in various countries show, more and more frequently, a positive correlation between the presence of original teeth and prevalence of root caries in older age. Because this is a global trend, it is likely that the predicted increase in the worldwide elderly population may soon cause a significant increase in the number of people requiring effective means of preventing and treating root surface caries. In response to this development, a team of outstanding contributors has reviewed the most important aspects of root caries. This new volume presents their findings along with discussions of how to deal with this health issue that progressively affects the oral health balance. The chapters in this book are divided in four core parts: Epidemiology, Biological Determinants, Lesion Assessment and Features and Preventive and Operative Therapies. The collection of state-of-the-art articles provides a broad overview and will serve as a reference for clinicians as well as scientists and, hopefully, will encourage new research.

Provides physicians in all specialties with a concise reference on breastfeeding and human lactation.

Praise for the previous edition: "...An outstanding handbook. It will be a familiar volume on most midwifery bookshelves, providing an excellent guide to midwifery focused care of both woman and child in the birthing setting." - Nursing Times Online Providing a practical and comprehensive guide to midwifery care, *The Midwife's Labour and Birth Handbook* continues to promote best practice and a safe, satisfying birthing experience with a focus on women-centred care. Covering all aspects of care during labour and birth, from obstetric emergencies to the practicalities of perineal repair (including left-hand suturing), the fourth edition has been fully revised and updated to include: Full colour photographs of kneeling extended breech and footling breech births New water birth and breech water birth photographs Female genital mutilation Sepsis Group B streptococcus Care of the woman with diabetes /Neonatal hypoglycaemia Mental health Seeding/microbirthing It also addresses important issues such as: Why are the numbers of UK women giving birth in stirrups RISING rather than falling? Why are so few preterm babies given bedside resuscitation with the cord intact? Would the creation of midwife breech practitioners/specialists enable more women to choose vaginal breech birth and is breech water birth safe? What is the legal position for women who choose to free birth – and their birth partners? Why are midwives challenging the OASI care bundle? Incorporating research, evidence and anecdotal observations, *The Midwife's Labour and Birth Handbook* remains an essential resource for both student midwives and experienced practising midwives.

Sepanjang pengetahuan penulis, hingga tahun 2019 perguruan tinggi di Indonesia yang membuka program pasca sarjana dalam bidang ilmu pendidikan kedokteran atau kesehatan adalah Universitas Padjadjaran (program studi Magister Kebidanan dalam Ilmu Pendidikan Bidan), Universitas Gajah Mada (program studi Magister dan Doktor Ilmu Pendidikan Kedokteran dan Kesehatan) dan Universitas Indonesia (Magister Pendidikan Kedokteran). Tentu saja jumlah magister dan doktor dalam bidang pendidikan tenaga kesehatan ini masih sangat terbatas, sehingga kelangkaan

kepuustakaan di bidang ini dapat dipahami. Buku ini dapat menjadi referensi untuk mata kuliah terkait rancangan kurikulum dalam program studi pasca sarjana dalam bidang ilmu pendidikan kedokteran atau kesehatan di Indonesia. Buku ini dapat pula menjadi referensi untuk tenaga pendidik dalam ilmu terkait, terutama dalam menjalankan tugas menyusun, mengevaluasi kurikulum. Menyusun Kurikulum Pendidikan Tenaga Kesehatan ini diterbitkan oleh Penerbit Deepublish dan tersedia juga dalam versi cetak

The world's premier obstetrics guide—now updated with a greater focus on maternal-fetal medicine The obstetrics text that has defined the discipline for generations of obstetrician-gynecologists is now more timely—and essential—than ever. Written by authors from the nationally known University of Texas Southwestern Medical Center, Williams Obstetrics maintains its trademark comprehensive coverage and applicability at the bedside, while offering the most current perspective of the field. This landmark text begins with fundamental discussions of reproductive anatomy and physiology. These dovetail into clinical chapters covering obstetrical complications such as preterm labor, pregnancy-related infection, hemorrhage, and hypertension, among others. Representing the culmination of a century of clinical thought, the new Twenty-Fifth Edition is enhanced by more than 1,000 full-color illustrations plus an increased emphasis on the fast-growing subspecialty of maternal-fetal medicine. Features

- Entire section on the diagnosis and treatment of fetal disorders, providing deeper insights into fetal complications in utero
- Traditional focus on the varied medical and surgical disorders that can complicate pregnancy
- 1,000 eye-catching illustrations, including updated graphs, sonograms, MRIs, photographs, and photomicrographs
- Solid evidence-based approach highlights the scientific underpinnings of clinical obstetrics, with special emphasis on physiological principles
- Current professional and academic guidelines are incorporated into the text and appear in easy-to-read tables
- Updated with 3,000 new literature citations through 2017

No other text can match the long-established scientific rigor and accessibility of Williams Obstetrics. With its state-of-the-art design and review of the newest advances and protocols, this not-be-missed clinical companion brings positive outcomes within reach.

Playmakers introduces young readers to their current heroes on and off the field. Dirk Nowitzki: NBA Champion summarizes Dirk Nowitzki's life and career to date and draws attention to accomplishments beyond his athletic skill as well as career highlights thus far. Short, informative sidebars add to the engaging, easy-to-read text, making Playmakers a hit for any reader in your library! SportsZone is an imprint of ABDO Publishing Company.

"Comprising more than 500 entries, the Encyclopedia of Research Design explains how to make decisions about research design, undertake research projects in an ethical manner, interpret and draw valid inferences from data, and evaluate experiment design strategies and results. Two additional features carry this encyclopedia far above other works in the field: bibliographic entries devoted to significant articles in the history of research design and reviews of contemporary tools, such as software and statistical procedures, used to analyze results. It covers the spectrum of research design strategies, from material presented in introductory classes to topics necessary in graduate research; it addresses cross- and multidisciplinary research needs, with many examples drawn from the social and behavioral sciences, neurosciences, and biomedical and life sciences; it provides summaries of advantages and disadvantages

of often-used strategies; and it uses hundreds of sample tables, figures, and equations based on real-life cases."--Publisher's description.

Leading medical authorities and clinicians comprehensively review and critically assess the newest nutritional approaches to preventing or delaying disease processes to create the single most comprehensive resource for health professionals seeking to improve individual health outcomes through nutrition. Along the way these distinguished scientists develop specific nutrient recommendations and illuminate not only the relationship between diet on the one hand and cancer, cardiovascular disease, and diabetes on the other, but also the dietary prevention of cataracts, osteoporosis, and immune dysfunction. In addition, they examine the exciting current research linking nutritional status with the prevention of birth defects, as well as with the optimization of the health and intellectual capacity of children. Their pathbreaking reviews clearly spell out the public health implications of preventive nutrition strategies for the US and Europe, as well as emerging nations and developing countries worldwide.

Pamphlet is a succinct statement of the ethical obligations and duties of individuals who enter the nursing profession, the profession's nonnegotiable ethical standard, and an expression of nursing's own understanding of its commitment to society. Provides a framework for nurses to use in ethical analysis and decision-making.

Setelah melahirkan seorang wanita akan memasuki masa yang disebut masa nifas. Masa nifas yaitu masa pemulihan ibu setelah proses kehamilan dan melahirkan, yang biasanya berlangsung selama enam minggu. Selama masa ini, kondisi tubuh seorang ibu umumnya masih lemah dan belum terlalu kuat untuk melakukan aktivitas-aktivitas hariannya. Di samping itu, selama masa nifas seorang ibu juga masih merasakan nyeri di beberapa bagian tubuh, oleh karena itu diperlukan langkah-langkah perawatan yang tepat pada masa ini, agar kondisi tubuh sang ibu dapat pulih. Selain kondisi tubuh atau fisik, hal lain yang perlu diperhatikan selama masa nifas adalah kondisi kejiwaan atau psikologis ibu. Pada masa nifas seorang ibu membutuhkan dukungan dari berbagai pihak di sekelilingnya. Terutama pada ibu yang baru pertama kali mengalami proses melahirkan, dimana ibu tentu merasakan berbagai perasaan yang bercampur aduk, seperti kebahagiaan dan haru karena hadirnya seorang bayi, serta perasaan bingung karena hal tersebut merupakan pengalaman yang baru dialaminya. Untuk itu, kondisi psikologis seorang ibu perlu dipantau dan diberi dukungan, karena tidak jarang kurangnya pantauan dan dukungan terhadap kondisi psikologis ibu pada masa nifas, dapat berakibat fatal yang berujung pada kematian. Berbagai permasalahan kesehatan fisik dapat dialami ibu pada masa nifas, seperti kelelahan, nyeri perineum, sakit punggung, puting pecah-pecah, seksio sesarea, wasir, sakit kepala, sembelit, inkontinensia uri, gangguan tidur, kurangnya gairah seksual, dan hubungan seksual yang menyakitkan. Rasa sakit tersebut dapat membatasi ibu untuk melaksanakan tugas-tugas rutin.

Permasalahan kesehatan cenderung lebih banyak di pedesaan dan di kalangan berpendidikan rendah. Persentase bayi berat badan lahir rendah (BBLR) di pedesaan juga lebih tinggi daripada di perkotaan. Kebanyakan juga anak balita

dari petani, buruh nelayan dan keluarga yang tidak bekerja, memiliki persentase yang lebih tinggi mengalami BBLR. Dari penjelasan di atas terlihat suatu kecenderungan dimana, semakin tinggi tingkat pendidikan dan status ekonomi, maka semakin rendah pula persentase BBLR sebaliknya semakin rendah tingkat pendidikan dan status ekonomi, maka semakin tinggi pula persentase BBLR. Beberapa permasalahan kesehatan yang timbul di masa kehamilan dan nifas menjadi faktor kendala pencapaian kualitas hidup yang baik bagi ibu nifas. Kualitas hidup yang baik terdiri dari banyak faktor, yang meliputi faktor biologis, psikologis, sosial, kultural dan spiritual. Kualitas hidup yang baik hanya dapat terjadi bila tujuan pelayanan kesehatan bisa tercapai.

Known as the “bible” of midwifery, this new edition of Varney's Midwifery has been extensively revised and updated to reflect the full scope of current midwifery practice in a balance of art and science, a blend of spirituality and evidence-based care, and a commitment to being with women.

Designing Clinical Research sets the standard for providing a practical guide to planning, tabulating, formulating, and implementing clinical research, with an easy-to-read, uncomplicated presentation. This edition incorporates current research methodology—including molecular and genetic clinical research—and offers an updated syllabus for conducting a clinical research workshop. Emphasis is on common sense as the main ingredient of good science. The book explains how to choose well-focused research questions and details the steps through all the elements of study design, data collection, quality assurance, and basic grant-writing. All chapters have been thoroughly revised, updated, and made more user-friendly.

Written from a teaching perspective, Counseling the Nursing Mother: A Lactation Consultant’s Guide, Sixth Edition presents topics within a counseling framework with practical suggestions and evidence-based information interwoven throughout. Completely updated and revised, it includes new research on milk composition, the importance of the gut microbiome and skin-to-skin care, Affordable Care Act changes, and the latest guidelines from the World Health Organization for breastfeeding with HIV. Also explored and expanded are discussions on cultural competence, working effectively and sensitively with LGBTQ families, addressing disparities in health equity, milk banking issues, and social media trends for lactation information and support. Additionally, the Sixth Edition also serves as a significant teaching tool for students, interns, and other healthcare professionals. With an extensive glossary and bulleted lists at the end of each chapter, it is an ideal study guide for International Board Certified Lactation Consultant (IBCLC) certification and practice. Each new print copy includes Navigate 2 Advantage Access that unlocks a comprehensive and interactive eBook.

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