

Hearts Awakening Hearts Along The River Book 1

Silence the voice of doubt and awaken your heart. Have you ever found yourself saying, "Is this it?" Carolyn Rim was just your average bored sales rep working a 9-to-5 until one day she knew she didn't want to go on living. That's when-by seeming divine intervention-she felt the call to take a chance on her heart and her dreams. Her heart was awakened and as if by magic she began the journey toward her destiny. The exceptional synchronicities in Carolyn's story will have you start believing in the magic. Now a renowned life coach, Carolyn guides you and shows you that when you stop listening to the voice of doubt and start listening to the whispers of your heart, the whole universe conspires in your favor to help make your dreams come true. This book will have you on the edge of your seat, cheering, grabbing the tissues, and perhaps biting your nails as Carolyn Rim's journey is by turns rocky, breathtaking, and glorious. Every few decades, a story comes along that helps you awaken your heart and believe in the magic of self-love. As Carolyn learned, "Have faith in yourself and others, because every moment you take that leap and listen to the whispers in your heart, you have an encounter with God." *Awakening the Mind, Lightening the Heart* is His Holiness the Dalai Lama's gentle and profoundly eloquent instruction for developing the basis of the spiritual path: a compassionate motive. With extraordinary grace and insight, His Holiness shows how the Tibetan Buddhist teachings on compassion can be practiced in our daily lives through simple meditations that directly relate to past and present relationships. This illuminating and highly accessible guide offers techniques for deepening and heightening compassion in our lives and the world around us.

Essays examine the combination of psychotherapy methods with meditation techniques in order to aid in the development of the relationship between the therapist and patient. This work, in its accessible question-and-answer format, offers profound insights into the practical day-to-day aspects of the master-disciple relationship.

Ruth Livingstone's life changes drastically the day her father puts a young child in her arms and sends her to a small village in New Jersey under an assumed name. There Ruth pretends to be a widow and quietly secludes herself until her father is acquitted of a crime. But with the emergence of the penny press, the imagination of the reading public is stirred, and her father's trial stands center stage. Asher Tripp is the brash newspaperman who determines that this case is the event he can use to redeem himself as a journalist. Ruth finds solace tending a garden along the banks of the Toms River--a place where she can find a measure of peace in the midst of the sorrow that continues to build. It is also here that Asher Tripp finds a temporary residence, all in an attempt to discover if the lovely creature known as Widow Malloy is truly Ruth Livingstone, the woman every newspaper has been looking for. Love begins to slowly bloom...but is the affection they share strong enough to withstand the secrets that separate them?

The author discusses the lessons she learned during her near-death experience and in subsequent visions and visitations, presenting a guide to spirituality and unconditional love. Chase Steele and Xander Copperfield are down on their luck, as similar as they are different, and ready for a love they didn't even realize they'd been waiting on their whole lives. With two gorgeous "tough guys" discovering and exploring their true selves, *Hearts Ablaze* is a steamy, slow-burn, friends-to-lovers, opposites attract, bisexual awakening romance. *This is the first book in the *Forged in the City* series.*

Inspirational poetry with a call to strengthen your Christian walk.

A new epic of love and war among gods and humans, from the #1 New York Times bestselling author of *The Awakening*. The world of magick and the world of man have long been estranged from one another. But some can walk between

the two—including Breen Siobhan Kelly. She has just returned to Talamh, with her friend, Marco, who's dazzled and disoriented by this realm—a place filled with dragons and faeries and mermaids (but no WiFi, to his chagrin). In Talamh, Breen is not the ordinary young schoolteacher he knew her as. Here she is learning to embrace the powers of her true identity. Marco is welcomed kindly by her people—and by Keegan, leader of the Fey. Keegan has trained Breen as a warrior, and his yearning for her has grown along with his admiration of her strength and skills. But one member of Breen's bloodline is not there to embrace her. Her grandfather, the outcast god Odran, plots to destroy Talamh—and now all must unite to defeat his dark forces. There will be losses and sorrows, betrayal and bloodshed. But through it, Breen Siobhan Kelly will take the next step on the journey to becoming all that she was born to be.

A tragic accident leaves a young woman in a wheelchair, after she is struck by a car outside an abortion clinic. As she will struggle to survive, she isn't aware that an evil cult is now operating in the area that will use hypnosis, drugs, and other means to brainwash, indoctrinate, and control the young lady and her friends. Join Kyle, Melissa, Norman, Trenton, Lauren and Arden, as they learn the truth surrounding abortion and Satan's army will try to blind them to evil. As it unfolds, many events take place that put them in danger. It will lead to an abduction on Halloween night, when evil runs wild. A demon has no compassion or empathy and he will do whatever it takes to exercise his control and abuse over his victim. Her friends will fight to save her and it will lead to the chilling conclusion, where the demon will meet 'Death' in person, which leads to a battle between good and evil. Who will emerge the victor?

With no means to support herself, Ellie Kilmer agrees to work as a housekeeper for the young widower who lives on Dillon Island, hopeful she can obtain a proper reference. But Jackson Smith quickly realizes that Ellie's presence may solve his own problems--both the rearing of his young boys and the scandal that surrounds his first marriage. When a marriage of convenience is offered, Ellie is initially humiliated. Though she is past the age most women marry, she has more pride than to agree to his outlandish suggestion. Yet what options does she have? To marry would mean a home and stability. So despite the rumors circling Jackson and his first wife, Ellie accepts this unlikely proposal...

Have you ever been shaken to the core as a result of a life-changing experience? We all face personal struggles, and it's great when we can get some help in working through them and understanding them. *Expanding Your Heart: Four Stages of a Spiritual Opening* offers such help by providing a spiritual and inspiring perspective on personal struggle. It is a tool for healing, and an explanation on how and why your deepest struggles may be a doorway to your greatest freedom. This book explains the Four Stages of a Spiritual Opening and how you may have experienced one, two, or all of these stages without even realizing it. If you have hit the wall, had the rug pulled out from under you, or are feeling stuck, lost, anxious, or depressed, you may be on the brink of an

incredible awakening. You just may not know it yet.

Grade level: 1, 2, 3, 4, 5, 6, 7, p, e, i, s, t.

Let history come to life - just the way it should do! Read the stories of the gifted preachers and justice fighters who led the 1st & 2nd Great Awakenings in the 18th and 19th centuries. Meet the American preacher who started a national revival in his tiny church. Spend time with the wealthy English politician and the former American slave woman who helped abolish slavery in their countries. Get to know the missionaries who built lasting Christian communities in China, India, and Africa. For the first 1700 years of the church, God's people had worked to define Christian teachings and secure their freedom to worship. Now they began to see, in a new way, how the power of the gospel should change their feelings both toward Jesus and their fellow human beings.

From poet & healer Ashley Lord, comes her soulful debut collection of poetic medicine. Through a soft and graceful lens she brings you into a beautiful, powerful world of healing, spirituality & self love. It authentically expresses a raw, truthful energy, immersing the reader in the magic of heartache. Serving as pure light to uplift, nourish and guide us towards befriending our own wise heart, it reveals the potency found through the journey of reclaiming our wisdom and peace. "For the beautiful souls, whose broken hearts light the sky, Trust in your light, because like the sun, your golden hours are most beautiful, wrapped in clouds"

She hides behind her broken heart... Natalie suffered through a loss no mother should ever have to, and came out the other side vowing to keep her fractured heart locked away forever. After the recent death of her grandmother, and yet another surgery, she moves back to the magical town she grew up in, where she plans to live in isolation—nursing her broken body and shattered emotions. When a little cherub suddenly appears her first day there insisting Natalie decorate for Christmas, she snaps at the child and comes face to face with a man she'd spent a week with years ago—standing vigil at her meddling cousin's hospital bed—a man she'd held in her heart ever since. As her gaze locks on those gunmetal gray eyes, recognition is instantaneous—the attraction just as electric as ever—and she's ashamed and miserable to have berated his little girl. When tragedy befalls her again, she find herself ensconced in his home next door, reluctantly falling under the spell of this compassionate, handsome-as-sin man, and his sweet young child. He'd fallen under her spell years ago... Zach couldn't believe someone would snap at his little girl just because she'd suggested turning on Christmas lights. When he bounds up his new neighbor's porch steps to retrieve his child, he comes face to face with the woman who'd burrowed into his mind and heart years ago—a woman he couldn't forget—and was shocked at the pain and sadness still radiating from her beautiful eyes. He knew it would be best to ignore this emotionally damaged, sensuous woman, but his heart and soul knew she was meant for him and refused to cooperate. The tug of sympathy and compassion vie with the desire to get to know her as a woman—to find out if

the attraction that had enveloped them both years ago in her cousin's hospital room was still as strong as ever. When tragedy strikes again and forces her into his home to be cherished and cared for, he'll finally get his chance to prove they belong together. The flames in her house kindle the heat flaming between them... Neither Zach or Natalie are prepared for hearts tripping and emotional barriers falling when he snatches her from the flames engulfing her home and winds up tucking her into his spare bedroom. He'll have the chance to prove to her not all men have evil intentions—that their mutual attraction had evolved to much, much more—and that a certain little cherub needed and wanted a mommy for Christmas. Will holiday hearts awaken to passion and new love, or will Zach and Natalie let this chance at healing their broken hearts pass them by? Holiday Hearts Awakening is a steamy magical paranormal romance featuring a dominant, protective hero, a heroine who's coming into her own again after tragedy befell her, a sweet cherub looking for a mommy—and a matchmaking grandma from the afterlife. Grab your copy today! ?Note: This was a single title previously published, which has been expanded and is now Book 1 in this new, exciting series.

A comprehensive, single volume collection of the Buddha's key sutras, translated with contemporary commentary by a Zen Master and prolific author, is an essential complement to Happiness: Essential Mindfulness Practices, a collection of meditation and mindful practices. Original.

Surya Das illustrates how to develop authentic presence, how to connect to our own life experience, build deeper relationships, embrace life's lessons, as well as learn how to love what we don't like. Everyone needs to feel connected, to love and feel loved, to reach out to others and communicate in order to overcome alienation, loneliness, and a feeling of being disconnected. In AWAKENING THE BUDDHIST HEART Surya Das shows you how to reach inward and outward. By developing spiritual intelligence, a sense of compassion that helps us be more sensitive, more aware of our own feelings and the feelings of those around us, we become more intuitive; we relate better and love better. Cultivating spiritual intelligence and learning how to connect will improve our capacity for intimacy, making us better mates, friends, parents, and coworkers; it helps all of us to become more giving and brings us fulfillment, meaning, and love. With tremendous insight he explores specific ways in which we can more fruitfully relate to our own experiences as well as each other in today's fast-paced, complicated, and often confusing world.

First offers readers the technique of conscious breathing as a method for synchronizing the mind and body to establish the conditions of love, then explains a mantra practice for generating love that consists of four key statements or intentions in our relationships that will also heal our own pain, fear, and negativity.

Hearts Awakening (Hearts Along the River Book #1) Bethany House

Explains how to find freedom in the love of Jesus, detailing the story of Lazarus to demonstrate that this love is separate from personal accomplishments, and includes a Bible study for group and individual reflections.

Three painful years after the destruction of her family and determined to spend this Christmas as alone as ever, Natalie is unprepared for the sensuous campaign against

her senses from her new hunk of a neighbor. Or for her body's traitorous attraction. Zach had sworn off relationships, concentrating instead on work and being a single dad to his young daughter. After almost losing her years ago, every day was about keeping her safe. Little did he know the holidays would bring not only visions of sugar plums, but also a stubborn too-sexy neighbor in need. His protective instincts roar to the front, as does his libido and the heart he thought he'd locked away. Little do they know, if they let down their guard, Santa will deliver not only goodies under the tree, but sometimes hearts filled with love.

From Andrea Miller -- an editor and staff writer at Lion's Roar, the leading Buddhist magazine in the English-speaking world -- comes a diverse and timeless collection of essays, articles, and interviews. Miller, whose writing is by turns earnest and irreverent, unadorned and lyrical, talks to Buddhist teachers, thinkers, writers, and celebrities about the things that matter most and she frames their wisdom with her own lived experience. In *Awakening My Heart*, we hear Tina Turner on the power of song, Ram Dass on the importance of service, Jane Goodall on the compassion that exists in the natural world, and Robert Jay Lifton on the darkest deeds of humanity -- and how to prevent such things from ever happening again. Moreover, Miller -- with her gently probing questions -- gets to the bottom of the friendship between Zen master Bernie Glassman and Hollywood's Jeff Bridges and she takes a playful look at the difference between Michael Imperioli, the serious Buddhist practitioner, and the unhinged mobster character he played in *The Sopranos*. Insight teacher Gina Sharpe coaches Miller on how to start facing the racism that exists even in the most liberal communities, while Robert Waldinger, a Zen priest and the leader of the world's longest running study of human happiness, teaches her the key to being truly happy. Miller also brings the wisdom of a thirteenth-century Zen text into her very own galley kitchen and takes a look at animals through a quirky dharma lens. Finally, she goes on retreat with two of the world's most beloved contemporary Buddhist teachers, Pema Chödrön and Thich Nhat Hanh, and travels to India to follow in the footsteps of the Buddha himself. Everybody wants to be happy. Unfortunately, relatively few achieve bliss. Eli Jaxon-Bear explores how it is possible to achieve lives filled with gratitude and love. True happiness and meaning are achieved, he asserts, when we wake up, stop our minds, and open our hearts. It is then that we discover our true selves; our core identity that is part of the ultimate living intelligence of the universe; our true source. Like Gangaji, Jaxon-Bear uses a method of self-investigation called "self-inquiry." In the light of direct self-inquiry, limitations that once seemed to define ourselves are discovered to be more like transparent lines drawn on water. They exist only on the surface of consciousness in one's imagination. When these illusions of mind are clearly exposed, true limitless being reveals itself. This is a book that will appeal to those who are fans of Gangaji, Byron Katie, and Eckart Tolle. It is an articulate and helpful expression of a path to fulfillment for those wrestling with questions of identity and meaning.

The revered Buddhist teacher and author of *When Things Fall Apart* presents the lojong teachings and the ways in which they can enrich our lives. Welcome compassion and fearlessness as your guide, and you'll live wisely and effectively in good times and bad. But that's easier said than done. In *The Compassion Book*, Pema Chödrön introduces a powerful, transformative method to nurture these qualities using a practice called lojong, which has been a primary focus of

her teachings and personal practice for many years. For centuries, Tibetan Buddhists have relied on these teachings to awaken the deep goodness that lies within us. The lojong teachings include fifty-nine pithy slogans for daily contemplation, such as “Always maintain only a joyful mind,” “Don’t be swayed by external circumstances,” “Don’t try to be the fastest,” and “Be grateful to everyone.” This book presents each of these slogans and includes Pema’s clear, succinct guidance on how to understand them—and how they can enrich our lives. It also features a forty-five-minute downloadable audio program entitled “Opening the Heart,” in which Pema offers in-depth instruction on tonglen meditation, a powerful practice that anyone can undertake to awaken compassion for oneself and others.

After divorcee Annabelle Tyler and longtime bachelor Harrison Graymoor are forced to marry, they both work to end the marriage as soon as possible, despite many obstacles and their growing attraction to each other.

The author recounts her near-death experience, recounting the miraculous visions she saw, the emotions she experienced, and how it changed her subsequent life.

Everyone appreciates kindness. A smile, a few friendly words, a show of concern when we're troubled or feeling unwell, an offer of help - gestures of kindness like these brighten our day and ease whatever sadness we may feel in our hearts. Feeling that "someone cares" fulfills a very deep need that we all have. And just as we appreciate other people being kind to us, others appreciate it when we are kind to them. That is why it is important to learn to be kind, because it will help make our relationships and interactions with others more satisfying and less problematic. But it's not always easy to be kind. Sometimes our hearts are filled with anger, jealousy, or pride, and being kind is the last thing we feel like doing. Or we get so caught up in our work and responsibilities that we find no time to think of others and their needs, no time to be kind and gentle. However, these problems can be remedied. The Buddhist tradition offers a wealth of methods that can be used to overcome whatever prevents us from being kind and gentle. Some of these methods are explored and explained in this book - in a way that will allow you to practice them in your daily life. Awakening the Kind Heart offers powerful and inviting meditation techniques to activate the heart of kindness within us all - a modern and motivating interpretation of traditional and powerful practices.

You are a spiritual being, having a human experience. Do you have a clear sense of that reality? Do you believe that you are a spiritual being? For thirty years, I have been a pastor within a traditional church, one that is both progressive in its thinking and firmly rooted in love and grace. News flash! Those within traditional churches and those outside church of any kind are often confused, uncertain, and detached from what I call relevant faith. Do you describe yourself as a person of faith? If the answer is yes or if the answer is no, Life in the Heart of God will take you on a journey that will clarify what you do believe and what you

do not believe. Most importantly, you will gain insight and affirmation related to your true divine identity. Growing up in a churchgoing family or simply attending church does not guarantee that your faith will be relevant in your daily life. For faith to be relevant, it must make sense. When faith is relevant in your daily life, who you are, whose you are, and the purpose of your life becomes clear. Remembering who you are, who you truly are, is of great importance. Alone, the physical world that is finite obscures your ability to see the infinite, and you easily fall victim to your fears. When you are able to understand your life on this earth to be a progressive journey from divine light to divine light, you will enter your personal spiritual dawn and awaken to life in and from the heart of God. Home! The author of *Embraced by the Light* addresses everyday problems while offering readers the keys to an elemental, healing life force and examining the course of her own life source. Reprint.

#1 New York Times bestselling author Nora Roberts begins a new trilogy of adventure, romance, and magick in *The Awakening*. In the realm of Talamh, a teenage warrior named Keegan emerges from a lake holding a sword—representing both power and the terrifying responsibility to protect the Fey. In another realm known as Philadelphia, a young woman has just discovered she possesses a treasure of her own... When Breen Kelly was a girl, her father would tell her stories of magical places. Now she's an anxious twentysomething mired in student debt and working a job she hates. But one day she stumbles upon a shocking discovery: her mother has been hiding an investment account in her name. It has been funded by her long-lost father—and it's worth nearly four million dollars. This newfound fortune would be life-changing for anyone. But little does Breen know that when she uses some of the money to journey to Ireland, it will unlock mysteries she couldn't have imagined. Here, she will begin to understand why she kept seeing that silver-haired, elusive man, why she imagined his voice in her head saying *Come home, Breen Siobhan. It's time you came home. Why she dreamed of dragons. And where her true destiny lies—through a portal in Galway that takes her to a land of faeries and mermaids, to a man named Keegan, and to the courage in her own heart that will guide her through a powerful, dangerous destiny...*

Why do people sometimes feel empty, estranged, and cynical? Many of us have tired of the pat answers that the church and religion have provided for our questions about faith and meaning in life. We know there's more--and we stand on the cusp of spiritual awakening, longing to reshape our connection with God. Weaving together theological reflection and story, authors Don Clymer and Sharon Clymer Landis serve as guides who have walked this unsettling journey, and gently give permission for readers to ask the hard questions to ultimately have greater intimacy and connection with God, themselves, and others. This book helps those seeking greater intimacy and connection with God--those who know in their hearts that there is something more than the structures of church and religion, who are ready to explore something deeper. Free downloadable

study guide available [here](#).

A New York Review Books Original In 1908, deep in Siberia, it fell to earth. THEIR ICE. A young man on a scientific expedition found it. It spoke to his heart, and his heart named him Bro. Bro felt the Ice. Bro knew its purpose. To bring together the 23,000 blond, blue-eyed Brothers and Sisters of the Light who were scattered on earth. To wake their sleeping hearts. To return to the Light. To destroy this world. And secretly, throughout the twentieth century and up to our own day, the Children of the Light have pursued their beloved goal. Pulp fiction, science fiction, New Ageism, pornography, video-game mayhem, old-time Communist propaganda, and rampant commercial hype all collide, splinter, and splatter in Vladimir Sorokin's virtuosic Ice Trilogy, a crazed joyride through modern times with the promise of a truly spectacular crash at the end. And the reader, as eager for the redemptive fix of a good story as the Children are for the Primordial Light, has no choice except to go along, caught up in a brilliant illusion from which only illusion escapes intact.

Facilitating with Heart: Awakening Personal Transformation and Social Change is a book that integrates best practices in the field of facilitation. You'll find resources and inspirational stories from facilitators, coaches and social change activists from around the world.

A great guide for all who desire to live with confidence. The simple, yet profound truths herein can enhance anyone's journey of the heart. Down's words reflect a compassionate and magical universe. Learn how to get back to basics by letting go. The message is calm, encouraging, strong and sure.

Explores, in a personal, practical, scientific context the hearts involvement and the importance of play and sound (music) to brain development and optimal living and learning.

A guide to improving your quality of life and changing the world for the better. I invite you to come on a journey with me into one of the most important, yet often most neglected dimension of yourself: your heart. I want to help you discover, as I have slowly been discovering, that our hearts not only hold the key to our being able to live a fuller and more meaningful life, but also to our being able to play a part in helping heal our planet. The change needed is a shift out of our primarily head-focus into becoming increasingly heart-centered, where we are connected to our hearts and are potentially capable of moving mountains. We are only going to be good activists if we have plenty of heart in our lives—if we are big hearted with a well-activated Heart. A culture of Heart is vital if we are to heal the many wounds and splits that exist between different classes, religions, tribes, and nations. The book has been written from a place of great hope and joy, based on knowledge that our world is changing and that the planetary heart is at last awakening. Praise for Awakening the Universal Heart “If you want to open and develop your heart, to create a better world for everyone, then read this passionate and inspiring book.” —William Bloom, author, educator, and activist “We need practical visionaries to show us the way towards a culture of love and

of the heart. Serge is one such visionary.” —David Lorimer, Programme Director of the Scientific and Medical Network

Many of us, without even realizing it, are dominated by fear. We might be aware of some of our fears—perhaps we are afraid of public speaking, of financial hardship, or of losing a loved one. Chögyam Trungpa shows us that most of us suffer from a far more pervasive fearfulness: fear of ourselves. We feel ashamed and embarrassed to look at our feelings or acknowledge our styles of thinking and acting; we don't want to face the reality of our moment-to-moment experience. It is this fear that keeps us trapped in cycles of suffering, despair, and distress. Chögyam Trungpa offers us a vision of moving beyond fear to discover the innate bravery, trust, and delight in life that lies at the core of our being. Drawing on the Shambhala Buddhist teachings, he explains how we can each become a spiritual warrior: a person who faces each moment of life with openness and fearlessness. "The ultimate definition of bravery is not being afraid of who you are," writes Chögyam Trungpa. In this book he offers the insights and strategies to claim victory over fear.

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