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Clean My Space The Secret To Cleaning Better Faster And Loving Your Home Every Day

One of Apple's Most Anticipated Books of Winter 2021 A quest to explore some of the most spectacular ancient cities in human history—and figure out why people abandoned them. In *Four Lost Cities*, acclaimed science journalist Annalee Newitz takes readers on an entertaining and mind-bending adventure into the deep history of urban life. Investigating across the centuries and around the world, Newitz explores the rise and fall of four ancient cities, each the center of a sophisticated civilization: the Neolithic site of Çatalhöyük in Central Turkey, the Roman vacation town of Pompeii on Italy's southern coast, the medieval megacity of Angkor in Cambodia, and the indigenous metropolis Cahokia, which stood beside the Mississippi River where East St. Louis is today. Newitz travels to all four sites and investigates the cutting-edge research in archaeology, revealing the mix of environmental changes and political turmoil that doomed these ancient settlements. Tracing the early development of urban planning, Newitz also introduces us to the often anonymous workers—slaves, women, immigrants, and manual laborers—who built these cities and created monuments that lasted millennia. *Four Lost Cities* is a journey into the forgotten past, but, foreseeing a future in which the majority of people on Earth will be living in cities, it may also reveal something of our own fate.

Imagine having your house clean in eight minutes flat. Yes, it is possible! Courtenay Hartford is all about working smarter, not harder. She shows readers how to get their homes that kind of sparkly clean that they've only dreamed about and do it with time leftover for all the real life-

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living that you want to do. Courtenay's tips and tricks help readers make their lives easier with clever shortcuts and daily, monthly and super-mega all-inclusive deep cleaning checklists. These tips help with actual real-life cleaning situations that you face everyday — like how to rescue a messy house in 8 minutes flat (hint: there are only a few surfaces in your house that really matter here!) as well as which steps in your laundry routine you really can skip to make tackling Mount Dirtyclothes so much speedier and that you really don't need most of the cleaning products in your cupboard. Tackle your toughest cleaning jobs in some of the dirtiest rooms in your home with quick, helpful, realistic tips with this fun, easy-to-read guide.

What, exactly, do you know about your body? Do you know how your immune system works? Or what your pancreas does? Or the myriad -- and often simple -- ways you can improve the way your body functions? This full-color, visually rich guide answers these questions and more. Matthew MacDonald, noted author of *Your Brain: The Missing Manual*, takes you on a fascinating tour of your body from the outside in, beginning with your skin and progressing to your vital organs. You'll look at the quirks, curiosities, and shortcomings we've all learned to live with, and pick up just enough biology to understand how your body works. You'll learn: That you shed skin more frequently than snakes do Why the number of fat cells you have rarely changes, no matter how much you diet or exercise -- they simply get bigger or smaller How you can measure and control fat That your hair is made from the same stuff as horses' hooves That you use only a small amount of the oxygen you inhale Why blood pressure is a more important health measure than heart rate -- with four ways to lower dangerously high blood pressure Why our bodies crave foods that make us fat How to use heart rate to shape an optimal workout session -- one that's neither too easy nor too strenuous Why a tongue with just

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half a dozen taste buds can identify thousands of flavors Why bacteria in your gut outnumbers cells in your body -- and what function they serve Why we age, and why we can't turn back the clock What happens to your body in the minutes after you die Rather than dumbed-down self-help or dense medical text, *Your Body: The Missing Manual* is entertaining and packed with information you can use. It's a book that may well change your life. Reader comments for *Your Brain: The Missing Manual*, also by author Matthew MacDonald: "Popular books on the brain are often minefields of attractive but inaccurate information. This one manages to avoid most of the hype and easy faulty generalizations while providing easy to read and digest information about the brain. It has useful tricks without the breathless hype of many popular books."-- Elizabeth Zwicky, *The Usenix Magazine* "...a unique guide that should be sought after by any who want to maximize what they can accomplish with their mental abilities and resources."-- James A. Cox, *The Midwest Book Review - Wisconsin Bookwatch* "If you can't figure out how to use your brain after reading this guide, you may want to return your brain for another."-- *The Sacramento Book Review*, Volume 1, Issue 2, Page 19 "It's rare to find a book on any technical subject that is as well written and readable as *Your Brain: The Missing Manual*. The book covers pretty much anything you may want to know about your brain, from what makes it up, through how it develops to how to mitigate the affects of aging. The book is easy reading, fact packed and highlighted notes and practical applications. So if you want to learn more about your brain, how it works, how to get the best out of it or just want to stave off the ravages of Alzheimers (see chapter ten for details of how learning helps maintain your brain) then I can't recommend this book highly enough."-- Neil Davis, *Amazon.co.uk* "MacDonald's writing style is perfect for this kind of guide. It remains educational without becoming overly technical

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or using unexplained jargon. And even though the book covers a broad scope of topics, MacDonald keeps it well organized and easy to follow. The book captures your attention with fun facts and interesting studies that any person could apply to their own understanding of human ability. It has great descriptions of the brain and its interconnected parts, as well as providing full color pictures and diagrams to offer a better explanation of what the author is talking about."-- Janica Unruh, Blogcritics Magazine

The fresh, modern guide to a healthy home from the new face of homekeeping and the vlogger behind the wildly popular Clean My Space. Melissa Maker has completely re-engineered cleaning. The energetic, fresh face of home keeping behind the sensationally popular YouTube channel Clean My Space knows that today's generation doesn't need an 800-page tome on how to polish brass knobs. People still need to know how to clean, but they need to clean for the way they live--with a faster, fresher, cooler approach. In Clean My Space, Melissa shares with readers her revolutionary 3-step method: identify the most important areas (MIAs) in the home that need attention; select the proper tools, products, and techniques for the job; and finally, implement these new cleaning routines so that they stick. Melissa's method also emphasizes non-toxic cleaning products that will appeal to today's eco-conscious consumer, and the book includes a comprehensive section with recipes for natural cleaning solutions, many of which have essential oils. By following the Maker Method and Melissa's countless tips, and cleaning hacks. Readers are only a few easy steps away from living in a cleaner, more cheerful, and refreshing space all the time.

Combining professional expertise with the author's signature style, a comprehensive home care handbook takes readers step by step through the upkeep of every room in the house,

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covering everything from removing stains to replacing a window pane, and furnishes valuable advice on how to make a home safe and comfortable and how to maintain it properly. 500,000 first printing.

#1 NEW YORK TIMES BESTSELLER – OVER 3 MILLION COPIES SOLD Do you ever suspect that everyone else has life figured out and you don't have a clue? If so, Rachel Hollis has something to tell you: that's a lie. If you have ever said any of these things to yourself . . . Something else will make me happy. I'm not a good mom. I will never get past this. I am defined by my weight. I should be further along by now. . . . then you could benefit from the unflinching faith and rock-hard tenacity Rachel Hollis has in store for you. In this challenging but conversational book, Rachel exposes the twenty lies and misconceptions that too often hold us back from living joyfully and productively, lies we've told ourselves so often we don't even hear them anymore. Rachel is real and talks about real issues. More than that, she reveals the specific practical strategies that helped her move past them. In the process, she encourages, entertains, and even kicks a little butt, all to convince you to do whatever it takes to get real and become the joyous, confident woman you were meant to be. Because you really can live with passion and hustle – and give yourself grace without giving up.

A professional organizer and life coach shows readers how to kick the clutter habit with his complete how-to guide to total organization Arguably the most organized man in America, sought-after coach Andrew J. Mellen has created unique, lasting techniques for streamlined living, bringing order out of chaos for the chronically overwhelmed everywhere. Acknowledging that it's often the "stuff behind the stuff" that holds people back, Mellen offers a surprisingly simple, yet effective solution in his step-by-step guide, guaranteed to help achieve

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organizational bliss for everyone from perpetual key-misplacers to hard-core hoarders. From basement to bedroom, kitchen to car, and into every corner of life, Mellen's system yields lasting results. Discover how to: Never lose your keys or wallet again Stop mail, magazine, and paper pileups for good Feel empowered to tackle bills and budgets Reclaim space and time once dominated by clutter Built on the principle that we must distinguish ourselves from our possessions, *Unstuff Your Life!* starts with truly achievable goals and works toward the nightmare projects everyone tries hard to avoid. With humor, honesty, tough love, and foolproof advice, Mellen makes it easy to finally let go and embrace the decluttered life. The wildly popular YouTube star behind *Clean My Space* presents the breakthrough solution to cleaning better with less effort Melissa Maker is beloved by fans all over the world for her completely re-engineered approach to cleaning. As the dynamic new authority on home and living, Melissa knows that to invest any of our precious time in cleaning, we need to see big, long-lasting results. So, she developed her method to help us get the most out of our effort and keep our homes fresh and welcoming every day. In her long-awaited debut book, she shares her revolutionary 3-step solution:

- Identify the most important areas (MIAs) in your home that need attention
- Select the proper products, tools, and techniques (PTT) for the job
- Implement these new cleaning routines so that they stick

Clean My Space takes the chore out of cleaning with Melissa's incredible tips and cleaning hacks (the power of pretreating!) her lightning fast 5-10 minute "express clean" routines for every room when time is tightest, and her techniques for cleaning even the most daunting places and spaces. And a big bonus: Melissa gives guidance on the best non-toxic, eco-conscious cleaning products and offers natural cleaning solution recipes you can make at home using essential oils to soothe and

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refresh. With Melissa's simple groundbreaking method you can truly live in a cleaner, more cheerful, and calming home all the time.

Inside Out and Back Again meets Millicent Min, Girl Genius in this timely, hopeful middle-grade novel with a contemporary Chinese twist. Winner of the Asian / Pacific American Award for Children's Literature!* "Many readers will recognize themselves or their neighbors in these pages." -- Kirkus Reviews, starred review Mia Tang has a lot of secrets. Number 1: She lives in a motel, not a big house. Every day, while her immigrant parents clean the rooms, ten-year-old Mia manages the front desk of the Calivista Motel and tends to its guests. Number 2: Her parents hide immigrants. And if the mean motel owner, Mr. Yao, finds out they've been letting them stay in the empty rooms for free, the Tangs will be doomed. Number 3: She wants to be a writer. But how can she when her mom thinks she should stick to math because English is not her first language? It will take all of Mia's courage, kindness, and hard work to get through this year. Will she be able to hold on to her job, help the immigrants and guests, escape Mr. Yao, and go for her dreams? Front Desk joins the Scholastic Gold line, which features award-winning and beloved novels. Includes exclusive bonus content!

"The follow-up to the bestselling Complete Book of Home Organization, the Complete Book of Clean is a foolproof, eco-friendly guide to cleaning your home ... Learn the best seasons to tackle home projects, storage solutions to simplify the process and teach even the messiest kids to clean up after themselves. This book will help you tackle every mess, stain and dust-magnet, and keep things from getting out of hand in the future--all while being friendly to the environment

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and keeping toxic chemicals out of your home. Whether you're a neat freak or new to the world of homekeeping, let Toni Hammersley be your guide to establishing routines, learning techniques and mastering the best home cleaning hacks out there."--

A complete guide to cleaning every room of the house introduces hundreds of quick, efficient, and effective tips and techniques on how to maintain a clean home environment, with practical suggestions for cleaning routines for each area or room; daily, weekly, and monthly practices; useful equipment and supplies; and much more. Original.

No matter how big your home or busy your schedule, Rapinchuk believes that in just ten minutes a day you can keep your house clean and decluttered. She shares her system to turn cleaning from a chore into an effortless habit, and also shares recipes for organic, environmentally conscious cleaning supplies.

Man up and discover the practical and inspirational information all men should know! While it's definitely more than just monster trucks, grilling, and six-pack abs, true manliness is hard to define. The words macho and manly are not synonymous. Taking lessons from classic gentlemen such as Benjamin Franklin and Theodore Roosevelt, authors Brett and Kate McKay have created a collection of the most useful advice every man needs to know to live life to its full

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potential. This book contains a wealth of information that ranges from survival skills to social skills to advice on how to improve your character. Whether you are braving the wilds with your friends, courting your girlfriend, or raising a family, inside you'll find practical information and inspiration for every area of life. You'll learn the basics all modern men should know, including how to: -Shave like your grandpa -Be a perfect houseguest -Fight like a gentleman using the art of bartitsu -Help a friend with a problem -Give a man hug -Perform a fireman's carry -Ask for a woman's hand in marriage -Raise resilient kids -Predict the weather like a frontiersman -Start a fire without matches -Give a dynamic speech -Live a well-balanced life So jump in today and gain the skills and knowledge you need to be a real man in the 21st century.

In this constantly-connected, do-more-with-less world, being able to increase your productivity is a real advantage. Certified Professional Organizer (CPO(R)) and productivity expert Tamara Myles has developed a simple model-the Productivity Pyramid-which provides an actionable framework for anyone to achieve better results. Based on a sequence of steps leading to peak performance, the author's easily adapt able system consists of five levels: * Physical Organization: from decluttering to filing-fool-proof strategies for handling incoming papers and ensuring information remains accessible * Electronic

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Organization: from dealing with email to electronic file management options such as cloud computing * Time Management: mastering the three P's-Plan, Prioritize, and Perform * Activity-Goal Alignment: breaking objectives into specific, relevant, and measurable daily tasks * Possibility: identifying new life and business goals that will help you reach your greatest potential Since no single solution will work for everyone, The Secret to Peak Productivity helps you tailor your own personal plan. First, a quick assessment determines your strengths and weaknesses and pinpoints where to focus for immediate results. Then, as you reach each productivity level, you will find a range of potential strategies-allowing you to choose the ones that are right for you for truly remarkable results.

CLUTTER FREE SOLUTIONS FOR AN ORGANIZED HOME Real Life

Organizing offers clutter free storage solutions and advice that can help you create a Pinterest worthy home on a small budget: Learn how to organize your home, simplify life and have more time for the things you love. Organizational expert Cassandra 'Cas' Aarssen, the guru from YouTube's ClutterBug channel, reveals her tips, tricks and secrets to a clean and clutter free home in just 15 minutes a day. Aarssen, spends her time organizing other people's homes, teaching college workshops on organization, and creating weekly videos and blog posts. Cas offers diy Pinterest type tips to people like you who are interested

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in how to get rid of clutter and how to organize your home. Organized person on the outside: The secret to her success? She's a giant mess on the inside, but an organized person who can teach you how to get rid of clutter and organize your home once and for all. Simplify your life: In her debut book, *Real Life Organizing*, Cas walks you through the steps you can take to create a beautiful, organized, clutter free, and almost self-cleaning home ? a DIY Pinterest home. Simplify your life. You do not have to get rid of all of your things, you do not have to be a yoga loving minimalist, and you do not have to radically change your lifestyle or personality in order to simplify your life and have an organized home. The truth is that you do not need to actually be an organized person to live like an organized person. Organize home: Through her years of experience as an industry expert, Cas has uncovered easy and inexpensive tips, tricks and solutions that allow her to maintain a clean, organized and functional home with minimal effort. After you've read *Real Life Organizing*, you too will be able to live a more organized life without having to give up your sanity. In *Real Life Organizing: Get a Clean and Clutter-Free Home in Just 15 Minutes*, you will learn how to:

- Create a Household Management Binder
- Make a "Kids Cupboard" in your kitchen
- Create an IN/OUT system
- Organize paperwork based on your unique style
- Create a Kitchen Command Center
- Organize your holidays with a gift closet

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Build the best toy organizing system • And, enjoy a DIY Pinterest home

The wildly popular YouTube star behind Clean My Space presents the breakthrough solution to cleaning better with less effort. Melissa Maker is beloved by fans all over the world for her completely re-engineered approach to cleaning. As the dynamic new authority on home and living, Melissa knows that to invest any of our precious time in cleaning, we need to see big, long-lasting results. So, she developed her method to help us get the most out of our effort and keep our homes fresh and welcoming every day. In her long-awaited debut book, she shares her revolutionary 3-step solution: Identify the most important areas (MIAs) in your home that need attention. Select the proper products, tools, and techniques (PTT) for the job. Implement these new cleaning routines so that they stick. Clean My Space takes the chore out of cleaning with Melissa's incredible tips and cleaning hacks (the power of pretreating!) her lightning fast 5-10 minute "express clean" routines for every room when time is tightest, and her techniques for cleaning even the most daunting places and spaces. And a big bonus: Melissa gives guidance on the best non-toxic, eco-conscious cleaning products and offers natural cleaning solution recipes you can make at home using essential oils to soothe and refresh. With Melissa's simple groundbreaking method you can truly live in a cleaner, more cheerful, and calming home all the

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time. *Bonus PDF includes recipes, quizzes, and worksheets.

Clean My Space The Modern Guide to a Healthy, Happy Home Avery Publishing Group

THE SUNDAY TIMES BESTSELLER The Organised Mum Method is THE housekeeping bible that will completely revolutionise your home. Say goodbye to mess, clutter and weekends spent tidying and cleaning! Gemma Bray (a.k.a The Organised Mum) is a firm believer that there is more to life than housework, and over the last decade she has perfected The Organised Mum Method (TOMM).* The Organised Mum Method is a structured, manageable and ultra-efficient cleaning routine that ensures all areas of the home are taken care of. It's easy to follow, effective and ensures that everything gets done in just 30 minutes a day, Monday to Friday ... and you get weekends off! Perfect for existing fans of TOMM or anyone looking for ways to fit cleaning around a busy lifestyle, The Organised Mum Method includes life-changing tips, tricks, cleaning schedules, shopping lists, meal plans and quick recipes that will help you get your housework done fast. *Don't worry dads -- it works for you too.

The stylist's genius is in making a space look inviting, personal, and unique. She often does this in just minutes, meaning that a small investment pays off with big rewards. Emily Henderson now draws the curtain on the interior stylist's secrets. This playful yet

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practical book features 1,000 highly visual, highly enviable, eminently doable ideas—more than any other decor book on the market. First up, Emily walks readers through her Stylist's Toolkit, which helps them discover their signature styles, talk like a stylist, and learn the styling process in 10 easy steps. Then, Emily takes us inside 25 homes, grouped into rooms and themes for the reader, revealing how to get your place ready for its close-up—and your long-term happiness—without it looking contrived. With advice on mixing patterns, visually balancing a space, and scoring great deals on furniture and accents, this is an irresistible inspiration resource for the interior decor enthusiast, as well as anyone looking for help styling a home.

Start a house cleaning business with this step-by-step guide and be up and running in one week. Back in the olden days before the internet was really popular and you could Google search anything, there was trial and error. If you wanted to start a house cleaning business from scratch you could, but it was rarely an overnight success for anybody. Big success was tossed to the cleaning service franchisees who could afford the fancy training, and well-built brands, while the mom and pop cleaning services were left to figure it out on their own. Good news - times have changed. As an independent house cleaner, you no longer have to wade through endless Pinterest boards for tips and ideas on how to start a house cleaning business. Angela Brown built from scratch one of the most successful independently owned and operated house cleaning companies in the Southeastern United States. If you are serious about success in the

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cleaning service industry, you should sign up for her free tips, tricks and time saving hacks by joining the Savvy Cleaner email list at: savvycleaner.com/tips and you follow her blog at: AskaHouseCleaner.com She has trained a multitude of independent house cleaners how to take their business from day one through expansion and enormous growth. In this step-by-step guide she'll show you: How to set up your home office What office supplies you are going to need Ideas for your company logo How to choose your company name How to choose a uniform Tips on creating your company image and brand How to set your rules and policies How to choose a territory Everything you need to know about creating flyers, worksheets and why you need them. How to bid jobs, what to charge, What kind of car you need, Confidence builders & how to build instant credentials, Bonding, insurance The magic of the Mulligan, How to get an endless stream of referrals, how much you should pay for referral fees, How to never have any billing and collections, and how to always get paid and on time. (There is a reason they call Angela Brown "The House Cleaning Guru.") If you're here because you have an interest in house cleaning or in upgrading your life and you want to start a house cleaning business, welcome. House cleaning business is a 49 billion dollar a year industry that is nearly recession proof - when times get hard, people work more hours to pay the bills, they have less time at home to clean, so they outsource their cleaning - which means more business for you and me. Another awesome reason to start a house cleaning business is this: unlike a regular 9 to 5 job if you get fired, you're not out of

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work. You simply add another customer into your new available time slot and keep going. And you will learn here how to do such an amazing job, that you will never get fired, and your clients will never want you to leave. Franchise or Start a house cleaning business? (FREE BONUS DOWNLOAD: savvycleaner.com/franchise So should you buy into an existing franchise like Molly Maid, MerryMaids, The Cleaning Authority, Maid Brigade, Maid Pro, Sears MaidServices, The Maids, Two Maids & A Mop, You've Got Maids, MaidSimple, Cleantastic, Home Cleaning Services of America, Jani-King, MopFrog, Jan Pro, Maid to Perfection, or many of the others on the market? Or should you start your own house cleaning company from scratch? There are pros and cons to both. If you are not sure of the differences, you can download a free comparison chart at savvycleaner.com/franchise For the sake of this book we are going to assume you are going to start your own.

Are you a border hoarder -you're not quite a hoarder but you're right on the border? In today's world, we own too much stuff and seem to have too little room to put it. This book will help you understand why you're holding onto the things you are, and how you can either get rid of it, or organize it. Border Hoarders is filled with easy tips on how to clean and organize each room of your home. You'll also get worksheets to make the process even easier.

NEW YORK TIMES BESTSELLER USA TODAY BESTSELLER NATIONAL INDIE BESTSELLER THE WASHINGTON POST BESTSELLER Recommended by

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Entertainment Weekly, Real Simple, NPR, Slate, and Oprah Magazine #1 Library Reads Pick—October 2020 #1 Indie Next Pick—October 2020 BOOK OF THE YEAR (2020) FINALIST—Book of The Month Club A “Best Of” Book From: Oprah Mag * CNN * Amazon * Amazon Editors * NPR * Goodreads * Bustle * PopSugar * BuzzFeed * Barnes & Noble * Kirkus Reviews * Lambda Literary * Nerdette * The Nerd Daily * Polygon * Library Reads * io9 * Smart Bitches Trashy Books * LiteraryHub * Medium * BookBub * The Mary Sue * Chicago Tribune * NY Daily News * SyFy Wire * Powells.com * Bookish * Book Riot * Library Reads Voter Favorite * In the vein of *The Time Traveler’s Wife* and *Life After Life*, *The Invisible Life of Addie LaRue* is New York Times bestselling author V. E. Schwab’s genre-defying tour de force. A *Life No One Will Remember*. A *Story You Will Never Forget*. France, 1714: in a moment of desperation, a young woman makes a Faustian bargain to live forever—and is cursed to be forgotten by everyone she meets. Thus begins the extraordinary life of Addie LaRue, and a dazzling adventure that will play out across centuries and continents, across history and art, as a young woman learns how far she will go to leave her mark on the world. But everything changes when, after nearly 300 years, Addie stumbles across a young man in a hidden bookstore and he remembers her name. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

NEW YORK TIMES BESTSELLER • From the stars of the Netflix series *Get Organized*

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with *The Home Edit* (with a serious fan club that includes Reese Witherspoon, Gwyneth Paltrow, and Mindy Kaling), here is an accessible, room-by-room guide to establishing new order in your home. “A master class on how to arrange even your most unattractive belongings—and spaces—in an aesthetically pleasing and easy-to-navigate way.”—*Glamour* (10 Books to Help You Live Your Best Life) Believe this: every single space in your house has the potential to function efficiently and look great. The mishmash of summer and winter clothes in the closet? Yep. Even the dreaded junk drawer? Consider it done. And the best news: it’s not hard to do—in fact, it’s a lot of fun. From the home organizers who made their orderly eye candy the method that everyone swears by comes Joanna and Clea’s signature approach to decluttering. *The Home Edit* walks you through paring down your belongings in every room, arranging them in a stunning and easy-to-find way (hello, labels!), and maintaining the system so you don’t need another do-over in six months. When you’re done, you’ll not only know exactly where to find things, but you’ll also love the way it looks. A masterclass and look book in one, *The Home Edit* is filled with bright photographs and detailed tips, from placing plastic dishware in a drawer where little hands can reach to categorizing pantry items by color (there’s nothing like a little ROYGBIV to soothe the soul). Above all, it’s like having your best friends at your side to help you turn the chaos into calm. Includes a link to download and print the labels from a computer (you will need 8-1/2 x 11-inch clear repositionable sticker project paper, such as Avery 4397).

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A charming, practical, and unsentimental approach to putting a home in order while reflecting on the tiny joys that make up a long life. In Sweden there is a kind of decluttering called *döstädning*, *dö* meaning “death” and *städning* meaning “cleaning.” This surprising and invigorating process of clearing out unnecessary belongings can be undertaken at any age or life stage but should be done sooner than later, before others have to do it for you. In *The Gentle Art of Swedish Death Cleaning*, artist Margareta Magnusson, with Scandinavian humor and wisdom, instructs readers to embrace minimalism. Her radical and joyous method for putting things in order helps families broach sensitive conversations, and makes the process uplifting rather than overwhelming. Margareta suggests which possessions you can easily get rid of (unworn clothes, unwanted presents, more plates than you’d ever use) and which you might want to keep (photographs, love letters, a few of your children’s art projects). Digging into her late husband’s tool shed, and her own secret drawer of vices, Margareta introduces an element of fun to a potentially daunting task. Along the way readers get a glimpse into her life in Sweden, and also become more comfortable with the idea of letting go.

#1 NEW YORK TIMES BESTSELLER • The book that sparked a revolution and inspired the hit Netflix series *Tidying Up with Marie Kondo*: the original guide to decluttering your home once and for all. **ONE OF THE MOST INFLUENTIAL BOOKS OF THE DECADE—CNN** Despite constant efforts to declutter your home, do papers still

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accumulate like snowdrifts and clothes pile up like a tangled mess of noodles? Japanese cleaning consultant Marie Kondo takes tidying to a whole new level, promising that if you properly simplify and organize your home once, you'll never have to do it again. Most methods advocate a room-by-room or little-by-little approach, which doom you to pick away at your piles of stuff forever. The KonMari Method, with its revolutionary category-by-category system, leads to lasting results. In fact, none of Kondo's clients have lapsed (and she still has a three-month waiting list). With detailed guidance for determining which items in your house "spark joy" (and which don't), this international bestseller will help you clear your clutter and enjoy the unique magic of a tidy home—and the calm, motivated mindset it can inspire.

The creator of the popular cleaning website Clean Mama and author of *Clean Mama's Guide to a Healthy Home* shows you how to establish systems and rituals to transform your home into a clean, organized, and comfortable space for you and your family. We all want our homes to be cozy and comfortable spaces where we can leave the challenges of the outside world behind and connect with our families. But too often the mess and disorder only add stress. For years, Becky Rapinchuk has taught people how to simplify and improve cleaning routines, and now she reveals a game-changing method to help us find joy and make our chores effortless. By pairing up systems—how we get things done so that they become automatic—with rituals—tasks that bring calm and happiness—we can feel more at peace in our homes. Walking readers through each

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room of the house, Rapinchuk shows how to put new systems and rituals in place that will make the whole home operate more efficiently. Featuring decision trees, checklists, and space to reflect and record progress, *Clean Mama's Guide to a Peaceful Home* makes homekeeping a breeze, allowing us to slow down and focus on the things that really matter.

Clean everything in your home from your clothes and sheets to your shower curtain, vents—even the inside of your washing machine—with this simple short-cuts using all-natural cleaning products. Did you know you should be cleaning your sponge on a weekly basis by putting it in the microwave for just 90 seconds? Or that you could use a rubber glove to clean up pet hair instead of a lint brush? Or that wax paper can be used to make your faucets and sink fixtures shine instead of a chemical polish? Avoid long lists of mysterious chemicals and skip buying multiple cleaning products and get back to basics and use simple, all-natural solutions that are safe, inexpensive, and effective. Take control of your cleaning to-do list with these easy, natural cleaning methods. With this book, you'll learn to: —Use vinegar to clean out a washing machine that's starting to smell —Mix lemon juice and salt to really clean out the cracks in your cutting board where food can get stuck —Rub chalk onto a greasy stain to help absorb extra oils before washing And much more! Organized by cleaning project, you'll be able to find the perfect easy solution for all your cleaning jobs, however large or small, with this handy guide!

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Baking soda is one example of an item that you buy from the store regularly and take for granted. Chances are pretty good that you have at least one box of baking soda in your house somewhere. However, after reading this book, you will want to strongly consider stockpiling it as part of your survival and disaster preparedness plans. The reason why is because baking soda can be used for a variety of purposes in the event of a serious crisis, and it's those purposes that we are going to talk about in detail in this book. Examples of baking soda survival uses that this guide will outline and discuss in detail include, but are not limited to, the following: -How To Treat Heartburn -How To Treat Ulcers -How To Make DIY Deodorant -How To Make DIY Soap -How To Make DIY Shampoo -How TO Make DIY Toothpaste -How To Make DIY Floor Cleaner -How To Make DIY Dishwashing Soap -How To Treat Sunburns -How To Remove Splinters -How To Clean Batteries -How Treat Bug Bites -How To Treat Poison Ivy -How To Improve Your Overall Physical Endurance By the end of this book, you will have gained a wealth of knowledge on how to properly (and safely) use baking soda for survival purposes. The truth is that baking soda is one of the most versatile sanitation/personal hygiene/cleaning/medical products there are, and this book is going to prove that to you. I have sold thousands of copies of this book around the world, on Amazon, since first published in February 2011. I have changed publishers which requires a new listing without any history. If you can locate my old listing on Amazon you can read the reviews, which has a 4.5 star rating. I have owned a residential cleaning company since 2004 and this book actually started life as my employees' handbook. Since this book was first published not much has changed. Dirt is still dirty and whether or not you want to clean your home, it still has to be cleaned. Most people hate to clean simply because they don't know how to do it, they were

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never taught. Were you actually taught how to clean? Probably not, but that's not your fault. Do you want to learn how to do it, like a professional, using minimal products and saving a bucket of money on cleaning supplies? If you do, then buy my book. First, I will send you to the store with a short shopping list; I will explain why I use each product and then how to use each product or tool, which by the way isn't much. I will then explain the logic behind my method of cleaning, called The PATH and then I will literally walk you through cleaning the different rooms in your house. The beauty of The PATH is that you can start and stop a cleaning job in any room and not lose your place. Just pick up where you left off and continue until the room is clean. So go answer the phone or change the baby. I only use 3 readily available products in both my business and in my house to clean everything. No more need for window, floor, counter, toilet, sink, tub, shower and mirror cleaners. No more polishes, waxes or air fresheners. Just think about how much you spend a year on cleaning products? Go ahead, I'll wait while you look under your sinks and calculate that. More than \$20.00 per year? If you are spending more than that you need my book. Everyone that embraces my methodology has a cleaner home, extra money to spend on the important things and the time to enjoy them. I have a website; [The Lost Art of House Cleaning.com](http://TheLostArtOfHouseCleaning.com) where I have uploaded a number of videos demonstrating my methodology and posted numerous articles on cleaning particular things. I have read all the reviews posted about my book on Amazon and I found the vast majority to be very complimentary. I have also found that some of the harshest critics still recognized that my methodology works. In addition to the Amazon reviews I have personally received comments and compliments directly from the people that have bought my book. And I know that what I say in my book has helped thousands realize that cleaning their home is not all it's cracked to

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be if you know what you are doing. So buy my book, read it the first time for entertainment then read it a second time for inspiration and then, Enjoy the Clean! Thanks, Jan M Dougherty

A fascinating look at compulsive hoarding by a woman whose mother suffers from the disease. To be the child of a compulsive hoarder is to live in a permanent state of unease. Because if my mother is one of those crazy junk-house people, then what does that make me? When her divorced mother was diagnosed with cancer, New York City writer Jessie Sholl returned to her hometown of Minneapolis to help her prepare for her upcoming surgery and get her affairs in order. While a daunting task for any adult dealing with an aging parent, it's compounded for Sholl by one lifelong, complex, and confounding truth: her mother is a compulsive hoarder. *Dirty Secret* is a daughter's powerful memoir of confronting her mother's disorder, of searching for the normalcy that was never hers as a child, and, finally, cleaning out the clutter of her mother's home in the hopes of salvaging the true heart of their relationship—before it's too late. Growing up, young Jessie knew her mother wasn't like other mothers: chronically disorganized, she might forgo picking Jessie up from kindergarten to spend the afternoon thrift store shopping. Now, tracing the downward spiral in her mother's hoarding behavior to the death of a long-time boyfriend, she bravely wades into a pathological sea of stuff: broken appliances, moldy cowboy boots, twenty identical pairs of graying bargain-bin sneakers, abandoned arts and crafts, newspapers, magazines, a dresser drawer crammed with discarded eyeglasses, shovelfuls of junk mail . . . the things that become a hoarder's "treasures." With candor, wit, and not a drop of sentimentality, Jessie Sholl explores the many personal and psychological ramifications of hoarding while telling an unforgettable mother-daughter tale.

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When Thelma Meyer tells it to you, she tells it straight: Clean the kitchen daily! Don't waste anything (not even the water leftover from those potatoes you just boiled)! Always work hard! This philosophy meant that when Thelma's daughter Monica founded Mrs. Meyer's Clean Day products (named after her mom), the products were designed to work hard for you. Now for the first time, Thelma's sage advice is being made available in this revolutionary cleaning guide chock full of practical tips and secrets based on the premise that life is hectic and messy -- and so keeping your house clean and nice is the only sensible thing to do. With shortcuts and tips for cleaning the kitchen, bathroom, bedroom and living room, MRS MEYER'S CLEAN HOME contains unexpected advice such as: --Never use vinegar and water on wood floors. One part dish soap and four parts water is the only way to truly get them clean. And remember to buff with a terrycloth towel. --Always clean out the fridge before grocery shopping. Serve the kids "Musko" ("must go") for dinner, using the items that were fast approaching expiration. --Wash windows on a cloudy day to avoid the nasty streaking that happens when the sun's out and glass dry too fast. MRS MEYER'S CLEAN HOME is two parts common sense and one part inspiration. Read it and learn how to clean like the dickens.

The wildly popular YouTube star behind CLEAN MY SPACE presents the breakthrough solution to cleaning better with less effort Melissa Maker is beloved by fans all over the world for her completely re-engineered approach to cleaning. As the dynamic new authority on home and living, Melissa knows that to invest any of our precious time in cleaning, we need to see big, long-lasting results. So, she developed her method to help us get the most out of our effort and keep our homes fresh and welcoming every day. In her long-awaited debut book, she shares her revolutionary 3-step solution: • Identify the most important areas (MIAs) in your

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home that need attention • Select the proper products, tools, and techniques (PTT) for the job • Implement these new cleaning routines so that they stick Clean My Space takes the chore out of cleaning with Melissa's incredible tips and cleaning hacks (the power of pretreating!), her lightning fast 5–10 minute “express clean” routines for every room when time is tightest, and her techniques for cleaning even the most daunting places and spaces. And a big bonus: Melissa gives guidance on the best non-toxic, eco-conscious cleaning products and offers natural cleaning solution recipes you can make at home using essential oils to soothe and refresh. With Melissa's simple, groundbreaking method you can truly live in a cleaner, more cheerful, and calming home all the time.

Everyone's favourite butler is back! Get your home spic and span with Charles MacPherson's expert tips and tricks for everything from polishing silverware to organizing the garage. After over 30 years as a professional butler and household manager, Charles MacPherson knows a thing or two about keeping a home clean and organized. He has poured his vast knowledge and expertise into this pocket-sized volume, perfect for easy day-to-day reference or to guide your next marathon cleaning session. Everything you need to know is here. With step-by-step instructions for cleaning, organizing, and maintaining every room in your home, *The Pocket Butler's Guide to Housekeeping* comprises information-packed chapters on cleaning, laundry, organization, and more. Wondering how to tackle a fresh stain? Looking for recipes for natural and gentle cleaning products? Want to finally master those crisp hospital corners for making your bed? Look no further than this definitive cleaning caddy companion. With handy checklists for daily, weekly, monthly, and annual cleaning; a complete guide to laundry symbols and fabric types; advice for hosting guests; and even tips for dealing with pests, damage, and long-

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term maintenance, this is a volume no home should be without.

Packed with simple tips and tricks, this is everything you need to know about household cleaning.

In *Clean Mama's Guide to a Healthy Home*, Becky Rapinchuk, author of *Simply Clean* and creator of the popular cleaning website *Clean Mama*, provides a step-by-step guide to take charge of your home's wellness with a comprehensive, all-natural cleaning system. Scientific evidence points to a clear link between household chemicals and a number of diseases and chronic health issues. Drawing on this research, Rapinchuk's program delivers an organized, beautiful, toxic-free, environmental-friendly household by providing readers with: A room-by-room guide to cleaning and removing harmful toxins in one's home A Weekend Kick-Start Detox to ease readers into the program Over 50 simple, organic DIY cleaning product recipes Easy to digest research on common toxic products in the home, why they are dangerous to our health, and what to replace them with Tips and tools from a trusted source to create cleaner, safer homes, resulting in healthier families Cleanliness is about detoxing, embracing organic, all-natural methods and products, and protecting the environment. Moms look to Becky to guide them in the best cleaning practices for their home, and will welcome *Clean Mama's Guide to a Healthy Home*, which shows that going natural isn't just a better way to a cleaner home—it's vital to the health of our bodies, our families, and our planet.

The New York Times bestselling authors of *The Home Edit* and stars of the Netflix series *Get Organized with The Home Edit* help you organize every aspect of your life with the 52 home-editing challenges in this must-have workbook. Clea Shearer and Joanna Teplin are back with an inspiring, easy-to-use workbook to help you organize and maintain your living spaces. Here

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are 52 challenges for every room of the home--from organizing a junk drawer to measuring your cabinet for storage bins to arranging the apps on your phone by color. The workbook is structured so you can tackle one challenge a week or breeze through your whole home in a few months, including:

- * Helpful organization tips and tricks
- * Space for writing checklists, shopping lists, and to-do lists
- * Activities that help you accomplish your goals at your own pace
- * Writing prompts for capturing memories connected to the things you own

Clea and Joanna are here to help you home edit your life and keep it that way.

THE NUMBER ONE SUNDAY TIMES BESTSELLER Discover how to transform your home and your life with Mrs Hinch 'Doing for household chores what Marie Kondo did for tidying. A step-by-step guide to achieving a spotless and immaculately tidy home' Daily Mirror 'My new cleaning goddess' Allison Pearson, Daily Telegraph 'The sensation' Sun 'We're made about Mrs Hinch' Vogue

_____ Cleaning - aka hinchng - doesn't have to be that job you dread, not when Mrs Hinch is here to show you her sparkly ways. At over 2 million followers and counting, she has taken the nation by storm with her infectiously addictive charm, clever tidying tips and passionate belief in cleaning. Mrs Hinch invites you into her home and while inside you'll discover how a spot of cleaning is the perfect way to cleanse the soul. She'll even share the story of Mr and Mrs Hinch and their 'dorgeous' boy, Henry. Inside you'll find out: - How cleaning can soothe anxiety and stress - Mrs Hinch's must-haves - Step-by-step guides to hinchng

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your home - And so much more! With the help of her cloth family, Mrs Hinch will help you turn your house into a home. Whether you're a daily duster or looking for a monthly makeover, Hinch Yourself Happy shows you how to create not only a cleaner house, but a calmer you. If you want your kitchen to sparkle like Meghan Markle, then this is the book for you.

"This isn't another Kondo-clone, because she dives into the heart of why decluttering is so difficult."— Booklist, STARRED Review Discover the freedom of a beautiful home, personal purpose, and joyful inner confidence Decluttering expert Tracy McCubbin offers revolutionary help to anyone who has repeatedly tried to break their clutter's mysterious hold. Her powerful answer lies in the 7 Emotional Clutter Blocks, unconscious obstacles that stood between thousands of her clients and financial freedom, healthy relationships, and positive outlooks. Once a Clutter Block is revealed—and healed—true transformation of home and life is possible. Her empowering techniques and strategies help you: Recognize and overcome your Clutter Block(s) to liberate your home. Lighten and purge without the rigidity of the other methods. Use your home to attain life goals like health, wealth and love. It's time to break through your Clutter Blocks and discover the lasting happiness waiting for you on the other side! Additional Praise for Making Space, Clutter Free: "What sets Tracy McCubbin apart is her kind and

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empathetic approach to organizing—she truly understands the psychology behind peoples' attachment to things."—Patricia Heaton "In Making Space, Clutter Free Tracy offers a realistic approach to managing your belongings. Instead of prescribing perfection, she understands our individual differences require individual strategies—and that it doesn't always need to be rational."—Cait Flanders, bestselling author of *The Year of Less*

After her "stand-in mother," a bold black woman named Rosaleen, insults the three biggest racists in town, Lily Owens joins Rosaleen on a journey to Tiburon, South Carolina, where they are taken in by three black, bee-keeping sisters. Little known fact: Buddhist Monks are amazing at cleaning and tidying. In this one-of-a-kind guide to cleaning your home, Buddhist monk Shoukei Matsumoto reveals how to make your home as spotless as it is tranquil and peaceful. For Buddhist monks cleaning well is a cardinal skill and, in *A Monk's Guide to a Clean House and Mind*, readers will discover their never-before-shared cleaning pro tips. In the Zen Buddhist tradition, true enlightenment is impossible if your home has even a speck of dust and, as such, Buddhist monks have much to teach us lay people about achieving a truly Zen clean. *A Monk's Guide to a Clean House and Mind* features charming illustrations and step-by-step instructions on such essential household cleansing tips as:

- First, Air It Out: Before cleaning

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anything Monk's first open the temple windows to purify the air and let the crisp morning breeze in. • Don't Procrastinate: 'Zengosaidan ' is a Zen expression meaning that one should put all their efforts into each day so they have no regrets. In the context of cleaning, this means don't put off cleaning those dishes you've left in the sink. • Remember to Put On Your Samue: Samue robes are worn by Japanese monks when they perform their daily duties of cleaning and looking after the temple. Easy to move in and to wash and care for, they are the perfect cleaning attire. From cleaning up everything from your kitchen sink, toilet, and that pile of unidentified stuff in the corner of your garage to your mind, body, and spirit, this book will guide you in creating a home environment that will calm your thoughts and nourish your soul.

Declutter Your Home, Declutter Your Life Organize your life: Do you dream of getting organized, but have no idea where to start? Cluttered Mess to Organized Success: A Real Life Approach to Decluttering and Tidying-up your Home and Life offers you everything you need to organize your home, family and your time. This book not only provides helpful tips and advice, but it is jam packed with over 100 worksheets, forms, labels, schedules and everything else you need to organize your life. Declutter your way to happiness: Cassandra Aarssen is a Professional Organizer and creator of the successful blog and YouTube channel,

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ClutterBug. After struggling for years with chaos and clutter, Cassandra transformed her home and her life through organization. She now shares her favorite organizing tips, tricks and secrets in order to help others declutter their way to happiness. Cassandra's debut book, Real Life Organizing has been inspiring families from all over the world to get control of their clutter and fall in love with their home all over again.

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