

## Anni Dewani A Fathers Story

Do you need to help your baby or child to sleep through the night, overcome fussiness around food, succeed with potty training or stop tantrums? Kathryn's step-by-step advice will give you new confidence as a parent and quickly and easily help your child: - Sleep through the night - Try new foods and enjoy healthy eating - Transform challenging behaviours and habits - Potty train with ease With advice for different issues and ages, Kathryn will guide you through the three-day plan relevant to you and help you put your family back on track. Kathryn's 3-day plans work on the basis that it normally takes a child three days to settle into a new routine. On day 1 she helps you to identify the cause of the issue, to choose the right positive bespoke solution clearly outlined in her book and to begin to implement it. On this first day the new routine will feel new and unfamiliar to you and your child. On day 2 the new routine will start to be more familiar and by the end of day 3 the change will be accepted by your child and a fresh start will begin to unfold for you all. Essential advice for parents with children aged 6 months to 6 years.

THE SUNDAY TIMES BESTSELLER Straight Outta Crawley is the hilarious and irreverent autobiography from comedian Romesh Ranganathan. 'Very, very

funny. I can't recommend it highly enough.' Jonathan Ross

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At the age of 9, Romesh Ranganathan delivered his first ever stand-up set at a Pontin's holiday camp talent competition, smashing the other competitor, a young girl playing the kazoo. The gig went so well that Romesh retired his comic genius for twenty-two years, hiding behind the guise of a maths teacher, before finally revealing himself again (no, not like that) at the tender age of 31. In 2010, Ranganathan staged his epic comeback gig to an almost silent room, and has since gone on to earn his place as the most in-demand overweight vegan Sri Lankan comedian in Britain. Now, for the first time, he tells the full story of how he got here. From the delights of Sri Lankan hospitality to his struggles as a child, teacher and now parent, to his adolescent flirtation with a rap career and his attempts to make it in comedy, *Straight Outta Crawley* is Ranganathan's hilarious and irreverent autobiography. Have you read Romesh's latest book? *As Good As It Gets: Life Lessons from a Reluctant Adult* is Romesh Ranganathan's hilarious and painfully accurate dissection of what it really means to grow up.

'We all have good days and bad days and we all compare ourselves to others. But being confident isn't about looking like someone else - it's about feeling like the best version of you.' *Vogue* Looking and feeling her best - whether this

means toning up at the gym, wearing an outfit she loves, or relaxing with friends - gives model, DJ and presenter Vogue Williams the confidence to work and shine in a busy, fast-paced world. Here, with her trademark down-to-earth style, Vogue shares the secrets which have her looking healthy, fit and comfortable in her own skin. From her daily workout routines and favourite playlists, to recipes for tasty meals, tips on skincare, her go-to make-up looks, dressing for different occasions and even how to pack for festivals, city breaks and sun holidays, Everything has all you need to know about recognising your own beauty and making it work for you.

The Baltic region is frequently neglected in broader histories of Europe and its international significance can be obscured by separate treatments of the various Baltic states. With this wide-ranging survey, Andrejs Plakans presents an integrated history of three Baltic peoples - Estonians, Latvians and Lithuanians - and draws out the common threads to show how it has been shaped by their location in a strategically desirable corner of Europe. Subordinated in turn by Baltic German landholders, the Polish nobility and gentry, and then by Russian and Soviet administrators, the three nations have nevertheless kept their distinctive identities - significantly retaining three separate languages in an ethnically diverse region. The book traces the countries' evolution from their ninth-

century tribal beginnings to their present status as three thriving and separate nation states, focusing particularly on the region's complex twentieth-century history, which culminated in the eventual re-establishment of national sovereignty after 1991.

The New York Times bestseller: "Hilarious. No mushy tribute to the joys of fatherhood, Lewis' book addresses the good, the bad, and the merely baffling about having kids."—Boston Globe When Michael Lewis became a father, he decided to keep a written record of what actually happened immediately after the birth of each of his three children. This book is that record. But it is also something else: maybe the funniest, most unsparing account of ordinary daily household life ever recorded, from the point of view of the man inside. The remarkable thing about this story isn't that Lewis is so unusual. It's that he is so typical. The only wonder is that his wife has allowed him to publish it.

'A love letter to English horticulture written by a passionate gardener. A must-read for anyone who has dreamt of cultivating their own patch of land' Jane Perrone 'Skymeadow is a fascinating book . . . Every flower, every passing bud, every change in the season is described with rapture' Jilly Cooper When Charlie Hart first visited Peverels, a small farmhouse that sits lazily on the lip of a hill running down into the Peb Valley, he was at breaking point, grieving the loss of

his father and anxious about the impending death of his mother. He and his wife Sybilla felt that their London life had been steadily growing in noise: the noise of grief, the noise of busyness, the noise that comes from the expectations of others and, for Charlie, the constant clamour of dissatisfaction at work. At Peverels, Charlie found an expanse of untouched meadowland, the perfect setting for an audacious garden. Charlie felt an unquenchable urge to dig, to create something. The days he spent wrestling with the soil in the rose garden were the days in which he mourned the loss of his parents. Gardening has taught him that you can dig for victory, but you can also dig for mental health. As the garden formed around Charlie, he buried his fears and anxieties within it. A garden that is now known as Skymeadow and grows with a lusty, almost biblical vigour. In Skymeadow, Charlie seamlessly weaves together his own memoir with that of his garden. The result is a lyrical and incisive story of mental health at an all-time low, the healing powers of digging and, ultimately, a celebration of nature. A story of how the CIA's darkest secret of the War on Terror - the 'extraordinary rendition' programme - was exposed. This work takes a look at the logistics of torture which shows how far Bush is prepared to go in the 'war on terror'. "I had spent most of my childhood thinking I was a dog, and suspect I had aged in dog years. By the time I was ten I had discovered the pain of unbearable loss. I

had felt joy and jealousy. Most important of all, I knew how to love and how to let myself be loved. All these things I learned through animals. Horses and dogs were my family and my friends. This is their story as much as it is mine.” Clare Balding grew up in an unusual household. Her father a champion horse trainer, they shared their lives with more than one hundred thoroughbred racehorses, mares, foals, and ponies, as well as an ever-present pack of dogs, on a sprawling estate in the Hampshire Downs. As a child, Clare happily rode the legendary racehorse Mill Reef and received her first pony, Valkyrie, as a gift from Her Majesty the Queen of England. But Clare ranked low in the family pecking order—as a girl, she was decidedly below her younger brother, and both of them were certainly below the horses. Left to her own devices, she had to learn life’s toughest lessons through the animals, and through her adventures in the stables and the surrounding idyllic English countryside. From her struggles at boarding school to her triumphs as an amateur jockey and event rider, Clare weaves her own coming-of-age story through portraits of the beloved horses and dogs, from the protective Candy to the unruly Frank, who were her earliest friends. The running family joke was that “women ain’t people.” Clare has to prove them wrong, to make her voice heard—but first she had to make sure she had something to say. *My Animals and Other Family* is a witty, brave, and moving

account of stumbling—often literally—into one’s true self.

In this charming and intimate memoir, the youngest daughter of Winston Churchill shares stories from her remarkable life—and tells of the unbreakable bond she forged with her father through some of the most tumultuous years in British history. Through a combination of personal reminiscences and never-before-published diary entries, Mary Soames, the youngest daughter of Clementine and Winston Churchill, describes what it was like growing up as the scion of one of the lions of twentieth-century statecraft. Warm memories of a childhood spent roaming the grounds of the family’s country estate, tending to a small menagerie of pets, evoke the idyllic mood of England between the wars. As she matures into one of her father’s most trusted companions, we are given rare glimpses inside the glittering social milieu through which the Churchills moved—as well as the rough-and-tumble world of British politics. With fly-on-the-wall immediacy, Mary describes the momentous debate in Parliament where Prime Minister Neville Chamberlain was driven from office, paving the way for Winston Churchill’s ascension and the grueling crucible of World War II. During the war Mary served as a gunner in the women’s auxiliary, helping to shoot down the German V-1 rockets then bedeviling London. Styling herself as Private M. Churchill to avoid publicity, she led a unique double life that comes vividly alive again in the retelling. Splitting her time between luncheons at Chequers—where she spent time with the likes of Lord Mountbatten—and the turret of an anti-aircraft battery, she was never far from

the center of the action. Hitler even reportedly hatched a plan, never consummated, to hire spies to seduce her in order to gain access to secret British war plans. She attended the Potsdam Conference as her father's aide-de-camp, arranging a memorable dinner with Harry Truman and Josef Stalin (whom she acidly remembers as "small, dapper, and rather twinkly"). And when British voters overwhelmingly turned on Winston Churchill in the 1945 election, it is left to Mary to recount the pain and devastation her father could never publicly express. The mutual love and affection between Mary Soames and her parents pours forth from every page of this elegantly written memoir. *A Daughter's Tale* is both a moving personal history and a source of untold insight into one of the enduring icons of British national life.

Two separate lives, one heartbreaking secret When Phyllis Whitsell was just eight months old, her mother died of tuberculosis. At least, that what's Phyllis grew up being told. But Phyllis never believed it was true. She prayed every night for God to take care of her birth mother, holding onto the hope that she was alive and out there, somewhere. Finally, after years of searching, Phyllis finds her birth mother—Bridget, known locally as Tipperary Mary. But the loving reunion Phyllis had hoped for is complicated by a difficult past. The mother she discovers is a broken woman—a victim of early onset dementia, an alcoholic, and a woman crushed by years of missing the daughter she gave up. Phyllis, by this time a community nurse with her own children, keeps the discovery from her family. She begins to care for Bridget—visiting her at home, buying her new clothes,

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tending to her maladies and giving her as much love as she can. All the while, Phyllis struggles with telling Bridget her true identity. And when she eventually introduces her son to his grandmother, Bridget doesn't believe her. Bridget never fully understands that her tender new caregiver is the daughter she lost so long ago. My Secret Mother is the extraordinary story of forgiveness and compassion, as a daughter's search for her mother becomes a journey from abandonment into love.

Muna and her three sisters were happy children, growing up in Newport South Wales with their English mother and Arabic father. But in 1972 her mother disappeared, setting in motion a chain of events which would forever shatter her seemingly loving family.

The No.1 Sunday Times bestselling novel!

From the private papers of Winston Churchill to the tender notes of an unknown Tommy in the trenches, Love Letters of the Great War brings together some of the most romantic correspondence ever written. Many of the letters collected here are eloquent declarations of love and longing; others contain wrenching accounts of fear, jealousy and betrayal; and a number share sweet dreams of home. But in all the correspondence – whether from British, American, French, German, Russian, Australian and Canadian troops in the height of battle, or from the heartbroken wives and sweethearts left behind – there lies a truly human portrait of love and war. A century on from the First World War, these letters offer an intimate glimpse into the

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hearts of men and women separated by conflict, and show how love can transcend even the bleakest and most devastating of realities. Edited and introduced by Mandy Kirkby, with a foreword from Orange Prize-winner Helen Dunmore.

The princess daughter Lord Louis and Edwina Mountbatten and descendant of British and Russian royals documents her singular childhood in England and India surrounded by famous guests, her parents' open lovers and her exotic pets. By the author of *India Remembered*. 40,000 first printing.

Part biography, part historical and cultural study, this richly illustrated volume uncovers in fascinating detail the childhood that Princess Victoria actually lived. Vallone shows readers a new Victoria--a lively and passionate girl very different from the iconic, dour widow of the queen's later life. 50 illustrations, 15 in color.

In this book, renowned anthropologists Jean and John L. Comaroff make a startling but absolutely convincing claim about our modern era: it is not by our arts, our politics, or our science that we understand ourselves—it is by our crimes. Surveying an astonishing range of forms of crime and policing—from petty thefts to the multibillion-dollar scams of too-big-to-fail financial institutions to the collateral damage of war—they take readers into the disorder of the late modern world. Looking at recent transformations in the triangulation of capital, the state, and governance that have led to an era where crime and policing are ever more complicit, they offer a powerful meditation on the new forms of sovereignty, citizenship, class, race, law, and political economy of representation that

have arisen. To do so, the Comaroffs draw on their vast knowledge of South Africa, especially, and its struggle to build a democracy founded on the rule of law out of the wreckage of long years of violence and oppression. There they explore everything from the fascination with the supernatural in policing to the extreme measures people take to prevent home invasion, drawing illuminating comparisons to the United States and United Kingdom. Going beyond South Africa, they offer a global criminal anthropology that attests to criminality as the constitutive fact of contemporary life, the vernacular by which politics are conducted, moral panics voiced, and populations ruled. The result is a disturbing but necessary portrait of the modern era, one that asks critical new questions about how we see ourselves, how we think about morality, and how we are going to proceed as a global society.

Quite possibly the best birth control on the market, this title is a pictorial tribute to the filthy, distasteful, gross, and painful moments of parenthood, and the children who make it all possible.

He was our abusive father. We were just children. No one could know. Heidi was 18 when she read her little sister Chloe's diary, and discovered that they shared a terrible secret: they had both been abused by their father. After years of fear and isolation, Heidi knew she had to go to the police. For a long time, Chloe resented Heidi for forcing her to disclose what had happened when she wasn't ready, while their brother, Tom, couldn't understand how he had so misjudged his father, and at first he didn't believe

their tale. The truth threatened to destroy them all. This is the very honest story of three siblings, and how a man they trusted threatened to tear their family apart.

Anni Dewani: A Father's Story Gender Swapped Fairy Tales Faber & Faber

When Arthur Hayman, an unsuccessful screenwriter turned children's book author, is accidentally hit by a cement truck in London, his dying moments are spent with a passing American tourist, Laurie Clow, who is fated to bring posthumous fame to his obscure series, *The Hayseed Chronicles*, and the enigmatic and sinister Mr. Toppit who is at the center of the books. While Arthur doesn't live to reap the benefits of his books' success, his legacy falls to his widow, Martha, and their children—the fragile Rachel, and Luke, reluctantly immortalized as the fictional Luke Hayseed, hero of his father's books. But others want their share of the Hayseed phenomenon, particularly Laurie, who has a mysterious agenda of her own that changes all of their lives as Martha, Rachel, and Luke begin to crumble under the heavy burden of their inheritance. Spanning several decades, from the heyday of the postwar British film industry to today's cutthroat world of show business in Los Angeles, *Mr. Toppit* is a riveting debut novel that captures an extraordinary family and their tragic brush with fame to wonderfully funny and painful effect.

Tell a woman we need to save the males and she'll give you the name of her shrink. But cultural provocateur Kathleen Parker, who was raised by her father and who mothered a pack of boys, makes a humorous case for rescuing the allegedly stronger

sex from trends that portend man's cultural demise. Save the Malesis a shrewd, amusing, and sure-to-be-controversial look at how men, maleness, and fatherhood have been under siege in American culture for decades. Kathleen Parker argues that the feminist movement veered off course from its original aim of helping women achieve equality and ended up making enemies of men. With piercing wit, this nationally syndicated columnist shows us how the pendulum has swung from the reasonable middle to a place where men have been ridiculed in the public square and the importance of fatherhood has been diminished—all to the detriment of women, who ultimately suffer most. The real losers, should we continue on our present course, are not just grown men and women but our children. Young people involuntarily drafted into the squabbles of their parents' generation and raised in a climate of sexual hostility—also known as the “hookup culture”—may be fluent in porn, but their vocabulary is painfully limited when it comes to relationships. While Parker gleefully skewers the silly side of the human experiment—like men in dresses and sperm shopping—she offers sobering statistics on the impact of the anti-male culture on the institution of the family and on relationships. Exploring our burgeoning “slut culture” and the vividly narcissistic prevalence of vagina worship, Save the Malessoftens no edges. Parker tackles some of the more taboo subjects in today's sexual politics and culture wars with perceptive analysis and a stinging sense of humor that will have America talking—and chuckling—about saving the males.

Offers a new insight into the Iraqi media during Saddam Hussein's rule and the post-2003 era. The arguments put forth are based on content analysis of TV newscasts, participant observation, questionnaires distributed to Iraqi journalists and interviews with Iraqi media experts.

Written by Peter Joyce, who is a current criminology lecturer and a leading researcher, *Criminology - The Essentials* is designed to give you everything you need to succeed, all in one place. It covers the key areas that students are expected to be confident in, outlining the basics in clear jargon-free English, and then providing added-value features like summaries of key books, and even lists of questions you might be asked in your seminar or exam. The book uses a structure that mirrors many university courses on criminology - starting with definitions of crime, then examining why people commit crime, and how crime can be prevented and detected. Later chapters hone in on the criminal justice system itself, examining the role of the police, the courts and prisons. This book is unique for its comparative approach to criminology, enabling students to understand criminology in the context of the UK, the US and further afield. Teach Yourself titles employ the 'Breakthrough method', which is designed specifically to overcome problems that students face. - Problem: 'I find it difficult to remember what I've read.'; Solution: this book includes end-of-chapter questions and summaries - Problem: 'Most books mention important other sources, but I can never find them in time.'; Solution: this book includes key texts and case studies are summarised,

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complete with fully referenced quotes ready to use in your essay or exam. - Problem: 'Lots of introductory books turn out to cover totally different topics than my course.'; Solution: this book is written by a current university lecturer who understands what students are expected to know.

Breastfeeding can be messy, uncomfortable, and even painful at times, but the mother's inner consciousness tells another story. The images in this book depict the way each woman feels while nursing: pure, beautiful, saintly, celestial. She is a beauty in an ancient mural. A powerful miracle in the snow. A golden ray on the shore. A Breastfeeding Goddess. Gorgeous, full color, hardcover coffee table book.

All parents want their children to be happy. But many couples today go too far, letting everything revolve around their kids. This hurts the children and the marriage. The good news is you don't have to choose between your spouse and your kids. Drawing from the latest research in neuroscience and his study of families around the world, David Code explains why putting your marriage first actually produces happier kids.

New York Times Bestseller "Julie Lythcott-Haims is a national treasure. . . . A must-read for every parent who senses that there is a healthier and saner way to raise our children." -Madeline Levine, author of the New York Times bestsellers *The Price of Privilege* and *Teach Your Children Well* "For parents who want to foster hearty self-reliance instead of hollow self-esteem, *How to Raise an Adult* is the right book at the right time." -Daniel H. Pink, author of the New York Times bestsellers *Drive* and *A*

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Whole New Mind A provocative manifesto that exposes the harms of helicopter parenting and sets forth an alternate philosophy for raising preteens and teens to self-sufficient young adulthood In How to Raise an Adult, Julie Lythcott-Haims draws on research, on conversations with admissions officers, educators, and employers, and on her own insights as a mother and as a student dean to highlight the ways in which overparenting harms children, their stressed-out parents, and society at large. While empathizing with the parental hopes and, especially, fears that lead to overhelping, Lythcott-Haims offers practical alternative strategies that underline the importance of allowing children to make their own mistakes and develop the resilience, resourcefulness, and inner determination necessary for success. Relevant to parents of toddlers as well as of twentysomethings-and of special value to parents of teens-this book is a rallying cry for those who wish to ensure that the next generation can take charge of their own lives with competence and confidence.

When your husband moves out, move your best friends in... Amanda Wilkie unexpectedly finds herself alone with her three children in a rambling Victorian house in London. Her husband leaves them, claiming he's just 'lost the love', like one might carelessly lose a glove. A few months later, Amanda's heavily pregnant friend, Ali, crashes into her kitchen announcing her husband is also leaving. So, after Ali's baby Grace is born, they both move into Amanda's attic. And when Jacqui, a long-lost friend and fellow single mum, starts dropping by daily, the household is complete. Getting

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divorced is no walk in the park, but the three friends refuse to be defined by it. And, as they slowly emerge out of the wreckage like a trio of sequin-clad Gloria Gaynors singing 'I Will Survive', they realise that anything is possible. Even loving again... Based on Janet's true story, *The Single Mums' Mansion* is a laugh-out-loud tour de force which will make you laugh, cry and treasure your best friends even more than before. Perfect for fans of Marian Keyes, Gill Sims and Tracy Bloom. Praise for *The Single Mums' Mansion*: 'There was something inherently charming and satisfying about how imperfect everyone is within the story' C. R. Elliott. 'I cannot wait to tell friends about it as I am sure they will enjoy as much as I did' Molly Stulmaker. 'Once I was done, I kept hearing "I will survive" in my head' Cheryl Weaver. 'An intriguing and fun read, purely delightful' Gaelle Hince. 'I absolutely ADORED reading *The Single Mums' Mansion*' Amanda Oughton.

The author of such novels as "Empire of the Sun" and "Crash" recalls his childhood, his first attempts at science fiction, and his life as a single father after the premature death of his wife.

Discover a collection of fairy tales unlike the ones you've read before . . . Once upon a time, in the middle of winter, a King sat at a window and sewed. As he sewed and gazed out onto the landscape, he pricked his finger with the needle, and three drops of blood fell onto the snow outside. People have been telling fairy tales to their children for hundreds of years. And for almost as long, people have been rewriting those fairy tales

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- to help their children imagine a world where they are the heroes. Karrie and Jon were reading their child these stories when they hit upon a dilemma, something previous versions of these stories were missing, and so they decided to make one vital change.. They haven't rewritten the stories in this book. They haven't reimagined endings, or reinvented characters. What they have done is switch all the genders. It might not sound like that much of a change, but you'll be dazzled by the world this swap creates - and amazed by the new characters you're about to discover.

On 13 November 2010, Anni Dewani was on a dream honeymoon in South Africa after celebrating the happiest day of her life, her marriage to handsome husband Shrien. But the idyllic holiday took a dramatic and tragic twist when the couple were kidnapped at gunpoint as their taxi drove through a tough township near Cape Town. Businessman Shrien, from Bristol, was released unharmed by the captors, but Anni was shot at close range in the neck and died on the spot. Her body was found slumped in the blood-soaked back seat of the taxi hours later. When news of the horrific murder reached her parents they were hit by a double hammer blow – not only did they have to deal with the loss of their beloved daughter in the most brutal of circumstances, but police also told them one of the suspects behind the slaying was her husband. After a long, drawn-out extradition process, Shrien was brought back for trial in South Africa, piling more agony on the victim's distraught family. In *Anni Dewani: A Father's Story*, dad Vinod Hindocha recounts how his family struggled to cope with the devastating loss of Anni,

how they saw their hopes for her future shattered in the blink of an eye at the hands of hit men – for reasons which still largely remain a mystery – and their battle to see justice done. He also tells of their attempts to reconcile themselves with the court's verdict and of a future without their beautiful daughter, whose life was so cruelly and inexplicably extinguished.

This title is part of UC Press's Voices Revived program, which commemorates University of California Press's mission to seek out and cultivate the brightest minds and give them voice, reach, and impact. Drawing on a backlist dating to 1893, Voices Revived makes high-quality, peer-reviewed scholarship accessible once again using print-on-demand technology. This title was originally published in 1969.

Oh, the places a whore will go: Strip clubs, four-star hotels, stinking basement apartments, luxury cottages. A striking memoir by Andrea Werhun and Nicole Bazuin documents Andrea's sex work career in lush photography and powerful words--in all its slippery, sexy, silly and sometimes heartbreaking glory. Andrea Werhun's sex work career gave her money, freedom, joy, and a lot of dick. A natural performer, she revelled in the opportunity to invent Mary Ann, her escort couterpart, and introduce her to men all over the city. She whores, she learns, she writes it all down, and then, as per a signed document she handed to her Catholic mother in her early twenties, she quits. To become a stripper. Andrea and Nicole revisit the idea of the modern whore, with the enhanced perspective of Andrea's experience at the strip club. This new, engorged

edition of the sold-out memoir-cum-art book expands on the original concept--a series of vignettes exploring the many identities sex workers adopt in the service of their clients and in the eyes of the public--in both a literal and literary way. But Andrea doesn't shy away from the serious side of sex work, either, exploring the risks sex workers take, and the rights our culture is constantly taking away from them. This series of stories and portraits investigate the many ways we imagine--and mistake--the modern whore. It's Playboy if the Playmates were in charge.

A hilariously candid account of one woman's quest to bring her post-baby marriage back from the brink, with life-changing, real-world advice. "Get this for your pregnant friends, or yourself." --People Recommended by Nicole Cliffe in Slate Featured in People Picks A Red Tricycle Best Baby and Toddler Parenting Book of the year One of Mother magazine's favorite parenting books of the year How Not To Hate Your Husband After Kids tackles the last taboo subject of parenthood: the startling, white-hot fury that new (and not-so-new) mothers often have for their mates. After Jancee Dunn had her baby, she found that she was doing virtually all the household chores, even though she and her husband worked equal hours. She asked herself: How did I become the 'expert' at changing a diaper? Many expectant parents spend weeks researching the best crib or safest car seat, but spend little if any time thinking about the titanic impact the baby will have on their marriage - and the way their marriage will affect their child. Enter Dunn, her well-meaning but blithely unhelpful husband, their daughter, and her boisterous extended family, who show us the ways in which outmoded family patterns and traditions thwart the overworked, overloaded parents of today. On the brink of marital

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Armageddon, Dunn plunges into the latest relationship research, solicits the counsel of the country's most renowned couples' and sex therapists, canvasses fellow parents, and even consults an FBI hostage negotiator on how to effectively contain an "explosive situation." Instead of having the same fights over and over, Dunn and her husband must figure out a way to resolve their larger issues and fix their family while there is still time. As they discover, adding a demanding new person to your relationship means you have to reevaluate--and rebuild--your marriage. In an exhilarating twist, they work together to save the day, happily returning to the kind of peaceful life they previously thought was the sole province of couples without children. Part memoir, part self-help book with actionable and achievable advice, *How Not To Hate Your Husband After Kids* is an eye-opening look at how the man who got you into this position in this first place is the ally you didn't know you had.

Your thorough guide to comprehending and combating crime Are you fascinated by criminology, forensics, and detective work? This you-are-there guide takes you deep into the world of crime, giving you a better understanding of the dark recesses of the criminal mind and how law enforcement officials investigate crime. You'll gain real-world knowledge of the reasons for and consequences of crime, the way society responds to it, and, most important, how crime can be prevented. Enter the world of crime — understand what crime is, how it is measured, and the various ways crime affects victims and society Identify different types of crime — from white-collar crime to organized crime to terrorism, examine the nature of crime and why certain criminals are attracted to specific crimes Know who commits crimes, and why — explore different theories that attempt to explain why people commit crimes Take it to the streets — follow law enforcement officials and federal agencies as they chase and apprehend

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the bad guys Seek justice — meet the key players in the criminal justice system and see why and how the guilty are punished Deal with juveniles — know the differences between adult and juvenile systems, realize why youths are treated differently, and review modern methods for treatment Open the book and find: Common criminal traits The causes of violent crimes Recent efforts to secure victims' rights The processes used to solve crimes A step-by-step walkthrough of the criminal justice process Ways to recognize and fight back against crime Jobs in the criminal justice field Ten notorious, unsolved crimes

#1 New York Times bestselling author Philippa Gregory weaves an unforgettable tale of a young woman's sorcery and desire in Henry VIII's England, where magic, lust, and power are forever intertwined. Growing up as an abandoned outcast on the moors, young Alys' only company is her cruel foster mother, Morach, the local wise woman who is whispered to practice the dark arts. Alys joins a nunnery to escape the poverty and loneliness she has felt all her life, but all too soon her sanctuary is destroyed. King Henry VIII's followers burn the holy place to the ground, and Alys only just manages to escape with her life, haunted by the screams of her sisters as they burned to death. She finds work in a castle not far from where she grew up as an old lord's scribe, where she falls obsessively in love with his son Hugo. But Hugo is already married to a proud woman named Catherine. Driven to desperation by her desire, she summons the most dangerous powers Morach taught her, but quickly the passionate triangle of Alys, Hugo, and Catherine begins to explode, launching them into uncharted sexual waters. The magic Alys has conjured now has a life of its own—a life that is horrifyingly and disastrously out of control. Is she a witch? Since heresy means the stake, and witchcraft the rope, Alys is in mortal danger, treading a perilous path between her faith and her

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own power.

From the acclaimed, controversial singer-songwriter Sinéad O'Connor comes a revelatory memoir of her fraught childhood, musical triumphs, struggles with illness, and of the enduring power of song. Blessed with a singular voice and a fiery temperament, Sinéad O'Connor rose to massive fame in the late 1980s and 1990s with a string of gold records. By the time she was twenty, she was world famous—living a rock star life out loud. From her trademark shaved head to her 1992 appearance on Saturday Night Live when she tore up Pope John Paul II's photograph, Sinéad has fascinated and outraged millions. In *Rememberings*, O'Connor recounts her painful tale of growing up in Dublin in a dysfunctional, abusive household. Inspired by a brother's Bob Dylan records, she escaped into music. She relates her early forays with local Irish bands; we see Sinéad completing her first album while eight months pregnant, hanging with Rastas in the East Village, and soaring to unimaginable popularity with her cover of Prince's "Nothing Compares 2U." Intimate, replete with candid anecdotes and told in a singular form true to her unconventional career, Sinéad's memoir is a remarkable chronicle of an enduring and influential artist. "

The *Accidental Memoir* takes you on a journey of self-discovery. This beautifully illustrated book is filled with inventive and accessible writing prompts, as well as tips for anyone wanting to document their lives and explore their creativity. The *Accidental Memoir* will show you how to: Write a memoir Flex your writing muscles Exorcise your demons Relive moments of magic Make sense of life Reminisce Create social media content Become your own therapist Reduce stress Have fun Leave a lasting legacy This innovative concept was developed as an Arts Council project to help people tap into their own lives. Working with diverse groups from

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refugees to the elderly and prisoners, it has been a resounding success in unearthing stories that otherwise may never have been told.

The terrifying comic strip about a woman taxi driver--take a seat and buckle up for a wild ride

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