

A Manual Of Acupuncture Peter Deadman

Peter Deadman is a well-known figure in the field of Chinese medicine, health promotion and qigong. However it wasn't always like that. This memoir - interspersed with many of his short stories - is an account of his childhood, teen rebellion, hippie travelling years, career in natural foods, discovery of Chinese medicine and the slow transition into the fine upstanding citizen he is now. Profits from the sale of this book will be given to the Chinese Medicine Forestry Trust.

This is the first book to set out a full range of research strategies for evaluating the clinical practice of acupuncture. Leading acupuncturists and researchers with international reputations share their expertise. They illustrate their descriptions with practical examples of what has worked and what has not. It outlines many of the key challenges in the field. These challenges relate to the nature of acupuncture and the gap between current research evidence and the actual experiences of acupuncturists in the field. By focusing the chapters on key research questions, rather than methods, the book has a user-friendly feel. Each chapter is easily accessible with brief explanations of research designs as well as vignettes of relevant past research. The book is based on a deep understanding of acupuncture, with its inherent complexity in practice, whether based on traditional principles or more modern concepts. By incorporating a more sophisticated understanding of the field, this book details a range of strategies aiming to develop the evidence base with the utmost rigour. It is the first book on acupuncture research to take this unique view, integrating the very best of evidence-based medicine with a genuine sensitivity to the discipline of acupuncture, from its traditional and holistic roots to its more modern interpretations.

Offering a systematic comparative approach to Western and Eastern medicine, this unique textbook enables students and practitioners of Chinese medicine to develop a core understanding of conventional medical language and treatments. Acupuncture practitioners increasingly find themselves working alongside Western healthcare professionals. Now in its second edition, this book is a guide to conventional medical diagnoses, symptoms and treatments, and using examples drawn from the author's experience and knowledge of TCM it encourages reflection on how these diagnoses may be interpreted from a more holistic medical perspective. It includes introductory sections on physiology, pathology and pharmacology, chapters devoted to the physiological systems of the body and the conventional approach to the treatment of diseases that can affect them, and information on dealing with patients in practice. Accompanying online material, including self-testing questions and answers and checklists for revision, is available for those wishing to use the text for systematic study. From an internationally known expert in the teaching and practice of Fukushin, this is a unique book defining the therapeutic and diagnostic significance of the abdomen in East Asian medicine. Nigel Dawes provides a comprehensive description of the practical application of abdominal palpation in clinical settings, as well as offering hands-on descriptions of the precise methodology of the abdominal exam with supporting visual aids. Focusing on specific clinical application in the field of Kampo (Sino-Japanese Herbal Medicine), it allows for the subtleties of the Fukushin method to be disseminated in order to complement Traditional Chinese Medicine training. Highly visual and practical, Fukushin is the perfect guide for both Japanese and Chinese

medicine students and practitioners looking to develop their toolbox of skills in abdominal palpation.

Introduces the basics of traditional Chinese acupuncture, and discusses treatment, safety precautions in point selection, and needling techniques

Established as the most complete work on the channels, collaterals and points in English, A Manual of Acupuncture has become the gold standard text for students and practitioners of acupuncture. Introductory chapters on the channels and collaterals, point categories, point selection models, point location and needling. Illustrations and text descriptions of all primary, extraordinary, divergent, luo-connecting and sinew channels. The points of the fourteen channels and the extra points with their English name, Chinese name, and Chinese character. the most exacting and accurate anatomical point locations yet published in any English text with practical point location notes to assist in easy location. Nearly 500 illustrations, with a single dedicated illustration for every point. Point actions to aid the understanding and memorization of each point's principal qualities. Extensive lists of point indications taken from numerous classical and modern source texts and grouped for ease of reference. Substantial commentaries explaining in detail the principal historical and modern applications of the point, and drawing on classical and modern texts and the extensive clinical experience of the authors. Numerous classical prescriptions showing how the points have been used and combined through nearly two millenia of practice. Area illustrations showing the locations of the major points in each region of the body. Extensive indexes including an index of every point indication.

Authoritative work. Descriptions of more than 1,000 acupuncture points, discussion of techniques etc. 741 p. B/W illus.

"Applied Channel Theory in Chinese Medicine" demonstrates how a deeper understanding of the interrelationship between organ and channel theory can lead to more precise diagnoses and better clinical results. The book is a collaboration between Wang Ju-Yi, one of modern China's most respected scholars, teachers, and practitioners of traditional Chinese medicine, and his American apprentice and practitioner, Jason Robertson. While most textbooks focus either on the functions of the organs in basic physiology or on the uses of the channels in treatment, this book shows the essential relationships between the two. Theory and practice are connected through a detailed discussion of a channel palpation methodology developed by Dr. Wang, which leads to more precise and effective point selection, location, and technique. Applied Channel Theory in Chinese Medicine was developed during Mr. Robertson's apprenticeship with Dr. Wang in Beijing, and is presented in a unique and highly readable format that preserves the intimacy of dialogue between apprentice and teacher, with questions and answers, narratives, and case studies.

This collection of stories ducks and dives through time and space with the speed of a social network site browser. Here are the favourites from the entries to the 2011 Earlyworks Press Short Story competition.

The most detailed exposition of the vessels in the English language.

A Manual of Acupuncture

Acupuncture is a component of the health care system of China that can be traced back at least 2,500 years. The general theory of acupuncture is based on the premise that there are patterns of energy flow (Qi) through the body that are essential for health. Disruptions of this flow are believed to be responsible for disease. Acupuncture may, it has been theorized, correct imbalances of flow at identifiable points close to the skin. The practice of acupuncture to treat identifiable pathophysiological (disease) conditions in American medicine was rare until the visit of President Richard M. Nixon to China in 1972. Since that time, there has been an explosion of interest in the United States and Europe in the application of the technique of acupuncture to Western medicine. Acupuncture is a family of procedures involving stimulation of anatomical locations on or in the skin by a variety of techniques. There are a variety of approaches to diagnosis and treatment in American acupuncture that incorporate medical traditions from China, Japan, Korea, and other countries. The most thoroughly studied mechanism of stimulation of acupuncture points employs penetration of the skin by thin, solid, metallic needles, which are manipulated manually or by electrical stimulation.

This revised edition includes a glossary of terms and a materia medica and formulary sufficient to practice the treatments described in the text. As such it is not only a unique, absolutely-defined and referenced text, but also a self-contained and inexpensive course of study. As a basic text produced to a multi-author, multi-publisher voluntary standard, this revised edition is a unique key for scholars and clinicians alike.

This book is the product of an important collaboration between clinicians of the manual therapies and scientists in several disciplines that grew out of the three recent International Fascia Research Congresses (Boston, Amsterdam, and Vancouver). The book editors, Thomas Findley MD PhD, Robert Schleip PhD, Peter Huijing PhD and Leon Chaitow DO, were major organizers of these congresses and used their extensive experience to select chapters and contributors for this book. This volume therefore brings together contributors from diverse backgrounds who share the desire to bridge the gap between theory and practice in our current knowledge of the fascia and goes beyond the 2007, 2009 and 2012 congresses to define the state-of-the-art, from both the clinical and scientific perspective. Prepared by over 100 specialists and researchers from throughout the world, *Fascia: The Tensional Network of the Human Body* will be ideal for all professionals who have an interest in fascia and human movement - physiotherapists, osteopathic physicians, osteopaths, chiropractors, structural integration practitioners, manual therapists, massage therapists, acupuncturists, yoga or Pilates instructors, exercise scientists and personal trainers - as well as physicians involved with musculoskeletal medicine, pain management and rehabilitation, and basic scientists working in the field. Reflects the efforts of almost 100 scientists and clinicians from throughout the world Offers comprehensive coverage ranging from anatomy and physiology, clinical

conditions and associated therapies, to recently developed research techniques
Explores the role of fascia as a bodywide communication system
Presents the latest information available on myofascial force transmission which helps establish a scientific basis for given clinical experiences
Explores the importance of fascia as a sensory organ - for example, its important proprioceptive and nociceptive functions which have implications for the generation of low back pain
Describes new imaging methods which confirm the connectivity of organs and tissues
Designed to organize relevant information for professionals involved in the therapeutic manipulation of the body's connective tissue matrix (fascia) as well as for scientists involved in basic science research
Reflects the increasing need for information about the properties of fascia, particularly for osteopaths, massage therapists, physiotherapists and other complementary health care professionals
Offers new insights on the fascial related foundations of Traditional Chinese Medicine Meridians and the fascial effects of acupuncture

Once in a great while an extraordinary book is published that sets an entirely new standard in its field. A Manual of Acupuncture, published by Journal of Chinese Medicine Publications, is just such a book. Painstakingly researched over many years by Peter Deadman, editor-in-chief of The Journal of Chinese Medicine, and colleagues Mazin Al-Khafaji and Kevin Baker, this book is certain to become the primary reference in the West for the study of acupuncture points and channels. One doctor's journey of discovering the transmission of medical knowledge from East to West.

Presents a guide to 409 acupuncture points, showing needle placement and describing the names, properties, and applications of each one.

Male Infertility: An Integrative Manual of Western and Chinese Medicine is a holistic manual on male infertility for the medical practitioner. The book integrates the conventional (or Western) medical approach to male infertility with traditional Chinese medicine. Key Features: - information about several aspects of male reproductive medicine (anatomy, physiology diagnosis, fertility treatments) - information about the role of traditional Chinese medicine in treatment of male infertility (including energetic anatomy and Qi concepts) - complete guide to acupuncture techniques - easy-to-consult tables and appendices for quick reference
The unique, integrated approach to addressing male infertility makes this handbook essential reading for practicing and training andrologists, Chinese medicine practitioners, acupuncturists, as well as researchers and counsellors in the field of reproductive medicine.

This exciting new edition of Five Element Constitutional Acupuncture gives a clear, detailed, and accessible presentation of the main features of constitutional Five Element acupuncture. It covers the context and history of this form of acupuncture, as well as the relevant Chinese medicine theory. After examining the Elements themselves and the functions of the Organs, the book explores the basis of diagnosis in Five Element acupuncture, possible blocks to treatment and the treatment itself. It puts this style of treatment into the context of other styles of

acupuncture treatment — especially Traditional Chinese Medicine (TCM) as it is used in the West today. Features The Five Elements referred to in the title are Wood, Fire, Earth, Metal, and Water. Gives a clear, detailed and accessible presentation of the main features of Five Element Constitutional Acupuncture treatment. Covers the context and history of this form of acupuncture, as well as the relevant Chinese medicine theory. Includes an unambiguous description of the principle aspects of diagnosis within a system, ironing out inconsistencies often present in discussions of these aspects. This edition has been thoroughly revised throughout and includes a new and improved colour page design. Quotes from the foreword to the first edition by Peter Eckman, San Francisco: "...the authors have shown how their approach can even integrate with TCM findings to treat patients more completely and rapidly. As the case histories illustrate, Five Element Constitutional Acupuncture is a style of practice that is second to none, and this innovative text is an excellent resource for learning it"

This definitive acupuncture text, used for licensing examinations in many states, remains an essential reference for professionals and students.

This accessible textbook clearly explains the basic foundations and principles of acupuncture and Chinese Medicine. With over 70 illustrations, it covers the theories of yin and yang, the five phases, the physiology of the body, the internal organs, the channel system, acupuncture point categories, the point functions and indications, needling techniques and aetiological factors. Authoritative, yet readable, this is a vital addition to the shelves of all students of Chinese medicine.

A companion to A Manual of Acupuncture, there are 384 durable point reference and study cards covering all 391 of the 14 channel and extra (miscellaneous) points. Each card measures 4" x 6", and most are devoted to a single point. This second edition of the point cards offers a new terra cotta storage case, two-color cards, the addition of pinyin accents, and updated point locations and location notes to match the latest edition of A Manual of Acupuncture.

Kastner's Chinese Nutrition Therapy is an excellent introduction to Chinese dietetics for both students and practitioners of Chinese medicine ... I wholeheartedly endorse his book.--Nigel Wiseman For millennia, the Chinese have taught that a healthy, appropriate diet is an integral part of maintaining good health and healing various disorders. Here, the author demystifies Chinese dietetics, one of the pillars of Traditional Chinese Medicine. Joerg Kastner provides an introduction to the principles of Traditional Chinese Medicine and the energetics of foods. Emphasizing a holistic approach throughout, Chinese Nutrition Therapy provides readers with tools for integrating the principles of Chinese dietetics into their daily lives. The book includes a comprehensive classification of more than 300 readily available foods such as vegetables, grains, herbs and spices, fruit, meat, seafood, dairy products, oils and fats, and more. Numerous clinical examples and treatment suggestions artfully combine Western medical conditions with Chinese diagnostic techniques. For this second

edition the section on clinical examples has been expanded by detailed chapters on the treatment of obesity and physical and / or emotional fatigue. The explanation of causes of diseases according to Traditional Chinese Medicine, the different symptoms, and the lists of recommended foods and foods to avoid are supplemented by advice on the adequate acupuncture treatment. Highlights: Descriptions of Chinese dietetics in practice and discussions of dietary factors, such as seasonal adaptations and differing requirements for children and seniors Practical tips on how to adapt Chinese nutrition therapy to Western products and cooking methods Clinical examples covering the major organ systems A handy A to Z list of common foods and their healing characteristics An essential reference for students and practitioners of Traditional Chinese Medicine, this user-friendly book will also be valued by nutritionists, dieticians, physicians, and anyone interested in living a long and healthy life. An award-winning international medical and scientific publisher, Thieme has demonstrated its commitment to the highest standard of quality in the state-of-the-art content and presentation of all of its products. Thiemes trademark blue and silver covers have become synonymous with excellence in publishing.

Acupuncture Anatomy: Regional Micro-Anatomy and Systemic Acupuncture Networks integrates Western and Eastern medicine, providing a scientific foundation to acupuncture. By correlating detailed anatomical information with specific acupuncture points, the book opens a window into understanding the physiological basis of acupuncture medicine. Each acupuncture point is described in terms of musculature, vasculature, and innervation. Special consideration is also given to the position of organs, muscles, nerves, arteries, and veins with respect to the acupuncture point. A separate section is devoted to cross sections of the human body. The book is divided into four major parts. The first part discusses the underlying principles of traditional Oriental medicine and acupuncture. The second covers the pathophysiology of the organ systems. The third reviews various disease etiologies and the last part presents common diseases that are effectively treated through acupuncture. Written by an author with degrees in both Western and Eastern medicine, the book's bulleted format and numerous illustrations make it easy to read and understand. It is a valuable companion for those wanting to bridge the gap between Eastern and Western medicine, as it relates to acupuncture.

Clinical Naturopathic Medicine is a foundation clinical text integrating the holistic traditional principles of naturopathic philosophy with the scientific rigour of evidence-based medicine (EBM) to support contemporary practices and principles. The text addresses all systems of the body and their related common conditions, with clear, accessible directions outlining how a practitioner can understand health from a naturopathic perspective and apply naturopathic medicines to treat patients individually. These treatments include herbal medicine, nutritional medicine and lifestyle recommendations. All chapters are structured by system and then by condition, so readers are easily able to

navigate the content by chapter and heading structure. The content is designed for naturopathic practitioners and students (both undergraduate and postgraduate levels) and for medical and allied health professionals with an interest in integrative naturopathic medicine. detailed coverage of naturopathic treatments provides readers with a solid understanding of the major therapeutic modalities used within naturopathic medicine each system is reviewed from both naturopathic and mainstream medical perspectives to correlate the variations and synergies of treatment only clinically efficacious and evidence-based treatments have been included information is rigorously researched (over 7500 references) from both traditional texts and recent research papers the content skilfully bridges traditional practice and EBM to support confident practitioners within the current health care system

Revised and updated with new detailed illustrations for a contemporary look, this book presents acupressure in terms that anyone can understand and use in the privacy of his or her own home. The author demonstrates step by step how to apply this ancient Chinese healing art of finger-pressure techniques to treat a wide variety of ailments such as fatigue, migraine, colds, tension, loss of hearing, eye problems, blood pressure problems, and many more. With new illustrations, this book lets the reader see where pain or discomfort begins, how it may show up in other parts of the body, and how to use this needle-less technique to eliminate it. This is the original book on the subject and a popular alternative medicine classic that has sold successfully for more than twenty years. With over 100 clear, useful illustrations, it is the most user-friendly book on the market.

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The first book of its kind, the Advanced Acupuncture Clinic Manual contains detailed protocols for the application of the Complement Channels of acupuncture: the Sinew, Luo, Divergent and Eight Extraordinary Vessels. The book includes over one hundred drawings, diagrams, theory of the Complement Channels, guides for diagnosis, needling techniques, and much more. 466 pages.

This book is organized around the 'four pillars' of TCM diagnosis: inspection, inquiry, listening and smelling, and palpation. In this text, each aspect is explained in a clear and systematic manner, with generous use of tables and illustrations. This is followed by a series of review questions for deeper understanding. A comprehensive self-examination consisting of 200 multiple choice questions, with a separate key to the answers, tests the reader's understanding of the important points of each aspect of diagnosis. These questions, many of which are presented in case study format, will help students prepare for the board exams.

An accessible guide to the foundations and techniques of acupressure and acupuncture discusses how they can be applied for the relief of numerous health conditions, informing readers on how to select a therapist or apply certain treatments at home. Original.

This brief discourse is an introduction to the historical development of medicine in China, whose influence on Korea, Japan and Southeast Asia was profound and even reached far west into the Islamic world. The authors wish to make the interested reader aware of China's rich contribution to the world growth of the medical sciences. Too often the view has been taken that the history of medicine began with the discoveries of the Greeks and those ancient nations from whom they learnt. The authors want to redress this view and acquaint readers with a glimpse of the concepts and history of Chinese medicine and hope that they will feel encouraged to delve deeper.

Acupuncture has been practiced for more than 2500 years in the Western Pacific region and has become a global therapeutic method in recent decades. However, it was reported that acupuncturists differed by up to 25% in the acupuncture points they used, raising doubts and uncertainty regarding the efficacy and safety of acupuncture treatment, as well as causing difficulties in the fields of acupuncture research and education. Member States therefore increasingly began to demand standardization in acupuncture point locations. Responding to this request, the WHO Western Pacific Regional Office initiated a project to reach consensus on acupuncture point locations and thus convened 11 serial meetings resulting in these guidelines. This Standard acupuncture point locations in the Western Pacific Region stipulates the methodology for locating acupuncture points on the surface of the human body, as well as the locations of 361 acupuncture points. The Standard is applicable for teaching, research, clinical service, publication, and academic exchanges involving acupuncture.

The entire contents of A Manual of Acupuncture is now available in an interactive DVD format. The ultimate study aid! Fully searchable. Customizable self-testing modules for points and channels. Videos show how to locate and needle every point. High quality graphics. Chinese pronunciation of point names.

"This clinical manual is the most comprehensive and detailed book on the treatment of female infertility and reproductive gynaecology available in the English language. Its team of authors is led by Dr. Yuning Wu, a master of both traditional Chinese medicine and modern biomedicine. The Chinese medicine content is rooted in precise disease and pattern differentiation and the herbal prescriptions and modifications are based on a profound understanding of the materia medica and decades of clinical experience. Acupuncture prescriptions are also provided according to pattern. At the same time, a cutting-edge account of current biomedical diagnosis and treatment enables practitioners to assess the prognosis and best treatment for their patients and communicate effectively with all other infertility specialists. The theory is illustrated by numerous case studies."--Back cover

Introduces the principles and techniques of the ancient Chinese healing art of acupuncture

Point names, the traditional means of identifying acupoints, have meanings that are hard to grasp. This text promotes understanding of each point's use in acupuncture practice by considering the meaning, context and significance of each. The 363 points covered are listed according to the system currently in use in China.

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